



Fixtures: October 2010—

Sat 30 Oct 10	Clifton Park 5k TT	RH.guests	off at 11am
Sun 31 Oct 10	Canal Run	open	Westgate R'ham (Kimb. Str) KMRT
Sun 31 Oct 10	Workshop Half	open	
Sun 31 Oct 10	Holmfirth 15	open	Y vets Champ
November			
Sat 06 Nov 10	ERRA National XC relays	clubs	Berry Hill Park Mansfield. U13s - Seniors
Sun 07 Nov 10	South Yorks League 2	SY clubs	Northern Racing College (Between Bawtry & Doncaster)
Sun 14 Nov 10	Scunthorpe Cross Country meeting	open	Quibell Park, U11 - Veterans. CD 5th Nov
Sat 27 Nov 10	Silkstone Shuffle 4	open	From Silkstone Cricket Ground
Sat 27 Nov 10	Silkstone Shuffle Junior race 4	open	From Silkstone Cricket Ground
Sat 27 Nov 10	Clifton Park 5k TT	RH.guests	off at 11am provisional date
Sun 28 Nov 10	Thirsk 10	open	Y vets Champ
Sun 28 Nov 10	South Yorks League 3	SY clubs	Campsall Country Park
Sun 28 Nov 10	Clowne half marathon	open	Entry Fee £11. C/D 22nd Nov
December			
Sun 12 Dec 10	South Yorks League 4	SY clubs	Winterhills, Kimberworth
Sun 19 Dec 10	Santa Special	open	Droppingwell (Kimb. Str) KMRT
Sun 26 Dec 10	Turkey Trot (MRC) 11:00 am start	open	Reg.10:30 Butchers Arms Braithwell (KMRT last event & award
January			
Sun 09 Jan 11	Yorkshire XC Champs	clubs	Northern Racing College (Between Bawtry & Doncaster)
Sat 22 Jan 11	Clifton Park 5k TT	RH.guests	off at 11am provisional date
Sat 29 Jan 11	Northern XC Champs	clubs	Herrington, Sunderland
February			
Sat 19 Feb 11	National XC Champs	clubs	Alton Towers, Staffs
Sat 26 Feb 11	Clifton Park 5k TT	RH.guests	off at 11am provisional date
March			
Sat 05 Mar 11	Inter Counties XC Champs	clubs	Cofon Park, Birmingham
Sat 26 Mar 11	Clifton Park 5k TT	RH.guests	off at 11am provisional date

Canal Race

KMRT 10th (4 miles trail)

Sunday 31st October 11am start
Cutler, Westgate Rotherham

Clifton Park Time-trial

Sat 30th Oct first off 11am

Jenny Blazes New Record

Jenny Blizards's Amsterdam marathon result: 1st lady vet 35 in a time of 2:46:34, overall position 13th. Jenny was beaten by only one British runner and a total of 8 Ethiopians/Kenyans.

We believe Jenny's time may be a club record for the marathon by a female. Anyone with information to the contrary (or any record detail of marathon or half), please let us know

Northern Gold for Boys in Cutlers Top Turn Out

Northern and SY Cross Country Relays (Cutlers) Graves Park 9th Oct

An excellent turn out, and one of the most successful events at SY, Yorkshire Vets and Northern levels for some time. This was the first Northern Cross Country Relay event to be held (the same fixture last year was used for SY and YVAA championships) and the event proved popular with clubs and athletes turning out in high numbers.

We had an impressive 17 complete teams turning out. Two of the 3 veterans teams won Yorkshire Vets bronze medals, the mens O50 team and the ladies O45 team.

Seven of our young athlete teams won SY gold medals (U11B, U11G, U13G, U13B, U15G "A", U15B, U17men), and 2 young athlete teams won SY bronze medals (U15G "B" & U17 womens "A")

However the performance of the day was the U13 boys team - who finished second in the northern road relays last week - who won the race, thus becoming northern champions! Last weeks winners - Sale - were absent, but 5 of the top 6 clubs were at Graves Park. As last week the running order was Ryan Beale, leg 1 (2nd), Kane Smith leg 2 (2nd) and Devon Stead leg 3 (1st). This week it was Ryan who ran the clubs fastest time (5th fastest overall). The U13 boys B team finished in a creditable 11th place.

There were some good individual performances:-

Joe Morton running the fastest U11 boys time of 5:34. In fact RH athletes ran the 3 fastest times, with Matthew Stevens and Kaya Walker running 5:42 for equal 2nd fastest.

In the U11 girls event, Grace Maxwell ran the 5th fastest time, Annabelle Johnson 7th, Olivia Boulton 8th and Mia Harris 9th fastest.

Maisie Elliott ran the 9th fastest time in the U13 girls event. Natalie Grant ran the 8th fastest time in the senior womens event.

Pete Mirrlees was 5th fastest, and Pete Neal 6th = fastest in the mens O50 race.

Thanks to all the athletes, parents, coaches and team managers for their help and support



YOUNG ATHLETES ROAD RELAYS

Steve Gaines' comment from the recent national Young Athletes Road relay championships at Sutton Park was justifiably enthusiastic

"A milestone event! We had 7 complete teams, the first time ever that we have fielded full teams in all categories"

We have often featured successful female teams, this time it's for the male teams with (top) the U17 mens team A Michael Eccles, B Nicholas Myers, C Chris Maris and (lower) U13 boys team Kane Smith A, Adam Green B, Ryan Beale C

Full report is awaited for the next newsletter (2-3 weeks time)

Under 11 Girls

1 Stockport Harriers & AC	'A'	11:54
2 Rotherham Harriers & AC	'A'	14:12
A Johnson (5) 0:38		
Mia Harris (2) 6:50		
Olivia Boulton (2) 6:44		
3 Stockport Harriers & AC	'B'	14:53
4 Doncaster AC		17:24
Rotherham Harriers & AC	'B'	
Grace Maxwell (3) 0:32		

Under 11 Boys

1 Rotherham Harriers & Ac	'A'	17:40
M Stevens (2) 5:42		
A Pogmore (3) 6:16		
Kaya Walker (1) 5:42		
2 Doncaster Ac		17:42
Rotherham Harriers & Ac	'B'	
Joe McAen (1) 5:34		
A Kitson (1) 6:02		

Under 13 Girls

1 Warrington Athletic Club	'A'	18:14
2 Stockport Harriers & AC	'A'	18:38

12 Rotherham Harriers & AC 'A' 19:56

Maisie Elliott (6) 6:11		
Nicole Scarfe (12) 7:03		
G Tomlinson (12) 6:42		
15 Doncaster AC	'A'	20:20
Rotherham Harriers & AC	'B'	
D Lawrence (31) 7:56		
N Lawrence (30) 8:21		

Under 13 Boys

1 Rotherham Harriers & AC	'A'	17:17
Ryan Beale (2) 5:40		
Kane Smith (2) 5:50		
Devon Stead (1) 5:47		
6 City Of Sheffield	'A'	17:44
7 Hallamshire Harriers		17:56
8 Kingston Upon Hull AC		17:57
10 Wakefield Dh&ac	'A'	18:07
11 Rotherham Harriers & AC	'B'	18:52
Shay Walker (11) 6:00		
Adam Green (12) 6:22		
Marcus Tembe (11) 6:30		
13 Doncaster AC		19:00

The Show must go on!!

Rowbothams Round Rotherham Saturday 16th October 2010
from Sharon Burton Trail & Fell Running Secretary

The 28th running of the Round Rotherham took place this year overshadowed by the death of its founder Ralph Rowbotham, who sadly passed away in September, but in true Rowbotham style the show went on, which Ralph would have been proud of! This year's event attracted a record pre-entry of 329 walkers and runners with a higher proportion of the women entrants than in previous years. However, many of the competitors didn't turn up on the day and 280 actually toed the start line.

A minutes silence was held before the start of the 6am, 7am and relay runners race at 8am and then the competition began. The mens race was a competitive one with a battle between Harald Aas who had flown over especially for the race from Norway, and Duncan Harris from Chester Triathlon club. The pair, who were running the event for the first time eventually finished joint first in a time of 6 hours and 29 minutes some 12 minutes slower than the record set by Chris Parkes in 1996. Third place went to Ian Bishop of the Highlanders club in 6 hours 35 minutes.

The ladies race was also competitive with Kate Bailey, an unattached runner from Stafford also running the event for the first time and in her first year of ultra distance running winning in a record time of 7 hours 38 minutes. She broke the previous record set by Sharon Gayter in 1995 by 6 minutes.

Also running fast times were Claire Spencer of Kimberworth Striders in 8 hours 20 mins closely followed by Jayne Angille running for team Run Further 1 second later! I actually saw her sprint to catch Claire and after 50 miles that's no mean feat. The standard from the women seem to get better as do the men with a total of 48 athletes finishing inside 9 hours which included 5 females!

First team went to the Kimberworth Striders trio of Kevin Doyle, Chris Cotton and Claire Spencer with a total time of 23 hours 42 mins. Second placed team were RHAC athletes; Ian Brookes, Ian Hetherington and Mick Cochrane and Kimberworth B team finishing 3rd team.

There was a good representation by our RHAC members with 13 completing the event and it was fitting that the first runner home, Ian Brookes, was presented with the Ralph Rowbotham memorial trophy by Ralph's son, Steve (see picture). Ian finished in a great time of 8 hours 11 minutes and 19th position overall. This trophy will now be presented annually to the first RHAC finisher home. Another athlete who deserves a mention is Kerry Booth who has this year completed 20 Round Rotherham races and was presented a plaque to commemorate it. Well done Kerry!!

A total of 247 finished the course, of which 47 were women, a total of 19%. I'm not sure whether this is a record for the total number of women finishers but perhaps Henry could verify that? I am also pleased to report non-one was reported being seen in Nottinghamshire this year although the organisers were waiting with baited breath at 10.30pm when the last man home was found to be somewhere in the vicinity of Swinton and took some persuading by sweeper, Pete Adams to call it a day and a night!

Moving on to the relays, a total of 15 teams started with RHAC represented by 4 teams, the extra one this year being organised by team manager, David Haywood who then went on to bring his team in on the final leg!

At the front end of the field it was a win for local team, Kimberworth Striders coming home in first place in 5 hours 38 minutes. Following in 2nd place overall was 1st placed mixed team RHAC 1.3 in 6 hours 20 mins and 3rd place went to Dearne Valley College open team. A mishap for RHAC men, Men in Black on leg 5 at Firbeck meant that Mick Marsters was unable to complete his leg, eventually calling out an ambulance as he was unable to walk and this meant that outgoing runner due to take over at Malby, Jerry Spencer had to run back to where Mick had retired, complete that leg then ran his own leg to Old Denaby! Despite this, the RHAC team finished in 4th place overall in 6 hours 45 mins. We wish Mick good luck in his recovery!

The ladies relay race was won again in 7 hours 13 mins beating 2nd placed ladies team, Kimberworth Striders by 5 minutes. The remaining RHAC team, Haywoods Horrors finished in 14th place overall in a respectable time of 8 hours 28 minutes.

Finally, once again the 2010 Round Rotherham was another successful year for the club and many, many thanks must go to the volunteers that put in a tremendous amount of time and effort to make it work on the day, not least the checkpoint officials that provide the refreshments as well as recording numbers and timekeeping but also manage to smile for the competitors who report year after year what a pleasure it is to take part!!

Thanks must also go to the Run Further Series organisers who provided the first 3 male and female prizes as they were using the Round Rotherham as the final counter in their series and hopefully this will continue next year.



Left: first RHAC runner Ian Brookes receives the Ralph Rowbotham memorial trophy from Steve Rowbotham.

Group photo below: From left: Karen McDonald (Run Further), Harold Aas (1-), Duncan Harris (1-), Ian Bishop (3rd man), Kate Bailey (1), Steve Rowbotham (Son of Ralph, presenting the awards), Sharon Burton (Event Organiser).



Local events- KMRT

Simon Comfortable on His Own Patch Carp's 5 Tickhill 26/9

The 9th KMRT event saw the last of Tickhill RC's three and as it was on Simon Mounsey's doorstep he joined an excellent RHAC turn-out which saw him win in comfortable style from Zak Mellard.

Lindsay Gray was far too fast on the day, winning the ladies' event in equally impressive style. With Terry Eastwood running so well to come home third and first vet, and Nina Hague (first lady vet) showing the benefit of winter training, it looked like being an RHAC clean sweep but Pete Humphries was unable to hold the lead over Brain Lowndes (MRC). It is good to see Brian back; he is running well.

KMRT 2010 Remaining in 2010 after Canal Run

11	Santa's Special (KS)	Sun	19/12/10
12	TurkeyTrot (MRC)	Sun	26/12/10

1	Simon	Mounsey	MS	RHAC	00:28:20	26	Kerry	Booth	FV	RHAC	00:36:00
2	Zak	Mellard	MS	KS	00:29:18	27	Peter	Humphries	MSV	RHAC	00:36:01
3	Terry	Eastwood	MV	RHAC	00:29:25	28	David	Booth	MV	KS	00:36:01
4	Mark	Smith	MS	KS	00:30:03	29	Jed	Naylor	MV	Clowne	00:36:10
5	Steve	Phillips	MV	KS	00:30:32	30	Ken	Chapman	MSV	KS	00:36:20
6	Paul	Blakeney	MV	Sheff RC	00:30:42	31	Ian	Brookes	MV	RHAC	00:36:22
7	Martin	Philip	MV	KS	00:31:08	32	Jane	Clarke	FV	Linc W	00:36:24
8	Lindsay	Gray	FS	RHAC	00:31:22	33	Garry	Needham	MV	KS	00:36:36
9	Kevin	Doyle	MS	KS	00:31:31	34	Jayne	Allen	FV	RHAC	00:36:43
10	Simon	Sleney	MS	Clowne	00:31:35	35	Claire	Turner	FS	KS	00:36:45
11	Paul	Sadler	MS	Clowne	00:32:03	36	Colin	Copstake	MSV	MRC	00:37:03
12	Pat	Rooney	MV	KS	00:32:26	37	Claire	Chapman	FV	KS	00:37:37
13	John	Mcdermott	MV	KS	00:32:41	38	Craige	Spencer	MS	KS	00:37:38
14	David	Booth	MS	RHAC	00:32:53	39	John	Proffitt	MSV	Clowne	00:38:01
15	Michael	Pearce	MS	UA	00:32:56	40	Claire	Spencer	FS	KS	00:38:18
16	Kevin	Thomas	MV	RHAC	00:33:07	41	Adelle	Marsden	FV	KS	00:38:18
17	Mark	Bullock	MS	KS	00:33:36	42	Michael	Hill	MSV	RHAC	00:39:01
18	Lee	Archer	MV	UA	00:34:36	43	Malcom	Rhodes	MSV	RHAC	00:40:20
19	Susan	Tingle	FS	MRC	00:34:39	44	Erica	Taylor	FS	TRAC	00:42:23
20	Neil	Shaw	MS	RHAC	00:34:50	45	Gemma	Spence	FS	TRAC	00:43:36
21	Brian	Lowndes	MSV	MRC	00:35:07	46	John	Cowie	MV	TRAC	00:48:57
22	Stephen	Cotter	MV	RHAC	00:35:11	47	Diane	Spencer	FV	RHAC	00:50:01
23	Nina	Hague	FV	RHAC	00:35:17	48	John	Spencer	MV	RHAC	00:50:01
24	David	Stern	MS	KS	00:35:21	49	Mary	Chapman	FSV	KS	00:56:50
25	Tony	Redfern	MV	MRC	00:35:29	50	Andy	Wells	MV	TRAC	00:56:50

Newsletter Correspondents

Reports are published as received from club or section secretaries or their nominated agents. Consequently any topical information should go to them, and they will expand any information requirements you have. The fixture list and online scroller are updated by section secretaries or their agents and I use these directly. **There is now an easy-to-use input screen on the website for YOUR own reports. Don't let us miss your performance.**

Correspondents for this issue are:

Club matters	Steve Gaines
Cross-country	Steve Gaines
Trail and Fell	Adele Morris, Sharon Burton, Peter Humphries
Local Events	Peter Humphries
Next edition late November	Editor & publisher Peter Humphries

Reminder: to maintain the frequency of your newsletters I can only publish items as received. I cannot extract large details of performances unless results are published in a form convenient for that. The extracted Cutlers results are a one-off tribute to the club athletes taking part.

There were no self-reports via the website this time, that can't be right.

Trail & Fell Series 2011

Another result from the AGM (see left) was the emergence of more voluntary assistance in event organisation, supervision and reporting.

We have bounced around ideas for a trail/fell series for some time and I'm pleased to report that Adele Morris has taken on the job of overseeing the series. The idea is that it starts in 2011, the events below being the initial ones.

Jan	-	Tigger Tor 9.5 miles (Totley)
Feb	-	Mickledon Straddle 13.8 (bl) (Langsett Moors)
Mar	-	Grindleford Gallop 21 miles
Apr	-	Trunce 4.2 miles (Mon) (Oxspring - 3 river crossings !)
May	-	100 mile race - nutters only !!(will get details from Kerry)
June	-	Ulley 5 miles, Wharfedale ½ or full. Or Swaledale (if able to get in.)
July	-	Trunce 4.2 miles (Mon)
Aug	-	Elsecar Skelton 27/20/15 miles (Barnsley)
Sept	-	9 Edges 21 miles (bl) (Fairholmes to Baslow)
Oct	-	RRR relay or full
Nov	-	Silkstone Shuffle 4.5 miles (Barnsley)
Dec	-	Have a rest -

(bl) Is a qualifier for 3 Peaks Race held in April every year (possibly one for 2012)

Every race more than 5 miles requires map reading skills, a recce of the course first & also FRA kit must be carried (see individual race websites for exact details).

if RRR flyers are ready for the end of Feb & we can arrange to get them distributed at these events.

Exact dates will be issued Dec when fell running book for 2011 arrives

Points system

0 - 11 miles	1pt (keeps RRR relays simple)
12 - 23	2pt
24 - 35	3pt
36 - 50	4pt
51 plus	5pt

Any queries/suggestions to Adele please. Or me, and I will pass them on.

Secretary's report

The following new members have been accepted for membership:

Sep committee

Kayley Britten, 9 Lewis Kemp, 17 Leon Duty, 13 Christopher Ogden, 15
Christine Kirk, 52 Kaya Walker, 9 Shay Walker, 12

Oct committee

Harry Hardwick, 8 Mia Harris, 9 Sebastian Hague, 15 Thomas Le-Grys, 13
Gina Ruston, 8 Amelia Wink Simmonds, 13

A warm welcome to you all!

AGM The AGM, held on the 19th October attracted a huge attendance of 18. (2 more than last year - up 12.5%) Peter Humphries 3 year term as club

ROUND ROTHERHAM INDIVIDUAL RHAC RESULTS

		Actual Time	Clock Time	Start Time
1= 394	Harald Aas (Oslo)	06:29:35	13:29:35	07:00:00
1= 321	Duncan Harris (Chester Tri)	06:29:35	13:29:35	07:00:00
3 492	Ian Bishop (Highlanders)	06:35:03	13:35:03	07:00:00
19 362	Ian Brookes	08:11:57	15:11:57	07:00:00
35 404	Ian Hetherington	08:42:40	15:42:40	07:00:00
52 429	Mick Cochrane	09:13:36	16:13:36	07:00:00
63 428	Kerry Booth	09:28:25	16:28:25	07:00:00
82 453	John Kirk	10:01:54	17:01:54	07:00:00
96 361	Dan Lee	10:13:39	17:13:39	07:00:00
125 427	Adele Clair Morris	10:45:00	17:45:00	07:00:00
126 426	Richard Ian Howcroft	10:45:00	17:45:00	07:00:00
139 450	Mathew Asbridge	11:02:00	18:02:00	07:00:00
171 440	Alan Bolton	11:58:26	18:58:26	07:00:00
172 327	Henry Marston	12:00:52	19:00:52	07:00:00
200 129	Gary Benson	13:53:18	19:53:18	06:00:00
205 185	Roy Varo	14:07:00	20:07:00	06:00:00

ROUND ROTHERHAM FULL TEAM RESULTS

1	Kimberworth Striders A	(Doyle Cotton Spencer)	23:42:55
2	Rotherham Harriers & AC A	(Brookes Hetherington Cochrane)	26:08:13
3	Kimberworth Striders B	(Gaynor Rooney Groves)	26:17:07
4	Stone Master Marathoners	(Taylor Prekullius Brind)	26:52:19
5	Dark Peak Fell Runners	(Danilo-Garbacki Baines Payne)	29:02:04
6	Macclesfield Harriers	(Symington Kawalski-Hicks Miles)	29:30:39
7	Rotherham Harriers & AC B	(Booth Kirk Lee)	29:43:58
8	Maltby R.C.	(Haigh Rusling Boyd)	30:08:27
9	Totley A.C.	(Goodison Eagan Elliot)	30:24:58
10	Quakers R.C.	(Thompson Clarke Macdougall)	31:38:48
11	Rotherham Harriers & AC C	(Morris Howcroft Asbridge)	32:32:00
12	Handsworth Road Hogs	(Kennedy Horsfall Dorman)	33:22:54
13	Amphill & Flitwick Flyers	(McCartney Jones Sedgeley)	34:31:49
14	Kimberworth Striders C	(Procter Chapman France)	35:22:54
15	Rossendale Harriers	(Lawson Dark Farren)	35:25:14
16	Rotherham Harriers & AC D	(Bolton Marston Benson)	37:52:36

RELAY RESULTS

Posn	No	Team	Cat	Time
1	10	Kimberworth Striders A	Open	5:38:42
2	3	RHAC 1.3	Mixed	6:20:23
3	4	DVC Running Club	Open	6:24:04
4	7	Rotherham HAC Men In Black	Open	6:45:42
5	12	Madjoggers	Mixed	6:55:19
6	9	Sqirrel Squad	Mixed	7:00:33
7	11	Kimberworth Striders B	Open	7:03:02
8	15	Wildhogs	Open	7:09:27
9	1	Ladies In Black (RHAC)	Female	7:13:40
10	8	Kimberworth Striders (f)	Female	7:18:37
11	14	Kestrels Trotters	Open	7:20:27
12	5	The Energie Girls	Female	7:34:27
13	13	Rother Valley Swallows	Mixed	7:58:41
14	2	Haywoods Horrors	Open	8:28:25
15	6	Valley Hill Runners	Mixed	8:32:50

president came to an end, and Peter Neal was elected for the next 3 years. Picture right shows the formal handover of regalia!

Andrea Freeman is now our clubs welfare officer, and Jackie Hutchinson membership secretary.

The club committee also made Ian Cooley and Sharon Burton **life members**, in thanks and recognition for their years of service to the club as competing athletes and volunteer organisers.

Date for your diaries!!

The annual awards evening is planned for Friday the 14th January, at the Trades Club in Rotherham.

Tickets will go on sale in the kiosk in November and December



Round Rotherham Team Successes

Scenes reminiscent of the first London Marathon and a record international field marked the 28th running of the 50-mile Round Rotherham Run on Saturday as joint-winners Harold Aas and Duncan Harris crossed the line together after 6 hours 29 minutes 35. This is the first time we have had a "joint winner". Harold Aas led by a good amount (15 mins plus) up to around halfway, but lost the lead due a navigational error. He would have found it difficult to reconnoitre the route in advance as he only flew in from Oslo on Friday morning! He then re-caught Duncan Harris and they agreed to run in together. Reports from the course suggested that 4 lead runners were together with around 6 miles to go.

Aas was well-known as a junior orienteer and earlier this year won the Ultrabirken in Norway, an event not much shorter than the RRR. Harris, of City of Chester Triathlon club, has been a leading contender in the Vasque series of races for the UK Ultra-running Championships 2010 which is organised by 'Run Further'. There were 320 entries, 276 starters, and 247 finishers. This was undoubtedly aided by the involvement of 'Run Further'. The Vasque series organisers nominate 12 ultra events to be part of the year's series. Runners need to compete 4, one short (25 - 39 miles) one med (40 - 49 miles) and one long event (over 50) + one other of their choice. The RRR was the final event in the 2010 series and as such resulted in an increased number of competitors who were of a high standard.

Mick Cochrane knew he would not be at his best but had a superb run despite being on the injured list and thereby won his age category in the Vasque Series. Well done Mick.

Alongside the long-distance race, the Round Rotherham Relay was also taking place and has become in itself a popular and well-contested event. Though multiple stages are permitted to a runner (not consecutively) it is the challenge of getting eight stage runners, and getting them to and from the changeovers which makes it exciting. Rotherham HAC having won all sections last year, Kimberworth put in a determined effort this time around and their men's team (Open event) were unstoppable on the day. They came home in 5:38.42 to finish first of the 15 teams taking part (team: Liam Rooney, Dan Birkinshaw, Simon Hopkins, Zak Mellard, Steve Phillips, Phil Martin, Ben Rusling, Mark Gomersall). Rotherham men lost all chance of catching them when Mick Marsters was injured on stage 6 and though they finished the distance it was outside the rules- though by then they looked to have too much to make up anyway.

Snails to the Rescue

Rotherham pride was rescued by 'RHAC 1.3' in the Mixed Team section and 'Ladies in Black' in the Female Team section. The mixed team (John Spencer, Phil Eddison, Gary Ridgeway, Joanne Ridgeway, Lindsay Gray, Pete Humphries, Lindsay Gray, Diane Spencer) ran superbly well to finish second overall, clearing Dumfries' open team by almost 5 minutes. They were only 5 minutes behind RHAC men at Maltby. The highlight for me was Lindsay Gray's heroic two-stage contribution, as this ensured mixed team status (with three ladies only, they have to run a third of the distance, and I had unaccountably calculated it wrong). But there are some seriously good runners here, and they all ran well on the day to take 20 minutes off previous best. Diane was very worried she might not be fast enough and set off like a rocket. Reports say she finished in the same mode. In-between, we can only speculate, but it was certainly good enough! This is a continuation of the 'Snails' teams of recent years but the name is intended as a joke! (1.3? The speed of an average snail in cm per second.)

Congratulations too to RHAC ladies (Nina Hague, Gill Taylor, Michelle Montiero, Lorriane Craib, Phillipa James, Gillian Neal, Eleanor Thomas, Olivia Neal) finishing in 9th overall had a 5 minutes advantage over Kimberworth.

Cross-country

Under 15 Girls

1	Lincoln Wellington	'A'	24:23
12	Rotherham Harriers & AC	'A'	25:27
	J Mangham (11)		8:23
	Emma Dutton (11)		8:43
	J Freeman (12)		8:21
13	City Of Sheffield	'A'	25:42
14	Rotherham Harriers & AC	'B'	26:43
	Bonnie Smith (24)		8:54
	Mary Jenkinson (15)		8:50
	C Dodds (14)		8:59
15	City Of Sheffield	'B'	26:50
16	Hallamshire Harriers		27:22
18	Doncaster AC		27:39
27	Rotherham Harriers & AC	'C'	30:21
	Beth Taylor (26)		9:19
	E Hutchinson (26)		9:22
	A Wink-Simmons (27)		11:40

Under 15 Boys

1	Warrington Athletic Club	'A'	21:49
8	Rotherham Harriers & AC	'A'	23:21
	Robert Bentham (12)		7:47
	W Johnson (10)		7:51
	Connor Ryan (8)		7:43
9	City Of Sheffield		23:34
14	Doncaster AC		24:47
15	Wakefield Dh&ac	'A'	25:00
	Rotherham Harriers & AC	'B'	
	Aaron Thorpe (23)		8:21
	Aidan Kidder (18)		8:41

Under 17 Women

1	E Cheshire H & Tameside AC	'A'	25:34
5	Hallamshire Harriers		27:30
8	City Of Sheffield		27:59
12	Rotherham Harriers & AC	'A'	29:00
	N Hatswell (6)		8:48
	G Williamson (12)		10:32
	Emma Parkinson (12)		9:40
15	Rotherham Harriers & AC	'B'	33:41
	Zoe Brain (15)		10:00
	Heidi Smith (16)		11:20
	M Elliott (15)		12:21

Under 17 Men

1	Kingston Upon Hull AC		22:27
10	Rotherham Harriers & AC	'B'	23:19
	S Hague (14)		7:47
	C Ogden (11)		7:44
	Undeclared (11)		7:48
	Rotherham Harriers & AC	'A'	
	C Maris (20)		8:47
	M Eccles (17)		9:32

Open Ladies

1	Hallamshire Harriers	'A'	37:12
7	Sheffield University		43:39
8	Rotherham H & AC	'A'	43:42
	Robyn Lanceley (13)		14:49
	J Fawcett (12)		15:53
	Natalie Grant (8)		13:00

12	Sheffield Running Club		47:08
13	Steel City Striders		49:07
14	Doncaster AC	'B'	53:13

Vet 35

1	Holmfirth Harriers L35		40:44
2	Barnsley Athletic Club		44:52

Vet 45

1	Bingley Harriers & Ac L45		40:21
3	Rotherham H & Ac L45		48:15
	Janet Hindley (3)		15:12
	Philippa James (3)		16:25
	Gillian Taylor (3)		16:38

Open Men

1	Leeds City AC	'A'	43:16
4	Hallamshire Harriers	'A'	44:27
5	City Of Sheffield		44:48
6	Sheffield University	'A'	44:49
11	Rotherham H & AC	'A'	45:37
	Chris Adams (15)		11:27
	Rhian Hastey (11)		11:27
	Paul Humphries (12)		11:45
	Philip Hoole (11)		10:58
13	Barnsley Athletic Club	'A'	47:56
14	Sheffield Running Club	'A'	48:13
19	Wakefield Dh&ac	'A'	51:08
21	Steel City Striders RC	'A'	51:26
	Rotherham H & AC	'B'	

Simon Mounsey (21)		11:59
David Smith (15)		11:56

Vet 40

1	Barnsley Harriers V40		35:11
2	Wakefield Dh&ac V40		36:01
3	Hallamshire Harriers V40		36:39

6	Rotherham H & Ac V40	'A'	38:00
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John Comrie (8)		12:45
Howard Darwin (6)		12:55
Mark Ward (6)		12:20

Vet 50

1	Sheffield Running Club M50	'A'	36:42
3	Rotherham H & Ac M50	'A'	37:41
	David Nuttall (4)		12:46
	Peter Neal (3)		12:33
	Peter Mirrlees (3)		12:22
4	Penistone Footpath Runners M50		38:14
5	Steel City Striders Vet 50	'A'	38:51
9	Barnsley Ac V50		45:05
	Rotherham H & Ac M50	'B'	
	Terry Eastwood (9)		13:16
	Kevin Thomas (9)		14:52

Rotherham Schools Cross Country Championships

Herringthorpe Stadium & Playing Fields, 21st October 2010

The 3rd running of this event took place in fine sunny, but cold conditions last Thursday.

The event allows all 16 secondary schools, the feeder primary schools and the 6th form colleges to select and submit teams to take part. Each of the 16 secondary schools take part in a series of 5 league meetings prior to the championship event, and select their secondary team from those league events. The primary schools that link into the secondary schools also run selection events with the best 10 athletes being chosen to represent their cluster secondary school. The net result is a series of keenly fought races, with approximately 1000 athletes and their supporters urging them on around the playing fields and stadium.

Proven popular in the past with athletes, their families and supporters, this year was probably the best supported yet, and saw a well packed Herringthorpe Stadium cheering and shouting on their athletes and teams. The event is jointly organised by the Schools Sports Partnerships and Rotherham Harriers. Rotherham's International cross country athlete Natalie Grant was there to present the awards, and was able to share her progress, since leaving school, with her favourite PE teacher from her days at Winterhill School.

The primary schools races were in the morning, with the award presentations after the 4 races, and the secondary events took place in the afternoon. The course was changed slightly this year, to incorporate an uphill start, and a climb on each lap.

The standard of competition is high, and shows that Rotherham continues to produce talented athletes from the schools PE programme, and we hope that they look to continue and join Rotherham Harriers to compete successfully and represent the town and club in higher competition. The presentation of awards included the individual and school team awards from both the league and championships.

Special mention must go to Wath School, who won 7 of the 10 team awards. The Rotherham schools athletes will be selected using these race results, and will compete in the South Yorkshire Schools Championships in February. From the performances at these championships, we would expect a good number to gain selection for the South Yorkshire team for the national English Schools championships, scheduled to be held at Wollaton Park, Nottingham, on the 19th March 2011.

[Ed: This event is just one of a number which RHAC organises to the benefit of athletics in general in the area. General, secretarial and course arrangements are handled by Steve Gaines, timing and recording Jim Brogan and programme and computerised results by Peter Humphries. And various aspects of provision and support by quite a range of other people. It benefits not only athletics in general, but clearly hard-pressed school staff are impressed, as see the letter illustrated. And of course a huge number of the young athletes coming into the club are reached by this means.]

Below: start of the year 3/4 boys race



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Head Teacher: Patrick Daley B.Ed (Hons) MBA

Steve Gaines
92 Bawtry Road
Bessacarr
Doncaster
DN4 7BQ

22nd October 2010

Dear Steve

I wanted to write to express my sincere gratitude and thanks for all the hard work and commitment that you put in to the organisation of the Rotherham Schools Cross Country Championships this year. Of the 3 events that we have organised I thought this was the best both in the morning and in the afternoon.

Without the dedication of you and your team at the Harriers this event would not be, in my opinion, the best Schools Sport Event organised anywhere in our region and quite possibly beyond.

I continue to enjoy working in partnership with you and the Harriers and hope that we can go from strength to strength for many years to come.

Please pass on my thanks to Peter, Jim and the other unsung heroes whose support is very greatly appreciated by me and I hope the 1000+ pupils that were lucky enough to experience the Championships.

Kind regards

Matt Butler
Teacher of PE/SSCo

