



### English Schools Multi Events

# Young Harrier Helen Makes National Top Ten

Rotherham Harrier, Helen Banks took part in the English Schools National Multi Event Championships in Southampton over the weekend of 17<sup>th</sup>/18<sup>th</sup> September and achieved a commendable 8<sup>th</sup> place in the Intermediate Girls section. The event comprises of a gruelling 7 events over two days and the competition was of the highest class the field being the best from all the English Regions with 42 athletes taking part.

The total points she scored would have taken the recent Yorkshire Combined events Gold Medal at Herringthorpe and place her in a provisional 11<sup>th</sup> place in the UK rankings for 2005 in the U17 Ladies Heptathlon.

Total Points scored 4196, individual performances:-  
80m Hurdles 12.63s, High Jump 1.63m, Shot Putt 8.91m, 200m 27.33s( a new PB), Long Jump 4.91m, Javelin Throw 22.30m, 800m 2m 29.70m ( a new PB).

In the Senior Girls event local Harrier Annabelle Grady found the going extremely tough and took 26<sup>th</sup> place, with 30 athletes taking part. Her total points scored was 3039. Individual performances:- 100m Hurdles 19.41s, High Jump 1.44m, Shot Putt 6.44m, 200m 29.08s, Long Jump 4.28m, Javelin Throw 14.11m, 800m 2m 27.10s. Secretary Bert Norburn reported, 'I was very pleased at these two young ladies performances at the highest National level. Both are valued members of the club and have supported the Club in several Leagues throughout the season.'

**Photo right: Helen Banks (thanks J.Fawcett)**

Star of the month: Helen Banks flying high at Herringthorpe



### Cross-country Relays

# Best-ever National Placing for RH U17 Women

## Senior Men Well Placed Again

Dennis Russell's squad of youngsters excelled themselves on Saturday at Berry Hill with what we think is RH's best ever placing in a national, as they took bronze medals in the relays. To cap it all, the B team in finishing 22nd were 1st B team on the day.

### Under 17 Women -- Team Results - Provisional

1	Halesowen AC	27:05
2	Aldershot Farnham & Dist 'A'	27:17
3	<b>Rotherham Harriers &amp; AC 'A'</b>	<b>27:25</b>
	V France (3)	9:02
	J Fawcett (4)	9:23
	N Grant (3)	9:00
22	<b>Rotherham Harriers &amp; ACB</b>	<b>29:46</b>
	L Clarke (20)	9:34
	S Banner (16)	9:46
	C Vaughan (22)	10:26

The senior men have had a difficult time this autumn (see p6) but the numbers game worked on our side this time with Peter Neal able to field four first-choice quick men, and 34th place whilst down a little on last year is a very respectable spot in a field as strong as this. Good backup too, from regular supporters.

### Senior Men -- Team Results -- Final (selected)

1	Morpeth H & AC 'A'	1:00:34
34	<b>Rotherham Harriers &amp; AC 'A'</b>	<b>1:05:36</b>
	R Harris (31)	15:53
	J Gavelle (41)	16:50
	P Hoole (39)	16:39
	R Watkinson (34)	16:14
104	<b>Rotherham Harriers &amp; AC 'B'</b>	<b>1:18:26</b>
	S Mounsey (87)	17:31
	D Nuttall (91)	18:05
	S Gregory (88)	18:59
	M Ruddleston (104)	23:51

Selected from full senior list (& including old adversaries!):

1	Morpeth H & AC 'A'	1:00:34
2	Aldershot Farnham & Dist 'A'	1:00:59
3	Altrincham & Dis AC 'A'	1:01:07
11	Leeds City Athletic Club 'A'	1:02:25
12	Sunderland Harriers & AC 'A'	1:02:34
17	Holmfirth Harriers AC 'A'	1:03:12
19	Hallamshire Harriers 'A'	1:03:45
28	Gateshead H & AC 'A'	1:04:45
34	Rotherham Harriers & AC 'A'	1:05:36
35	Coventry Godiva Harriers 'A'	1:05:47
36	Hallamshire Harriers 'B'	1:05:50
37	Bingley Harriers & AC	1:06:01
58	Redhill Road Runners 'A'	1:09:09
60	City Of Sheffield AC 'A'	1:09:17
61	Kingston Upon Hull A C 'A'	1:09:25
64	Mansfield Harriers AC 'A'	1:09:31
87	Barnsley Athletic Club	1:14:18
104	Rotherham Harriers & AC 'B'	1:18:26
119	Doncaster AC	1:26:25
126	last place	1:34:23

(Other results page 5)



Cross-country relay runner Phil Hoole seen here on stage one of the 6-stage road relay at Blackpool

## Frank O'Neil

With great sadness I have to inform colleagues that Frank died on Monday 31st October after a brave battle against serious illness.

I will remember Frank particularly for his club support over very many years; he was a dedicated supporter of the Christmas Day Race. And for his kind words and lovely soft accent.

We will miss him, and extend our deepest sympathy to his wife and family and many friends.

**from october****Welcome, Willkommen, Benvenuti, Bienvenida, Bienvenu, Fait, Croeswaid, Welcum..etc..etc..**

The following were accepted as new members of the club at the executive committee meeting in October 2005

Rebecca Hall 12yrs T&F XC, Alexander William Hill 10yrs T&F General, Scott Mapplebeck 17yrs RR XC Fell, Gareth Moreton 13 yrs T&F XC, Ian Riley 19yrs Brendon Riley 15 yrs Amanda Riley 48 yrs T&F), Eleanor Roddis 12yrs T&F XC, Liam Patrick Thompson 13yrs T&F RR XC Fell.

We give them a warm welcome and wish them a successful career carrying the black vest with the white pointed star

**Marathon Men Meet on the hoof in Helsinki**

On Friday 5<sup>th</sup> August 2005 Kevin Banks [Helens dad] ran the Helsinki City Marathon representing Rotherham Harriers. After an incredible storm during the morning the afternoon was hot sunny and a bit windy around the harbour. Most of the runners were local. The Finns take their running very seriously and the start of 6000 runners was marked by lots of bumping and elbowing. Kevin completed the picturesque and undulating-in a Mansfield half marathon sort of way-course in 3 hours 43 minutes after hitting the wall at 33km [couldn't work out the mileage at that point as the oxygen supply to the brain was low]. Kevin was glad for the company of another Rotherham Harrier called Victor at various points around the course.

A chap from Huddersfield who had run 7 marathons already in 2005 was another companion for a few kms. The support from the Finnish crowd was excellent and a great help. Kevin would certainly recommend this well organised City Marathon for anyone

who likes a physical edge to their running and a fairly challenging course( Victor is Victor Hutchins who lives in North West London, we featured his calendar of events a few newsletters ago, Bert Norburn)

**Young Athletes Invited to attend Coaching Squads**  
**We have received notification of the following from Peter Moore ADO for South Yorkshire Sport.**

The following athletes have been invited to attend the coaching squads indicated. An invitation to these squads indicates the success they have achieved some in more than one event. Every one of you deserves our congratulations for your commitment to our sport. **Well Done.!!!!**

**RTS**

Natalie Grant, Jade Allen, Vicky France, Eastern Region  
Helen Banks, Ellie Mosely, Lyndsay Clarke, Laura Spence, Kelly Pagdin, Stacey Lebond, Liam O'Malley  
S'Yorks  
Charlotte Vaughan, Alex Palmer, Georgina Palmer, Jessica Fawcett, Laura Barnes, Amber Merrills, Amy Ellison.

**Young Athletes Christmas Bash**

The Christmas bash will once again take place at The Rotherham Trades Club, Greasbrough Street, Rotherham on Friday 23<sup>rd</sup> December 2005 from 7.30pm to 10.30pm. Ticket prices will be published in next month's newsletter and on the notice board. Once again parents will be asked to provide the buffet. Maurice Jackson Awards for 2004 will be presented. Free disco (courtesy of Ian Hewitt) will be provided and YOU KNOW WHO (father Christmas ) will be in attendance.

**Calling all parents.**

Dave Johnson is collecting Tesco Sports Vouchers to boost our equipment. You are probably aware that you get them for shopping at their store. If you do have any let Dave have them or deposit them in the box when you visit the kiosk.

**Sportshall reminder.**

Just to remind all the youngsters sports hall sessions commence in the Herringthorpe Leisure Centre main hall on Wednesday 2<sup>nd</sup> November 2005. The sessions are from 6.00pm to 7.30pm every Wednesday and a charge of £2 per head is required to cover hire costs. See Bert if you require any more information.

**Indoor Open Competition EIS Sheffield**

Athletes aged U13 upwards (Ages as at 31/8/06) are reminded of the two indoor competitions at the EIS. These were very popular last year and will probably be over subscribed. You can download entry forms from the North of England AA website. There are two dates Saturday 26<sup>th</sup> November and Saturday 10 December both start at 12.00 noon.

**Northern 6-stage overall**

1	Morpeth Harriers & AC	1:28:36
2	Altrincham & District AC	1:30:34
3	Trafford Athletic Club	1:30:43
4	Sale Harriers Manchester	1:31:18
5	Derby AC	1:31:19
6	Liverpool Harriers & AC	1:31:30
7	Salford Harriers	1:31:52
8	Leeds City Athletic Club	1:34:28
9	Hallamshire Harriers Sheffield	1:34:32
10	Gateshead Harriers & AC	1:34:45
11	Holmfirth Harriers AC	1:35:35
12	Morpeth Harriers & AC 'B'	1:35:43
13	Chester Le Street & Dist AC	1:36:34
14	Sale Harriers Manchester 'B'	1:36:42
15	Blackburn Harriers & AC	1:36:46
16	Trafford Athletic Club 'B'	1:37:25
17	Liverpool Harriers & AC 'B'	1:37:26
18	Preston Harriers & AC	1:37:30
19	Horwich R M I Harriers	1:37:35
20	Pendle Athletic Club	1:37:59
21	Bingley Harriers & AC	1:38:15
22	Wigan Phoenix	1:38:26
23	Salford Harriers 'B'	1:38:34
<b>24</b>	<b>Rotherham Harriers &amp; AC</b>	<b>1:38:38</b>
25	Keighley & Craven AC	1:38:39
26	Lincoln Wellington AC	1:38:47
27	Kingston Upon Hull A C	1:39:01
28	Horwich R M I Harriers 'B'	1:39:07

**AGM: Elections****Following the AGM on Thursday 13<sup>th</sup> October 2005 the following is the new make up of the club officers and committees**

\* denotes any changes from previous year  
President David Johnson

Vice Presidents Ian Cooley, Don Creamer, Connie Garner, Mick Hague, Brian Harney, David Haywood, Ian Mitchell, Mary Rhodes, Ralph Rowbotham, Roy Taylor, Peter Wood. (Vic De Roeck was removed from the list he having died earlier this year)

Chairman Jim Brogan

General Sec. Bert Norburn

Treasurer Gillian Taylor

Exec. Committee As previous plus section secretaries plus any nominated two from each section

Cross Country Sec. Vacant

Road Running Sec. Peter Neal

Road Running and Cross Country Joint Committee  
Alan Bryden, Gillian Taylor, Steve Gains, Janet Hindley, Steve Phillips, Mark Ruddleston, Pete Shaw, Peter Humphries.\*

Track and Field Sec. Bert Norburn

Track and Field Committee  
Ian Cooley, Jim Gallagher, Peter Moore, Malcolm Whitaker, Jim Guite, Garry Davy\*, Steve Gorrill\*

Young Athletes Sec. David Johnson

Young Athletes Committee  
Kevin Thomas, Gayle Lebond, Ian Hewitt, Kath Gibson

Trail Running Sec. Sharon Burton

Trail Running Committee  
Peter Adams, Mick Cochrane, Henry Marston, Mick Marters, Alan Bryden

Domestic and Social Events  
Don Creamer, David Haywood, Sharon Burton

Auditor Dave Weatherburn

Team Captains  
Male Road & Cross Country Richard Harris  
Male Track & Field David Scholey\*.  
Female Road & Cross Country Janet Hindley  
Track & Field Lizzie Maher\*

Sponsorship Co-ordinator Steve Lebond

**Subscriptions following the AGM**

Seniors £18 (£2 increase)  
Juniors and concessions £8 (No change)  
Family £27 (£2 increase)

Athletes aged 11 years and over who wish to compete in Leagues or open competitions as attached also pay £2 NoEAA membership fee. This becomes due for renewal on 1/5/06.

**Clumber Park 10k : RHAC times**

1st Luke Cragg	0.33.36-Worksop H
David Nuttall	0.35.26 Rotherham
Nigel Brooks	0.36.32 "
Pete Neal	0.37.33 "
Terry Eastwood	0.38.31 "
Simon Gregory	0.40.18 "
Stuart Lake	0.40.25 "
Neil Shaw	0.40.27 "
Matthew Astbridge	0.41.35 "
Gillian Taylor	0.41.55 "
John Kirk	0.42.41 "
Mark Tordoff	0.43.02 "
Newsome ?	0.44.17 "
Leanne Gibson	0.44.45 "
Paddy Lavin	0.47.21 "
Malcolm Rhodes	0.50.26 "
Patricia Wells	0.56.30 "

# Workshop Results a Bit More Like the Old Days

Pos&Official T	Competitor	Club	Category	Chip Time
1	1:10:01 SHELTON, CHRIS	CHESTFD	Senior M	1:10:00
2	1:11:08 HARRIS, ROD*	L EATON	Senior M	1:11:08
3	1:11:24 HARRIS, RICHARD	RHAC	Senior M	1:11:24
49	1:20:54 NUTTALL, DAVID	RHAC	M V 45-49	1:20:52
54	1:21:17 HOWARD, CHRISTINE	MATLCK	1st F	1:21:14
86	1:23:29 DONALDSON, DREW	RHAC	M V 45-49	1:23:26
102	1:24:43 PALFREYMAN, MALCOLM*	RHAC EOD	M V 55-59	1:24:39
139	1:26:42 EASTWOOD, TERRY	RHAC	M V 45-49	1:26:40
170	1:28:41 GREGORY, Simon*	RHAC	Senior M	1:28:39
177	1:29:13 HOWARTH, Raymond*	RHAC	M V 50-54	1:29:10
179	1:29:16 LAKE, STUART	RHAC	M V 45-49	1:28:46
199	1:29:52 BUTTERWORTH, ROY	RHAC	Senior M	1:29:48
257	1:32:07 ASBRIDGE, MATTHEW	RHAC	Senior M	1:32:02
270	1:32:46 TAYLOR, GILLIAN	RHAC	F V 50-54	1:31:59
285	1:33:23 WIDDOWSON, PHILIP	RHAC	M V 40-44	1:33:17
357	1:35:34 CAVELL, ANITA	RHAC	F V 35-39	1:35:06
526	1:39:52 THOMAS, Kevin*	RHAC	M V 50-54	1:39:09
540	1:40:14 SHAW, NEIL	RHAC	Senior M	1:40:07
543	1:40:18 MULLER, PATRICIA	RHAC	F V 50-54	1:39:49
611	1:41:43 LAMBERT, CLAIRE	RHAC	Senior F	1:40:42
703	1:43:58 CLARKE, DERRICK	RHAC	M V 70+	1:43:37
757	1:45:31 FISHER, PAULA	RHAC	F V 45-49	1:45:03
813	1:46:55 MORRIS, ADELE	RHAC	F V 40-44	1:46:02
851	1:47:42 BRADY, LUKE	RHAC	M V 55-59	1:47:24
875	1:48:06 LAVIN, PADDY*	RHAC	Senior M	1:47:19
1028	1:51:49 RHODES, MALCOLM	RHAC	M V 55-59	1:51:45
1376	2:00:31 WELLS, PATRICIA	RHAC	F V 55-59	1:59:44
1699	2:15:48 CLARKE, JOHN	RHAC	M V 55-59	2:14:30

Twenty five RH runners put on a good show at the last Workshop Half—so we thought, but it's on again for next year after a new sponsor stepped in. Back on the old course—a switchback ride up to Carburton then into the woods—with the road closed, would you believe—quite a few would have been caught out by the surprising difficulty of this terrain.

Richard Harris was undoubtedly our star with a fairly sharp 1.11 to show for it, and he led a group of good supporters into 5th team place. Derrick Clarke won his category as so often. Our greatest delight has to be yet again star running from our ladies, where Gill Taylor showed the way home to a trio of fine supporting runners.

#### Ladies (4 to count):

Individual	Teams
16 1:32:46 TAYLOR, GILLIAN	ROTHERHAM H& AC 150
23 1:35:34 CAVELL, ANITA	TOTLEY AC 167
47 1:40:18 MULLER, PATRICIA	ACKWORTH 213
64 1:41:43 LAMBERT, CLAIRE	BARROW RUNNERS 260

#### Men (6 to count):

5 ROTHERHAM HARRIERS & AC
3 1:11:24 RICHARD HARRIS
49 1:20:54 DAVID NUTTALL
84 1:23:29 DREW DONALDSON
133 1:26:42 TERRY EASTWOOD
171 1:29:16 STUART LAKE
190 1:29:52 ROY BUTTERWORTH

## RHAC Club Championships

Alan Bryden

Note: Alan is away for a while, hence the slight delay in updating recent races. Ed

### Recent Champions

<b>Men 2002</b>	<b>Richard Harris</b>	<b>Ladies 2002</b>	<b>Janet Hindley</b>
<b>Men 2003</b>	<b>Mark Ruddleston</b>	<b>Ladies 2003</b>	<b>Sue Bellamy</b>
<b>Men 2004</b>	<b>Phil Hoole</b>	<b>Ladies 2004</b>	<b>Jenny Blizard</b>

We have had 23 Club Championship races in 2005. The last five races for this year are

**To update:** Holmfirth 15M on the 30th October, Workshop Trader 1/2M on the 30th October

**To be run:** Kimberworth Santa Special 18<sup>th</sup> December Christmas Day H'cap on the 25<sup>th</sup> December  
Braithwell 5 on the 26<sup>th</sup> December

Men who have completed 8 qualifying races up to and including Clumber Park 10K are

Name	Points	Races	MEN								
			Gregory S	Nuttall D	Mounsey S	Neal P	Rhodes M	Eastwood T	Shaw N	Asbridge M	Butterworth R
Gregory S	410	60	56	50	49	49	49	49	48		
Nuttall D	407	59	54	50	50	50	48	48	48		
Mounsey S	400	55	50	50	50	49	49	49	48		
Neal P	394	58	50	49	48	48	47	47	47		
Rhodes M	386	60	56	49	46	46	44	43	42		
Eastwood T	375	49	48	47	47	46	46	46	46		
Shaw N	367	50	47	46	45	45	45	44	44		
Asbridge M	363	55	47	45	45	43	43	43	42		
Butterworth R	353	48	47	46	44	44	43	42	39		
Wright D	321	47	46	44	41	40	35	34	34		
Corish A	309	55	42	42	41	35	33	33	28		
Weatherburn D	288	42	41	38	38	36	36	32	27		

### LADIES

Name	Points	Races	Gibson L	Blizard J	Bellamy S	Taylor G	Cavell A		
Gibson L	414	8	60	59	50	49	49	49	49
Blizard J	370	7	60	60	50	50	50	50	50
Bellamy S	351	7	59	50	50	50	48	47	47
Taylor G	311	6	59	57	50	50	49	46	
Cavell A	252	5	59	49	48	48	48		

### Runners with most points from all races are

Name	Points	Races	Mounsey S	530	11	Butterworth R	425	10
Gregory S	734	15	Nuttall D	503	10	Wright D	383	10
Rhodes M	664	16	Asbridge M	476	11	Blizard J (lady)	370	7
Shaw N	650	15	Gibson L (lady)	461	9			
Eastwood T	639	14	Neal P	441	9			

## Club Championship races for 2006

Race 1 1<sup>st</sup> Jan 5M Rotherham Cricket Club E/D

Race 2 Dewsbury 10K 5 Feb Contact B Diskern 01924 529981

Race 3 Norton 9M 5 March Contact D Collingwood 01302 70148

Race 4 Dronfield 10K

Race 5 Easter Chuckie

Race 6 Ulley T/T 26<sup>th</sup> March

Race 7 Doncaster ½ M

Race 8 Wakefield 10K

Race 9 S. Y. Road League 1

Race 10 Sheffield ½ M

Race 11 Retford 5K

Race 12 S. Y. Road League 2

Race 13 Rother Valley 10K

Race 14 Askern 10K

Race 15 S. Y. Road League 3

Race 16 S. Y. Road League 4

Race 17 Mansfield ½ M

Race 18 Doncaster Town Centre 5K

Race 19 Askern 10M

Race 20 Armthorpe 10K

Race 21 Clumber Park 10K

Race 22 Holmfirth 15M provided at least 3 runners competed in 2005 (**No RHAC in the results, so this one will be out: Ed**)

Race 23 Workshop Trader 1/2M

Race 24 Kimberworth Santa Special

Race 25 Christmas Day H'cap on the 25<sup>th</sup> December

Race 26 Braithwell 5 on the 26<sup>th</sup> December

If you require a copy of this list which will be updated regularly with dates of the event please email bryden43@aol.com or ring 01709 540242



I felt sure that the picture for this week would have been featured in RR before now. However, I can't find it if so. This is the 20th newsletter I have prepared since resuming after a three-year lay-off in 2004. Nor can I find it in the 64 produced in the nineties. It's a big photo (11" x 15") and, unusually, has detail of the event fixed on it. Let me tell you it's 1978, and clearly a club event.

The interest is in identifying the array of former and current personnel running, and of course, observing.

#### Picture Quiz: last month

We said thanks to Ken Ridgeway for this blast from the past— well, not that 'past' really. Ken tells me the occasion was a John o' Groats to Land's End run in 1977. Pictured are Ted Pickering, John Hill, Pat Rowbotham, Arthur Oxley, not known, Ken Ridgeway and front: Jeff Ashmore, Don Creamer, Ralph Rowbotham and Arthur Dalton. As to 'not known' someone of you must know, the face seems familiar, is he one of the following, who were additionally were involved in the run as organisers, drivers, or runners?

Runners: Bill Burns (66 then, and national vets cross-country champion), George Kay (ex RH, then with Barnsley), Brian Whitaker (ex Derby), John Hill (Backer Electric), Shaun Dowling (MD of Backer), Roy Tinker, Peter Harper, Paul Allsopp, Ken Ridgeway, Ted Pickering, Don Creamer, Arthur Oxley, Bill Marshall  
Organisers: Jeff Ashmore, Brian Harney, Mick Hague, Ralph & Pat Rowbotham, Arthur Dalton, Laraine Cooper, John Rainer & Bill Brown (Backer) and major organiser Peter Allan, also of Backer. Peter ran with us, especially time trials and club events, for many years whilst commuting from his home in West Yorkshire.



#### Shorts

**Help at events** which the club organises is always welcome. It's quite critical at the moment, and trail secretary Sharon Burton by email asks me to remind colleagues that if they are not running, their attendance would be very supportive on the day of the Round Rotherham. The club puts on a really brilliant event and we do not want to fall short of the top standards expected. Contact Brian Harney in the first instance if you can help out in any way- the event runs from before 8am to late hours of the evening.

**Dave Haywood** says London Marathon entries are expected imminently for those rejected by the event. We anticipate about five. There will be allocation by ballot

as usual on Christmas Day. You must get your reject slip to Peter Neal or Jim Brogan to be eligible

#### Cool hand Luke!!!

Members cannot possibly have not realised the extensive damage caused to the cabinet following the last break in. Once again we all feared that the damage was beyond repair but we didn't account for the skills of our own COOL HAND LUKE !!!!!

That's Luke Brady who set about the cabinet with his Mig Welder and has restored it to full and secure working use. Bert Norburn has anchored the thing to the wall so without tempting fate the only possible way to affect further entry would be to dynamite it open. Our thanks to Luke for his support given totally free of charge

#### Rotherham Harriers & AC Newsletter

Editor Peter Humphries  
Contact for news/comment: 01709 549125  
E-mail: peterh@thedoc.fsnet.co.uk

We are always interested in the views and news of runners, especially members (old, new, ex- or prospective).  
Deadline for copy: third Tuesday each month.

## Fixtures

date	race	location	entry/contact
12-Nov	<b>National Cross-C Relays</b>	<b>Mansfield</b>	<b>entry by club</b>
13-Nov	Barnsley 10k		M Hurrell www.barnsleyac.co.uk
13-Nov	High Peak Relay 35.5m	Matlock	www.runningwithdavid.com
20-Nov	Matthew Walker 10k	Heanor 10.30	£6/7 www.heanorrunningclub.co.uk
26-Nov Sat	Ulley 5k Time Trial 2nd in series	Royal Oak Ulley off 11am	4 more tt's on the day
27-Nov	Clowne Half Marathon	North Rd Cl. (J30 M1) 10.00	£6 (+2otd) cd 21/11 01909 730652
<b>27-Nov</b>	<b>SY Cross-Country 3</b>	<b>Hayfield Lakes Doncaster</b>	
27-Nov	Abbey Dash 10k	Leeds 9.30	Ellie Crilly 0207 239 1923
04-Dec	Percy Pud 10k <b>now closed</b>		
10-Dec Sat	Round Rotherham Run & relay	Brampton Leis.Cent. 6/7/8am	entry detail
10-Dec	Silkstone Chase		
11-Dec	Bedford Half Marathon	Wootton, Beds 11am	J.Horne 012234 307013
11-Dec	Keyworth Turkey Trot Half	Keywth Notts 10.15	£9/11 www.turkeytrot.org.uk
11-Dec	Stockport 10	Woodbank Stdm 11.00	£10/12 www.stockportharriers.com
18-Dec	Santa's S. Kimberworth	(Tree-O)Grange Pk	on the day
18-Dec	Bolsover 10k	10.30	C Sinnott 01246 864361
<b>25-Dec</b>	<b>Christmas Day Handicap</b>	<b>11.00 first off Boswell St</b>	<b>watch for closing date (?? Dec)</b>
26-Dec	Braithwell 5 (Tree-O)	11.00 Butchers Arms	Maltby RC on the day
26-Dec	Ward Green 6	Ward Gn, Barnsley	
31-Dec Sat	Ulley 5k Time Trial 3rd in series	Royal Oak Ulley off 11am	3 more tt's : on the day
<b>2006</b>			
01-Jan	Cleethorpes 10K		A Gristwood 01472 697425
01-Jan	Christmas Tree-O, Rotherham	Cricket Club (Tree-O)	on the day
08-Jan	Shining Cliff 5	Hurt Arms Ambergate 20.00	01773 880 338
<b>08-Jan</b>	<b>SY Cross-Country 4 &amp; champs SY</b>	<b>Penistone Showground</b>	
<b>14-Jan</b>	<b>Yorkshire Cross-Country</b>	<b>Rotherham Herringthorpe pf</b>	<b>entry by club</b>
22-Jan	Brass Monkey Half <b>now closed</b>	York	<b>course detail</b>
<b>28-Jan</b>	<b>Northern Cross-country</b>	<b>Witton Pk, Blackburn</b>	<b>entry by club</b>
29 Jan	Ferriby 10	Cottingham	Patricia Hawkins 01904 708125
28-Jan Sat	Ulley 5k Time Trial 4th in series	Royal Oak Ulley off 11am	Steve Holmes 01482 353647
29-Jan	Doncaster Jog in Jan. 5k+	Cantley Pk 11.00 £6	2 more tt's : on the day
29-Jan	Woodkirk 10k	betw. Leeds/Dewsbury £8/9	K.Bazeley 01623 624 558 day C.Robinson 01132 527 524 eve
05-Feb	Dewsbury 10k	RHCC06-2	Bernard Disken 01924 529981
<b>05-Feb</b>	<b>Yorkshire Vets Cross-country</b>	<b>Bramley Leeds</b>	<b>yourself or via Peter Neal</b>
<b>25-Feb</b>	<b>ECCA National Cross-country</b>	<b>Plmnt Hill, London</b>	<b>entry by club</b>
25-Feb Sat	Ulley 5k Time Trial 5th in series	Royal Oak Ulley off 11am	1 more tt: on the day
26-Feb	Huddersfield RR 10k		Andrea Lyons 01484 547357
26-Feb	Snake Lane 10	Pocklington 11.00 £6/8	8 Wheatlands Close YO42 2UT
05-Mar	Norton 9	RHCC06-3	D.Collingwood 01302 70148
07-Mar	Lord Mayor's 10k	Don Vall Stad 11.00 £6/7	www.handsworthroadhogs.co.uk
12-Mar	East Hull 20 mile		J Savage 01964 534482
12-Mar	Spenborough 20		F Reddington 01274 678363
19-Mar	Dronfield 10k	RHCC06-4	11.00 £7
19-Mar	Liverpool Half		www.7thdronfield10k.org.uk
25-Mar Sat	Ulley 5k Time Trial last in series	RHCC06-6	Royal Oak Ulley off 11am
25-Mar	Northern 12/6 stage Road Relay	tba	on the day entry by club
02-Apr	Boundary Way (Half M)	Baildon CC	07949 819626
08-Apr	National 12/6 Stage Road Relay	Sutton Coldfield	entry by club
15??-Apr	Easter Chucky	Wath CC	form at club or on the day
23-Apr	London Marathon	London	
01-Oct	Great North Run	Newcastle	

## More shorts

## Ulley Time Trial

29<sup>th</sup> October 2005

1. Philip Hoole	16:30
2. Mark Ruddleston	16:58
3. Mark Ward	19:10
4. John Spencer	19:33
5. Steve Gorrill	19:49
6. Simon Pugh	21:05
7. Mathew Asbridge	21:18
8. Phil Smales	25:27
9. Dave Weatherburn	25:50

**From Dave Haywood:** on the night of the 7th December at the cricket club around 8.30 ish, we present Jim Brogan with his life membership award as announced at the AGM. All welcome.

**Also plans** are well advanced for NYD: anyone not running can they see me to assist as stewards etc (Ed: NYD is the new date for the 'Tree-O' race at RHAC, now moved to this later spot. 41 ran last year, 28 from RHAC)

**From Bert Norburn:** High everyone what great news just before the AGM England Athletics have just confirmed that we have been accredited 'CLUB MARK'.  
The first Club in South Yorkshire to achieve the award

**From Peter Neal:** Yorkshire Vets X/C Championships, Bramley Park, Bramley, Leeds. Sunday 5/2/2006. I will be dealing with the entries or they can be done individually

**I gather** Nigel Brookes completed the New York Marathon in 3:21, having hit the wall, 61 mins for last 10K. "We've all been there ! " a colleague commented. Commiserations. Hope the trip was good.

Baildon Runners proudly present:  
**THE 12<sup>TH</sup> BAILDON BOUNDARY WAY**

A MULTI-TERRAIN HALF MARATHON

Under UKA rules - NoEAA Permit No. applied for

SPONSORED BY

**CARNAUDMETALBOX ENGINEERING CHARITIES FUND**  
**SUPPORTING CANDLELIGHTERS & WATERAID**

**SUNDAY, 2 APRIL 2006**

QUALITY T-SHIRT TO ALL FINISHERS

EXTENSIVE PRIZE LIST FOR SENIORS, VETS, SUPER VETS & SPOT PRIZES

MEN'S & LADIES' TEAM PRIZES (1<sup>ST</sup> 3 RUNNERS TO COUNT)

Course records: Men - Willy Smith (2005) 1:18:56 Ladies - Lucy Whittaker (2002) 1:33:14

START AT BAILDON CRICKET & RUGBY CLUB, JENNY LANE, BAILDON (Grid reference SE157400)

RUNNERS 10:00am WALKERS 8:30am

Scenic route taking in woods, canal towpaths and moors, accurately measured, marked and marshalled. Route goes past the original film site of 'The Woolpack' pub of 'Emmerdale' fame and Salts Mill on the edge of Saltaire. This Victorian village was designated a World Heritage site in 2001. Event open to runners and walkers of all abilities. Sorry, but no dogs are allowed on the route. Showers and changing facilities available. Bar with food available. Free car parking in the vicinity and village centre.

ENTRY FEES: £8.00 UKA CLUB MEMBERS & LDWA MEMBERS  
 £10.00 UNATTACHED

**NO ENTRIES ACCEPTED ON THE DAY FROM RUNNERS.** Postal entries close on 18 March 2006 (or when race limit [400] reached). PLEASE ENTER EARLY TO AVOID DISAPPOINTMENT. Race info will be posted in March. Entries accepted on the day from walkers only (£1.00 extra).

Please send completed entry form with cheque/postal order (made payable to Baildon Boundary Way) and a stamped self-addressed envelope (minimum 9 ins x 6 ins) to:

The Entries Secretary, 9 Long Royd Drive, Baildon, Shipley, West Yorks BD17 6TS

Telephone: 07949 819626 Email: baildonrunners@yahoo.co.uk Website: www.baildonrunners.tk

Results will be emailed to all who supply a valid (legible) email address and will also be on our website as soon as possible after the race. Please enclose a further stamped self-addressed envelope (9 ins x 6 ins) for results by post.

The Baildon Boundary Way forms part of the Airedale Triple Trail Challenge - the others being:

Meanwood Valley Trail Saturday, 8 April 2006 0113 289 2830 (Bob Jackson) http://run.to/striders

Guisley Gallop Easter Sunday, 16 April 2006 01943 875516 (Peter Rawnsley) www.skyrac.org.uk

Certificates for runners who complete all 3 races and trophies for 1st MU40, M40-49, M50+, WU35, W35-44, W45+

✗

Please use BLOCK CAPITALS

SURNAME ..... FORENAMES ..... MALE/FEMALE\*

ADDRESS .....

POST CODE ..... RUNNER/WALKER\* AGE ON RACE DAY ..... TEL NO .....

T-SHIRT SIZE S/M/L/XL\* UKA CLUB..... UKA/LDWA NO .....

EMAIL ADDRESS (PLEASE WRITE CLEARLY) .....

\* Delete as appropriate

I hereby declare that I am an amateur according to UKA rules and I am over 17 years of age (age limit applies to runners only; minimum age for walkers is 12 years but walkers under 17 must be accompanied by parent or guardian). I am medically fit to run/walk and understand that I enter at my own risk and that the organisers will in no way be responsible for any injury incurred by me as a result of the race or any loss of property. I enclose a cheque/postal order as follows:

Race entry fee	£	00
Voluntary donation to race charities	£	
Total	£	

Signed ..... Date .....

### National Men's 6-Stage

65 Rotherham Harriers & Ac 2:00:39  
 77 teams finished; plus 6 incomplete

J Gavelle	(54)	18:59
R Harris	(42)	18:37
M Ruddleston	(44)	19:16
D Donaldson	(58)	21:27
S Mounsey	(61)	20:49

### Northern Men's 6-Stage

Rotherham HAC 24th		
Philip Hoole	(32)	16:03
Simon Mounsey	(39)	16:55
Dave Nuttall	(42)	16:58
Mark Ruddleston	(30)	16:18
Richard Harris	(18)	15:16
Nigel Brooks	(24)	17:08

## Blizard's Efforts in Need of Support

Jenny Blizard's support of her club has been outstanding over the last several years, but it must have been a very testing time for her over this autumn's relay season as the previously determined turn-out of ladies finally took its toll.

We have better back-up on paper than for some time, and there are very good prospects— of new members, and up and coming younger ones. The danger is, it can all come to nothing if we lose existing talent in the meantime. A return to team presence is paramount in the near future. Jenny ran 15.03 at the national and was 6th fastest overall at Blackpool in the northern.

### Northern Ladies 4-Stage

Fastest of all legs		
1 A Parkinson	SaleHM A	12:34
2 Alyson Dixon	ChesterLS&A	12:45
3 E Stevens	Derby AC A	12:46
4 Pauline Powell	BlackburnH	12:51
5 Jayne Spark	Altrincham	12:54
<b>6 Jenny Blizard</b>	<b>RotherhamH A</b>	<b>12:57</b>
7 Kathleen Upton	Liverpool H A	12:59
8 Elizabeth Such	Hallamshire A	13:01
9 Rachel Jones	Salford H A	13:04
10 R Robinson	Kendal AAC A	13:07

### Retford Half

25th September 2005

1 Andrew Jackson	Ackworth R	1.16.39
2 Paul Archer V40	Notts AC	1.17.44
3 John Hewitt V40	WorksoPh	1.19.25
9 Joe Gavelle	RHAC	1.23.08
15 Simon Gregory	RHAC	1.24.11
26 Terry Eastwood V40	RHAC	1.28.11
29 Kerry Booth V40	RHAC	1.28.42

### Athletics Throwing Implements For Sale

#### Mostly For U20 (Junior) Men's Competition

(All in very good condition)

#### DISCUS

2 x 1.75kg Rubber/Indoor Discus - £5 each

1 x 2kg Rubber/Indoor Discus - £5

#### 6 Kg SHOT (@ Half Price – hardly used)

1 x Neuff PVC Indoor 6 kg Shot = £18

1 x Podium Steel 110mm diameter (For small hands) 6kg = £25

#### 800g JAVELIN

1 x Nordic Orbit (Carbon fibre) = £200

#### Contact

Andrew Staniland snr

0113 2931100

[a.staniland@ntlworld.com](mailto:a.staniland@ntlworld.com)

## South Yorkshire Cross-country

## RACE 1

19th October 2005 Norfolk Park

## All Senior Men

1	00:22:47	Paul Green	Hallam	Senior
2	00:23:09	Richard Harris	RHAC	Senior
11	00:24:35	Joe Gavelle	RHAC	Senior
29	00:26:46	Paul Venables	RHAC	V 40
35	00:27:12	Peter Neal	RHAC	V 40
52	00:28:17	David Storey	RHAC	Senior
58	00:28:39	John Spencer	RHAC	V 40
71	00:29:33	Kerry Booth	RHAC	V 40
74	00:29:49	Robert Spencer	RHAC	V 40
115	00:33:51	Kevin Thomas	RHAC	V 50

## All Senior/ Junior Ladies

1	00:18:31	Abby Westley	Hallam	U20
6	00:20:47	Leanne Gibson	RHAC	U20
10	00:21:28	Gill Taylor	RHAC	LV 45
13	00:22:16	Hilary Garrison	RHAC	LV 45
39	00:30:07	Pat Wells	RHAC	LV 55

## U17 Men

1	00:17:39	Andrew Heyes	Hallam
3	00:18:55	Martyn Boner	RHAC
8	00:22:23	Stephen Nixon	RHAC

## U17 Women

1	00:15:23	Amy Wilks	Hallam
3	00:16:25	Alex Palmer	RHAC
4	00:16:28	Sarah Barnes	RHAC
5	00:16:31	Jessica Fawcett	RHAC
9	00:17:54	Charlotte Vaughan	RHAC

## U15 Boys

1	00:13:13	Matthew Milsom	Hallam
7	00:14:42	Liam O'Malley	RHAC
13	00:15:51	Jonathan Morgan	RHAC
17	00:17:18	Liam Thompson	RHAC

## U15 Girls

1	00:09:11	Stephanie Burns	RHAC
4	00:09:30	Laura Spence	RHAC
12	00:10:51	Robyn Lanceley	RHAC
16	00:11:16	Laura Barnes	RHAC
18	00:11:34	Rebecca White	RHAC
25	00:12:35	Emma Morris	RHAC
26	00:13:12	Chelsea Johnson	RHAC
27	00:13:25	Alice Culligan	RHAC

## U13 Boys

1	00:11:51	Chris Grayson	Sheff	AC
8	00:13:19	Cian Scothern	RHAC	
10	00:13:53	Spencer Hibbert	RHAC	
12	00:14:27	Jonathan Robinson	RHAC	
13	00:14:38	Zac Rush	RHAC	
17	00:16:49	Jamil Burgin	RHAC	
19	00:17:48	Will Banks	RHAC	

## U13 Girls

1	00:09:33	Calli Thackery	Hallam
5	00:10:06	Poppy Knowles	RHAC
6	00:10:29	Rachel Hall	RHAC
11	00:10:51	Georgina Palmer	RHAC
12	00:10:55	Olivia Neal	RHAC
14	00:11:14	Georgina Arif	RHAC
16	00:11:16	Danielle Pearson	RHAC
19	00:11:35	Samantha Rollinson	RHAC
20	00:11:43	Georgina White	RHAC

## U11 Boys

1	00:04:41	Aiden Davies	Donc
5	00:05:25	Cameron Rush	RHAC

## U11 Girls

1	00:04:43	Remme Cockrell	Hallam
2	00:05:21	Brittney Sutton	RHAC
20	00:06:09	Georgina Spencer	RHAC
21	00:06:12	Olivia White	RHAC
34	00:07:35	Mollie Goodwin	RHAC

## RACE 2

6th November 2005 Graves Park

Conditions were poor for the youngsters with driving rain and a slippery course.

The rain slowed for the senior women then stopped altogether for the senior men who ran in sunshine although surface conditions for the men proved a little problematic.

## All Senior Men

Pos	Time	Name			
1	00:28:53	Carl Thackery	Hallam	V 40	
2	00:29:06	Richard Harris	RHAC	Senior	
6	00:30:34	Joe Gavelle	RHAC	Senior	
9	00:30:48	Philip Hoole	RHAC	Senior	
10	00:30:52	Mark Ruddleston	RHAC	V 40	
32	00:34:09	Gareth Darnell	RHAC	Senior	
33	00:34:16	Paul Venables	RHAC	V 40	
52	00:36:53	John Spencer	RHAC	V 40	
69	00:37:57	Kerry Booth	RHAC	V 40	
75	00:38:28	Brian Harvey	RHAC	V 60	
95	00:40:59	Kevin Thomas	RHAC	V 50	

## All Ladies

1	00:20:25	Julie Wilson	Hallam	LV 35
6	00:22:25	Gill Taylor	RHAC	LV 45
9	00:22:45	Leanne Gibson	RHAC	U20
10	00:22:55	Hilary Garrison	RHAC	LV 45
14	00:23:19	Sharon Burton	RHAC	LV 35
40	00:28:48	Pat Wells	RHAC	LV 55

## U 17 Men

1	00:20:16	Andrew Heyes	Hallam
3	00:21:59	Martyn Boner	RHAC
8	00:26:48	Stephen Nixon	RHAC

## U 17 Ladies

1	00:13:30	Jessica Fawcett	RHAC
2	00:13:47	Lyndsay Clarke	RHAC
5	00:14:20	Sarah Barnes	RHAC
6	00:14:44	Charlotte Vaughan	RHAC

## U 15 Boys

1	00:12:01	Richard Spooner	Hallam
11	00:13:36	Liam O'Malley	RHAC
16	00:15:42	Liam Thompson	RHAC

## U 15 Girls

1	00:11:29	Kelly Hewitson	Hallam
8	00:12:49	Robyn Lanceley	RHAC
16	00:14:31	Emma Morris	RHAC
18	00:15:14	Claire Lebond	RHAC
19	00:15:14	Chelsea Johnson	RHAC
21	00:15:38	Alice Culligan	RHAC

## U 13 Boys

1	00:11:55	Chris Grayson	Sheff	
9	00:14:10	Cian Scothern	RHAC	
11	00:14:55	Jamil Burgin	RHAC	
13	00:15:06	Zac Rush	RHAC	

## U 13 Girls

1	00:10:58	Calli Thackery	Hallam
4	00:11:53	Poppy Knowles	RHAC
5	00:11:59	Rachel Hall	RHAC
9	00:12:43	Georgina Palmer	RHAC
16	00:13:29	Samantha Rollinson	RHAC
18	00:13:45	Olivia Neal	RHAC
20	00:14:24	Eleanor Roddis	RHAC
21	00:14:30	Alison Cooksey	RHAC

## U 11 Boys

1	00:05:22	Aiden Davies	Donc
6	00:06:11	Cameron Rush	RHAC

## U 11 Girls

1	00:05:22	Remmie Cockrell	Hallam
11	00:06:31	Georgina Spencer	RHAC

## Road Relays

Northern Young Athletes Road Relays

Sefton Park, Liverpool Sunday 2nd October 2005

## Under 17 Women

1	Vale Royal AC 'A'	41:59
2	Leigh Harriers & AC	42:07
3	Sale Harriers Manchester	42:23
4	<b>Rotherham HAC 'A'</b>	<b>42:37</b>
5	Morpeth Harriers & Ac 'A'	43:26
6	Warrington Athletic Club 'A'	43:35
7	Morpeth Harriers & Ac 'B'	43:36
8	Bury Athletic Club	43:42
9	Liverpool H & Ac 'A'	43:47
10	Stockport H & Ac 'A'	43:57

## Rotherham Harriers &amp; Ac A

Natalie Grant	(3)	13:38
Jade Allen	(1)	14:26
V France	(4)	14:33

## Rotherham Harriers &amp; Ac B

Sarah Barnes	(27)	15:53
L Sanderson	(29)	17:46

## Under 15 Girls

1	Scarborough AC	36:37
2	Holmfirth HAC 'A'	36:40
3	Stockport H & Ac 'A'	36:51

## Rotherham Harriers &amp; Ac incomplete

R Middleton	(47)	15:02
Laura Barnes	(43)	14:39

## Round-Rotherham Pictures Answers

1	Chris Mangham and Jamie Ollivant negotiate the water meadows near Fence, not so rugged these days.
2	Maurice Cook is ahead of Peter Neal with an unidentifiable runner between. Peter was to triumph in the end however, this was the year he won it with a (then) record time.
3	Dave Godfrey and Ian Pashley, formerly a quickish runner with RHAC, I think runs the Leisure Centre at Brampton and is in line to run the 50 this year.
4	Dave Carratt; injury forced his retirement from the sport.
5	Mark's brother Paul Ruddleston, recently rejoined RHAC.
6	Pete Harper and Ken Ridgeway.
7	The man himself Henry Marston, to whom we owe much organisation and the brilliant maps.

Cross-country Relays

English Cross Country Association National Relays at Berry Hill Park, Mansfield on Saturday 12th November 2005

Further results from Berry Hill:

**Under 13 Girls -- Team Results -- Provisional**

1	Mansfield Harriers AC 'A'	22:44
Incomplete Team		
<b>Rotherham Harriers &amp; AC 16:54</b>		
	R Hall (38)	8:14
	G Palmer (41)	8:40

**Under 15 Girls -- Team Results - Provisional**

1	Aldershot Farnham & Dist 'A'	21:21
25	Rotherham Harriers & AC 'A' 2	3:37
	L Spence (8)	7:21
	S Burns (8)	7:38
	R Lancely (25)	8:38
65	Rotherham Harriers & AC	
	L Barnes (64)	8:37
	R White (67)	9:12
	C Johnson (65)	10:36

**Under 17 Women**

Fastest of all legs -- Provisional			
1	S Twell	AldershotF A	8:15
2	J Coulson	StockportH A	8:32
3	S Stockton	ValeRAC A	8:46
4	L McHale	Halesowen	8:54
5	E Langdell	RoyalSCAC	8:55
6	N Grant	RotherhamH	9:00
	= N McHale	Halesowen	9:00
8	K Hindle	PrestonH&A	9:02
	= V France	RotherhamH A	9:02
10	J Musgrave	Solihull&S	9:09

**Senior Women -- Team Results -- Final**

1	Charnwood AC 'A'	9:57
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**Rotherham Harriers & AC (Incomplete)**

J Blizard	(21)	10:37
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**Under 13 Boys -- Team Results -- Provisional**

1	Aldershot Farnham & Dist 'A'	21:02
48	Rotherham Harriers & AC 'A'	26:30
	C Southern (59)	8:36
	J Burgin (54)	9:04
	Z Roth (48)	8:50

**Under 15 Boys -- Team Results -- Provisional**

1	Warrington Athletic Club	19:14
43	Rotherham Harriers & AC 'A'	22:24
	S Wilkinson (37)	7:01
	L O'Malley (28)	7:04
	D Booth (43)	8:19

Round Rotherham Reminder

The International Round Rotherham is probably the largest event organised under the aegis of our club, with around 250 participants (relay and individual) and another 25 or 30 people helping on the day.

So far we have around 80 entries for the International Round Rotherham on the 10th December, with participants coming from Arbroath, Plymouth, Keswick, Gravesend, Honiton, Pontypridd, Morpeth, Bridlington, Stone and Ireland to our town. So far, we have only had a couple of entries from RHAC, usually a prolific source of runners. And only one relay team. If you are planning to run (or walk) please get your entry in as soon as possible. The same applies for would-be relay teams. Pre-entry is mandatory for relay teams, and highly desirable for individuals (to the tune of £6 for club members). Otherwise, please give your name to Brian Harney as a would-be helper on the day - there is always a need for help.

The RRR web page has full details, together with updates of any late changes. Visit <http://www.hmarston.pwp.blueyonder.co.uk/rhac/trail/rrr.htm>

The main route changes I am aware of are (a) returning to the earlier route past the Sheffield Airport landing lights and (b) towards the end, to avoid the difficult junction in front of Tesco's going round the back of the store. If you spot any other differences on your recce runs, please let me (Henry Marston) know. There are entry forms in the kiosk, or you can enter on line.

didn't realise it could be so scenic and such an enjoyable route, never really been around that side of Sheffield. We'll try and make it back next year, **Iain Ridgeway (of Glasgow)**

thanks for another great event and for laying on such good weather, yet again. **Les Hill (Dumfries)**

Another excellent event, enjoyed by everyone. Your weather gods are very effective! **David Sears (Maltby)**

Just wanted to say thank you to you and your team for the event last Saturday. I completed with 3 mins to spare. It was the longest unbroken stretch I have ever done. I was dead chuffed but knackered. Please thank our guide who brought us home. Without him, I reckon I would still be wandering now. I did the walk as a qualifier for the 100 in May. I am undecided as I am not thinking about it whilst I am still sore!

Thanks again and well done. The organisation was great and your team really friendly. **Pete Sumner (of Coventry)**

For those who missed the 22nd running of Rowbotham's Round Rotherham, it is an ultra-distance cross country trail event following the approximate route of the ROTHERHAM boundary, for 50 miles / 80 km along footpaths, towpaths, tracks and roads, based on an idea from then club secretary Ralph Rowbotham. This year, there were 134 starters, walkers, slow and fast runners (of whom 118 finished) and an 8-stage relay with 13 teams. Colin Jackson had a run-in with a car and had to retire but fortunately he did not need hospital treatment. Later in the day, the Radio 4 weather report gave the warmest place in Britain on the Saturday as Rotherham, South Yorkshire, which was quite believable. For most of the day I ran in a lifa vest

Some Compliments Received.....

Great race though, one of the best organised we've done, I think this and the devil O the highlands have been my two favourites of the year. I must admit I was a bit dubious about a round Rotherham race,



Round Rotherham 1984. Who do you remember? Answers on page 4.

