

Yorkshire County Athletics Association Track & Field Championships including Humberside Track and Field Championships

(under UK Rules)

will be held at

Don Valley Stadium, Sheffield

on

Saturday 9th May and Sunday 10th May 2009

at 10.00 a.m.

Saturday

Snr Women/Jnr Women	100m, 800m, 3000m, 400m Hurdles, 3000m Walk, 2000m Steeplechase, Triple Jump, High Jump, Hammer *(this event will start at 10.00 a.m), 4 x 100m
u17 Women	200m, 1500m, 80m Hurdles, 300m Hurdles, 3000m Walk, Long Jump, High Jump, Discus, Javelin, Hammer * (this event will start at 10 a.m)
u15 Girls	100m, 800m, 75m Hurdles, 3000m Walk, Shot, Javelin, Discus, 4 x 100m
Senior Men	100m, 400m, 1500m, 3000m Walk, 400m Hurdles, 3000m Steeplechase, Triple Jump, High Jump, Shot, Hammer
Junior Men	200m, 800m, 3000m Walk, 400m Hurdles, Long Jump, Discus, Javelin
u17 Men	100m, 800m, 400m Hurdles, 3000m Walk, 3000m, Hammer, Shot, Triple Jump, Long Jump
u15 Boys	200m, 400m, 1500m, 80m Hurdles, 3000m Walk, Hammer, Shot, High Jump, 4x100m
u13 Boys	100m, 800m, 2,500m Walk, Long Jump, Shot

Sunday

Snr Women/Jnr Women	200m, 400m, 1500, 100m Hurdles, Long Jump, Pole Vault*, Shot, Discus, Javelin
u17 Women	100m, 300m, 800m, Shot, Triple Jump, Pole Vault*
u15 Girls	200m, 1500m, Long Jump, High Jump, Pole Vault*
u13 Girls	80m, 800m, 2, 500m Walk (On Saturday), Long Jump, Shot
Senior Men	200m, 800m, 5000m, 110m Hurdles, Pole Vault* , Discus, Javelin, Long Jump, 4 x 100m
Junior Men	100m, 400m, 1500m, 3000m, 110m Hurdles, 2000m Steeplechase, Pole Vault*, Shot, Hammer, Triple Jump, High Jump
u17 Men	200m, 400m, 1500m, 100m Hurdles, 1500m Steeplechase, Discus, Javelin, High Jump, Pole Vault*, 4 x 100m
u15 Boys	100m, 800m, Javelin, Pole Vault*, Long Jump, Discus

*** Pole Vaults will commence at 10.00 a.m. and follow on**

Entry Fees: £5 per event (Senior Men, Junior Men, Senior Women, Junior Women)
£4 per event all other ages.

Relays: £12 per team (Senior Men and Senior Women), £8 per team all other age groups

A self addressed stamped envelope MUST be included for admission ticket, timetable etc. please make correct postage is affixed to both envelopes as the organisers are not responsible for collecting mail where postage is underpaid.

Age Groups: Junior Men & Women - Competitors under 20 years at midnight on 31st December 2009
u17 Men & Women - Competitors who have reached their 15th birthday but not their 17th birthday by midnight 31st August/1st September 2009
u15 Boys & Girls - Competitors who have reached their 13th birthday but not their 15th birthday by midnight 31st August/1st September 2009
u13 Boys & Girls - Competitors who have reached their 11th birthday but not their 13th birthday by midnight 31st August/1st September 2009

IMPORTANT

Boys and Girls (11 - 13 years) may choose to enter either the u15 or u13 events, but not both age groups. Competitors choosing to enter the u13 events are not eligible to enter any u15 events at this Championship meeting.

Relays - Clubs shall not be allowed to enter more than 3 times the number of runners entitled to compete per team. A club entering more than one team shall be allowed to select the teams from the complete club entry for the event. Every club/team entry shall be signed by an authorised member of the club on whose behalf the entry is being made. The club shall be held responsible for the accuracy of the information given, and for the eligibility of the runners.

There are no standards required to enter the Championships.

Athletes must retain their numbers and must report again if they are competing on the following day.

Proof of posting is not proof of delivery.

AWARDS - u13, u15, u17, Junior and Senior athletes

Yorkshire

First	County Gilt Medal
Second	County Silver Medal
Third	County Bronze Medal

Humberside

First	County Gilt Medal
Second	County Silver Medal
Third	County Bronze Medal

If less than 3 entries per event, the event will be cancelled.

Junior Women to compete in the same competition as the Seniors, but awarded medals as all other age groups, if a Junior is first in an event they **will not** receive a Senior medal.

QUALIFICATION - eligible to compete in the Yorkshire/Humberside Championships on the grounds of - **Birth/Residence**. Only first Claim members of a club may represent that Club in Team events. An athlete can only compete in the Championships of one County during the season. Birth certificates must be produced on request.

CLOSING DATE - THURSDAY 9th APRIL 2009

**ENTRIES MUST BE ON THE OFFICIAL FORM
NO LATE ENTRIES UNDER ANY CIRCUMSTANCES**

Entries to:

Yorkshire County Athletics Association
Jane Gledhill, 7 Juniper Grove
Netherton, Huddersfield
HD4 7WF

Tel: 01484 319679 or mobile 07947361361

Email: yorkshirecountyaa@ntlworld.com

2009 YORKSHIRE CHAMPIONSHIPS

INCLUDING HUMBERSIDE CHAMPIONSHIPS

MENS ENTRY FORM

Official Use

Surname First Name

Address

Post Code Tel No..... Club.....

Email

Date of Birth Place of Birth.....

Age Group you wish to enter (Please circle) EA Competition Licence Number

Senior Men Junior Men u17 Men u15 Boys u13 Boys

SATURDAY

SUNDAY

I wish to enter the following events:	2008/09 PB	I wish to enter the following events:	2008/09 PB
1	P.B	1	P.B
2	P.B	2	P.B
3	P.B	3	P.B
4	P.B	4	P.B
5	P.B	5	P.B
6	P.B	6	P.B

Cheque/PO value £..... Enclosed payable to:- **'YCAA'**

PLEASE NOTE -

I declare that I am eligible to compete under UK Rules and that I am eligible to compete in the Yorkshire*/Humberside* Championships on the grounds of - *Birth/*Residence (*delete whichever doesn't apply). I am aware that drug testing may take place and that Club vests must be worn. Birth certificates must be produced on request.

If you have any special needs, do you require an assistance form? YES/NO

Signed
(if under 16 to be signed by a Parent or Guardian)

Please send completed entry forms to:

Jane Gledhill, 7 Juniper Grove, Netherton, Huddersfield, HD4 7WF

Tel: 01484 319679 or mobile 07947361361

Please enclose SAE for admittance ticket, timetable etc.

CLOSING DATE - THURSDAY 9th APRIL 2009

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NO STANDARDS REQUIRED TO ENTER CHAMPIONSHIPS**

2009 YORKSHIRE CHAMPIONSHIPS

INCLUDING HUMBERSIDE CHAMPIONSHIPS

WOMENS ENTRY FORM

Official Use

Surname First Name

If recently married please give maiden name

Address

Post Code Tel No..... Club.....

Email

Date of Birth Place of Birth.....

Age Group you wish to enter (Please circle) EA Competition Licence Number

Senior Women Junior Women u17Women u15 Girls u13 Girls

SATURDAY

SUNDAY

I wish to enter the following events: 2008/09 PB I wish to enter the following events: 2008/09 PB

1 P.B 1 P.B

2 P.B 2 P.B

3 P.B 3 P.B

4 P.B 4 P.B

5 P.B 5 P.B

6 P.B 6 P.B

Cheque/PO value £..... Enclosed payable to:- 'YCAA'

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