



Phil Hoole

Superb 1.08.22 at the Wilmslow Half along with the usual support in RH's 12-stage relay and track & field teams All round class

T & F Teams Throw Down the Gauntlet

Rotherham track & field teams began their summer 2008 campaign more or less as they would have wished: winning in the one case and second to the host teams elsewhere. It bodes well for the season.

This weekend saw the Senior team in action at Hull on the 3rd May, and the Young Athletes team in action at Carlisle on the 4th. Our senior results are known but the Young Athletes league was not available at going to press. (Other full RHAC results inside)

The National Junior League team were at Hull the previous weekend on the 27th April. The NJL team had a great start, winning the match with 491 points. The Senior teams finished a solid second place, with 375 points, behind Kingston upon Hull who had 422 points.

The Young Athletes team also had a good start, finishing second behind North Cumbria, the home team.

Thanks to all athletes, officials, managers & supporters Team managers Ian Cooley and Dave Scholey perhaps deserve special mention.

Top of the National rankings.

Rotherham Harriers athlete Kelly Pagdin, aged 17 from Thurcroft, moved to the top of the UK national rankings in the javelin event for under 20 year old athletes.

Kelly is pictured at Hull on Saturday the 3rd May where she won the womens javelin, the shot put and discus events to score vital points to help her club to a second place position.

Kelly threw 43.28m, to move to the top of the national rankings with her performance in the javelin at the Wakefield Open meeting on April 13th



NEXT LOCAL MIDWEEK RACES

Wed 28th May

Memorial Race

Wesley Centre, Maltby
off at 7pm

Coming soon

Kimmy Kanter

June 17th
Droppingwell

Road Relays Stay on Track

Such spectacular results as have become frequent in recent months can overshadow the necessary solid performances that are often required to maintain progress and standards. Last month's northern and national road relays saw us admittedly not at the top of the lists, but second Yorkshire club in fact. And the only South Yorkshire club showing any sustained depth or character. Good performances all round, epitomised by David Storey and Kim Bateman, pictures below.

Both Kim and David have demonstrated their quality support over some time and in all disciplines, and again they can be seen in a range of roles: Kim here running in the national relay and for example long-jumping at Hull, whilst David too has been ever-present locally and wider.

The Peter Ruddleston Memorial Race Wednesday June 4th start 7.15 at Whiston Cricket Club Doles Lane Whiston **ULLEY RES**

With the kind co-operation of Whiston PCCC and Whiston Parish Church

5 miles (gps) on bridle paths, discretionary footpath and lakeside track. Out and back and round Ulley Reservoir.

Scenic course, azaleas in bloom! No floods!
Plenty of prizes. 3k Fun Run (bridle path)

RH support for this series has been outstanding so far

SUPPORT YOUR CLUB



Applications were submitted in April from 8 new members, as follows:
Daniel Snook (11) Track & Field & XC, Chris Flintham (45) Track/Road/XC and volunteer, Joel Kirk (9) proposed by Dave Johnson. 2 further athletes from Rob Creasey's group:- Phazoh Edwards (14) sprints, Mursal Mohammed (15). Both proposed by Dennis Russell. Amelia Robertson (11), Jack Cranswick (8), Liam Marsh (11) brother of Codie, mother Denise will also act as coach and volunteer. All were agreed & accepted.

New Members (May)

We have applications from 8 new members, as follows:
Sophie Glenn (12) , Eva Darwin (9) T&F, Cross Country, Fell & hill. Shabana Ghani (31) T&F & road, Chloe Potter (14) T&F, proposed by Dennis Russell. Alec Davies (14) T&F, proposed by Dennis Russell. Paul Ward (14) T&F ,Cross Country, proposed by Nicola Myers. Michael Stanton (15) Track & Field , 2nd claim for NJAL, 1st claim Wombwell SAC. Proposed by Gayle & Steve Lebond. Lucy Scales (11) T&F. Caine Frost (11), Alicia Gough (10) proposer Matt Fenwick.

Former member Jane Clarke has joined as a 2nd claim member (1st claim Lincoln Wellington AC). She wants to compete in the SY road, T&F and XC

leagues. So too has Shane Lewis.

Subs

173 of the 500 or so names on the database have now paid 2008 subs. Could all those still to pay please do so. Team managers will be advised of those who have not yet paid, and who are technically not able to compete for the club.

Of the 173, 154 have paid the England Athletics competition licence fee. Those 154 names will be added to the England Athletics database this month. Remember that you need to hold a 2008/9 competition licence, to compete in any competition of race under UKA rules.

Parents Open Forum.

For parents and / or guardians of young athletes. We are planning to hold another session for all parents/guardians on Weds the 14th May. The plan is to meet in the Herringthorpe Leisure Centre from 6:30.

The athletes and remaining young athlete coaches will join us immediately the training session ends.

This is your chance to raise any issues, concerns or questions with the club secretary and their coaches, and to influence the club activities and competitions. Please attend if you are at the club that evening.

We have made some effort to promote Ulley Res (June 4th) this year, so you might be advised to enter in advance or at least get there a bit early. It would be an embarrassment to have a very large entry as we have to contend with the trip through the gorse. I have tried to find an alternative path to avoid congestion, but none presents itself. Though easy in principle to MAKE a path, it's not on as this is private property and the footpath discretionary.

The gorse has in fact become a feature of the event, and participants have reported no problem passing through it on the two occasions the race has been run. There was a good turn-out in 2006 and even better in 2007, which, coupled with the Bassingthorpe race leads me to hope that 2008 will see another step forward. This is a race in the series with Kimberworth and Maltby.

If unable to run, you could give valuable assistance on the night if you have time.

The following race, the 5k in Wentworth Park, now has a clash with the town centre races in Doncaster and I am intending to move the Prince in the Park by a week forward, or back- depending on the response of emergency services and Wentworth Estate (and, of course, likely runners). If there are no problems, it could well be 23rd July. The Doncaster event was organised late and still hasn't a license- but it will get one as I understand. However it is a pig's ear of a system where decisions to cancel or reinstate fixtures, and to seek licenses for them, are taken at the drop of a hat at a time that suits with no regard at all for fixtures which have been organised in a proper time scale.

I haven't completely brought the event log up to date, hence no publication in this newsletter. However, it won't be long, so have a look in a few days. The access and password have not changed: username is rhmember and password is creamer

New (additional) newsletter: Our plans to produce a newsletter for young potential athletes, and for public circulation (again, potential athletes) are firming up. It is likely the first will be circulated in September, the start of autumn school term (with a second at Easter). I have been busy trying to enlist the help of a variety of people on a number of levels. It is undesirable, and in any case impossible, for me to solely plan and produce such a paper.

First of all, I am asking for suggestions, ideas, criticisms, from you- before, during or after the production. You might be an athlete (of whatever level), or a coach, organiser, parent, beginner, etc. You might have some experience or expertise in media, IT work, public relations etc-- or you might have none of these, it doesn't matter. I am particularly interested to have some response from parents (in the main, because so far we have none).

Just let me know: I will make opportunities for meeting, but most can be done by email or phone. Involvement on a minor level would be fine, as would greater depth of involvement. And of course, actual contribution to the planned newsletter would be very welcome in due course. To give you some flavour of proceedings, so far I have asked or noted interest from the following people: Nigel Brookes, Simon Pugh, Stacey Lebond, Ian Hindley, Janet Hindley, Gayle Lebond, Sarah Barnes, Laura Barnes, Tony Gardner, John Clarke

Just to clarify- at the moment, it's content planning.

THURSDAY evening runs have started, in time with the good weather.

The key factor is the CASUAL nature of the meetings. So far we have met at : Greasbrough Prince of Wales (Pete Humphries) for a trip round the Wentworth Estate paths and ponds, finishing via Scholes Coppice. and Loyal Trooper South Anston (Kerry Booth) for Anston Stones Wood and on **Thursday 8th May it will be :**

Gate Inn Swinton (Sharon Merrills/Luke Brady) for Dearne Valley wetlands. Start 6.45

Plenty of people have offered runs in principle: firm offers are now invited for Thursday 15th, 22nd, 29th May.

NB No fuss, cost, complicated planning etc. Just a VENUE and a route in mind of around 6-8 miles easy. Out of central Rotherham/ Herringthorpe.

Details available on website.

Fixtures: May 2008 to July 31st

Sat 03 May 08	Northern Athletics League	clubs	Match 1 Hull
Sat 03 May 08	BUSA Championship	open	also 4th and 5th
Sun 04 May 08	Treeton Torture	open	
Sun 04 May 08	National YAL	club teams	match 1 N 1 E Doncaster
Wed 07 May 08	Tigger Todger	open	Totley AC
Sat 10 May 08	Yorkshire T & F Champs	open	Don Valley also 11th
Sun 11 May 08	Larwood Surgery 10k	open	Shireoaks, Workop
Wed 14 May 08	South Yorks Road League	SY clubs	Worsbrough prob
Sat 17 May 08	South Yorks T&F League	SY clubs	8-15 years
Sat 17 May 08	Rotherham Hospice Run for All		open Herringthorpe
Sat 17 May 08	Masters Road Relays	club teams	Sutton Coldfield
Sun 18 May 08	National YAL	open	match 2 N Premier Sheffield
Sun 18 May 08	Eyam Half	open	
Tue 20 May 08	Totley Moor Fell Race	open	Totley AC
Wed 21 May 08	Askern 10k	open	Askern AC
Thu 22 May 08	South Yorks T&F League	SY clubs	seniors t.b.c.
Thu 22 May 08	Horwich Jubilee Races	open	start of a series
Fri 23 May 08	Dronfield Town FC 10k Run		Dronfield
Sat 24 May 08	Northern T&F Champs	open	U15/17 also 25th
Sat 24 May 08	Cleethorpes 21st Anniversary	Open meetin	open All ages from U11 up. 1st event 11:00am
Sun 25 May 08	National Junior League	SY clubs	match 2
Sun 25 May 08	CAU Inter-counties T&F Chopen		also 26th
Sun 25 May 08	Buxton Half Marathon		
Tue 27 May 08	Hallam Chase	open	Hallamshire H
Wed 28 May 08	Memorial Race Maltby	open	Wesley Centre KMR 7pm start £3
June			
Sun 01 Jun 08	National YAL	club teams	match 3 N 1 E Doncaster
Sun 01 Jun 08	Shining Cliffs Fell & Junior Race		Ambergate
Sun 01 Jun 08	Humber Bridge 10k & Fun R	open	Hessle
Wed 04 Jun 08	Ulley Res	open	Peter Ruddleston memorial race KMR Whiston CC
Sat 07 Jun 08	Northern Athletics League	clubs	Match 2 Hallamshire
Sun 08 Jun 08	South Yorks T&F League	SY clubs	8-15 years t.b.c.
Sun 08 Jun 08	Goole Viking Riverbank Chall		Goole
Wed 11 Jun 08	Otley 10	open	Weds 7:30 start, Otley RUFC. C/D 7th June
Tue 17 Jun 08	Kimy Kanter	open	Droppingwell KMR £3
Sun 22 Jun 08	National YAL	club teams	meeting 4 Herringthorpe (W) Hallamshire(E) provisional
Sun 22 Jun 08	3 Lakes Classic	open	Killamarsh Kestrels
Sun 22 Jun 08	BMAF 5k	open	Veteran only
Tue 24 Jun 08	South Yorks T&F League	SY clubs	seniors t.b.c.
Wed 25 Jun 08	Damflask Relays	club teams	Sheffield
Thu 26 Jun 08	Blackmoor Fell Race	open	Totley AC
Sun 29 Jun 08	National Junior League	SY clubs	match 3
July			
Sat 05 Jul 08	Tickhill Gala Race	open	
Sun 06 Jul 08	Northern Athletics League	clubs	Match 3 Herringthorpe
Sun 06 Jul 08	City of Manchester 10k	open	Sportcity Manchester. 09:30 start £14 entry C/D 27 June
Wed 16 Jul 08	Prince in the Park	open	date may be rearranged 5k private road KMR
			POW Greasbrough 7.15 off £3
Wed 16 Jul 08	Town Centre 5k	open	Doncaster
Sat 19 Jul 08	South Yorks T&F League	SY clubs	all ages Includes Championship t.b.c
Sun 20 Jul 08	National YAL	club teams	meeting 5
Sun 27 Jul 08	National Junior League	SY clubs	match 4

NJL Northern Humber Div
Round:1 RESULTS
 Kingston upon Hull, Costello,
 Sun 27

M 100m A
 4 Sam Thorpe RTM 11.7
M 100m B
 3 Gareth Moreton RTM 11.9

M 200m A
 3 Jordan Flude RTM 23.5
M 200m B
 1 Sam Thorpe RTM 23.4

M 400m A
 5 Nathan Buckingham RTM 54.0
M 400m B
 1 Gareth Moreton RTM 52.4

M 800m A
 5 David Smith RTM 2.15.1
M 800m B
 1 Jamie Bennett RTM 2.02.8

M 1500m A
 2 Abdi Ahmed RTM 4.09.4
M 1500m B
 2 Mursal Mohammed RTM 4.25.5

M 3000m A
 2 Yasim Mohammed RTM 9.16.0
M 3000m B
 2 David Smith RTM 10.06.9

M 110mH A
 3 David Coupe RTM 22.3

M 400mH A
 5 David Coupe RTM 77.5
M 400mH B
 1 Liam Thompson RTM 69.9

M 2000m Sc A
 4 Liam Thompson RTM 7.46.2
M 2000m Sc B
 2 Sam Howis RTM 7.57.1

M Discus Throw A
 2 Kane Humphrys RTM 37.92
M Discus Throw B
 3 David Coupe RTM 23.46

M Hammer Throw A
 5 David Coupe RTM 20.24
M Hammer Throw B
 3 Jordan Flude RTM 17.77

M High Jump A
 3 Jamie Bennett RTM 1.70
M High Jump B
 2 Liam O'Malley RTM 1.70

M Javelin Throw A M
 3 Michael Stanton RTM 44.39
M Javelin Throw B
 1 Kane Humphreys RTM 35.55

M Long Jump A
 1 Liam O'Malley RTM 6.29
M Long Jump B
 3 Ben Rollinson RTM 5.45

M Shot Putt A
 4 Kane Humphreys RTM 9.95
M Shot Putt B
 3 Nathan Buckingham RTM 9.26

M Triple Jump A
 1 Liam O'Malley RTM 12.70
M Triple Jump B
 2 Ben Rollinson RTM 11.36

W 100m A
 4 Charlotte Vaughan RTM 13.5
W 100m B
 4 Rebecca White RTM 13.5

W 200m A
 6 Drew Phillips RTM 28.1
W 200m B
 3 Jemma Creaghan RTM 28.3

W 400m A
 2 Abbi Vernon RTM 59.7
W 400m B
 2 Rebecca White RTM 60.3

W 800m A
 3 Jessica Fawcett RTM 2.23.1
W 800m B
 3 Jemma Creaghan RTM 2.31.0

W 1500m A
 2 Laura Spence RTM 4.52.7
W 1500m B
 1 Emily Fisher RTM 4.55.7

W 3000m A
 1 Stephanie Burns RTM 10.19.7
W 3000m B
 7 1 Robyn Lancelcy RTM 10.27.3

W Discus Throw A
 2 Kelly Pagdin RTM 37.12
W Discus Throw B
 1 Claire Lebond RTM 25.25

W Hammer Throw A
 1 Claire Lebond RTM 29.85

W High Jump A
 5 Kim Bateman RTM 1.30

W Javelin Throw A
 2 Kelly Pagdin RTM 40.86
W Javelin Throw B
 1 Thereza Oliver Smith RTM 35.60

W Long Jump A
 6 Drew Phillips RTM 3.96
W Long Jump B
 6 Kim Bateman RTM 3.70

W Shot Putt A
 2 Kelly Pagdin RTM 11.09
W Shot Putt B
 1 Claire Lebond RTM 8.19

W Triple Jump A
 5 Drew Phillips RTM 8.88
W Triple Jump B
 3 Kim Bateman RTM 8.88

Guest events
100m Men
 2 Jordan Flude RTM 12.0
 3 Scott Davies RTM 13.0

400m Women
 1 Charlotte Vaughan RTM 62.1

1500m Women
 1 Jemma Creaghan RTM 4.52.0

M 4x100m Relay
 1 RTM 46.0 1 Sam Thorpe 2 Liam O'Malley
 3 Jordan Flude 4 not stated

M 4x400m Relay
 2 RTM 3.34.0 1 Nathan Buckingham 2 Gareth Moreton
 3 Abdi Ahmed 4 Jamie Bennett

After 36 of 38 events
MATCH RESULT LEAGUE STANDINGS

1 Rotherham H. & AC	491	8
2 Kingston Upon Hull AC	473	7
3 Wakefield D. H. & AC	429	6
4 City of Sheffield AC	334	5
5 Grimsby Harriers AC	303	4
6 Scunthorpe & D.AC	214	3
7 Hull Achilles AC	103	2



Second-claim athletes Mukhtar Mohammed (above) winning the B 800m and Abdi Ahmed winning the 1500m

Track & Field- Northern Athletics League

M 100m A
 3 Sam Thorpe RTM 11.5
M 100m B
 2 David Scholey RTM 11.6

M 200m A
 3 Sam Thorpe RTM 23.0
M 200m B
 1 Rhian Hasteley RTM 23.1

M 400m A
 2 Mark Ward RTM 50.6
M 400m B
 1 Gareth Moreton RTM 52.4

M 800m A
 1 Rhian Hasteley RTM 1.58.0
M 800m B
 1 Mukhtar Mohammed RTM 1.58.6

M 1500m A
 1 Abdi Ahmed RTM 4.01.1
M 1500m B
 3 Phil Hoole RTM 4.15.1

M 5000m A
 6 Nigel Brookes RTM 17.09.9
M 5000m B
 4 Dave Nuttall RTM 17.18.1

M 110mH A
 1 Chris Wright RTM 15.7

M 400mH A
 1 Rob Creasey RTM 58.6
M 400mH B
 5 Chris Ireland RTM 70.0

M 3000m SC A

2 Chris Ireland RTM 10.28.3
M 3000m SC B
 2 Paul Humphries RTM 10.51.8

M Discus Throw A
 6 Rob Wilkinson RTM 32.24
M Discus Throw B
 5 Owen Thomas RTM 26.65

M Hammer Throw A
 4 Owen Thomas RTM 33.00
M Hammer Throw B
 3 Ian Cooley RTM 27.26

M High Jump A
 2 Chris Wright RTM 1.65
M High Jump B
 4 Liam O'Malley RTM 1.50

M Javelin Throw A
 4 Rhian Hasteley RTM 36.55
M Javelin Throw B
 6 Owen Thomas RTM 21.82

M Long Jump A
 2 Liam O'Malley RTM 6.20
M Long Jump B
 5 Rob Wilkinson RTM 5.14

M Shot Putt A
 4 Rob Wilkinson RTM 10.84

M Shot Putt B
 6 Owen Thomas RTM 7.30

M Triple Jump A
 2 Liam O'Malley RTM 12.41
M Triple Jump B
 2 Nick Pike RTM 10.88

W 100m A
 3 Charlotte Vaughan RTM 13.2
W 100m B
 3 Rebecca White RTM 13.6
W 200m A
 3 Charlotte Vaughan RTM 26.9
W 200m B
 2 Rebecca White RTM 27.2

W 400m A
 2 Rebecca White RTM 60.3

W 800m A
 3 Natalie Grant RTM 2.22.7
W 800m B
 1 Helen Walker RTM 2.23.4

W 1500m A
 2 Jessica Fawcett RTM 4.51.1

W 3000m A
 1 Jenny Blizard RTM 9.45.9
W 3000m B
 1 Laura Spence RTM 10.32.4

W 100mH A
 5 Claire Lebond RTM 27.6

W Discus Throw A

1 Kelly Pagdin RTM 39.84
W Discus Throw B
 1 Liz Maher RTM 34.32

W Hammer Throw A
 3 Helen White RTM 33.25
W Hammer Throw B
 3 Claire Lebond RTM 30.12

W High Jump A
 5 Kim Bateman RTM 1.30
W High Jump B
 4 Liz Maher RTM 1.10

W Javelin Throw A
 1 Kelly Pagdin RTM 38.93
W Javelin Throw B
 2 Claire Lebond RTM 26.02

W Long Jump A
 3 Helen White RTM 4.55
W Long Jump B
 5 Liz Maher RTM 3.93

W Pole Vault A
 2 Jenny Cuthbertson RTM 2.40

W Shot Putt A
 1 Kelly Pagdin RTM 11.05
W Shot Putt B
 1 Liz Maher RTM 9.81

W Triple Jump A
 3 Kim Bateman RTM 9.09
W Triple Jump B
 2 Liz Maher RTM 8.32

W 4x100m Relay
 4 RTM 55.9 1 Helen White 2 Charlotte Vaughan
 3 Kim Bateman 4 Claire Lebond

W 4x400m Relay
 2 RTM 4.13.9 1 Laura Spence 2 Jessica Fawcett
 3 Natalie Grant 4 Helen Walker

M 4x100m Relay
 4 RTM 55.9 1 Sam Thorpe 2 Mark Ward
 3 David Scholey 4 Liam O'Malley

M 4x400m Relay
 1 RTM 3.21.3 1 David Scholey 2 Rhian Hasteley
 3 Mark Ward 4 Mukhtar Mohammed

MATCH RESULT LEAGUE STANDINGS

1 Kingston Upon Hull AC	422	6
2 Rotherham H. & AC	375	5
3 Boston & D. AC	354	4
4 Lincoln Wellington AC	320	3
5 Doncaster AC	308	2
6 Hallamshire Harriers	290	1



Road Relay Shows the Right trend

KINGSTON UPON HULL OPEN TRACK & FIELD
SUNDAY 13TH APRIL 2008.

POS JUN/SEN WOMEN 400 METRESTIME

1 Charlotte Vaughan Rotherham Harriers
61.38

POS JUN/SEN WOMEN MILE TIME

1 Kelly Johnson Wakefield Harriers AC
4:56.81
2 Klachen Cheshire Rotherham Harriers
4:59.67

POS UNDER 17 GIRLS HAMMER DISTANCE

1 Kayleigh Mills Middlesbrough Mandale 44.95
4 Claire Lebond Rotherham Harriers 30.32

POS UNDER 17 LADIES JAVELIN DISTANCE

1 Kelly Bramhalld Doncaster AC 30.64
2 Claire Lebond Rotherham Harriers 26.41

POS JUN/SEN MEN 100 METRESTIME

1 Luke Giblin Kuhac 11.09
6 Sam Thorpe Rotherham Harriers 11.57

POS JUN/SEN MEN 200 METRESTIME

1 Danny McIntosh Hull Achilles 23.03
3 Sam Thorpe Rotherham Harriers 23.25
4 David Scholey Rotherham Harriers 23.43
8 Nathan Buckingham Rotherham Harriers
25.05

POS JUN/SEN MEN 400 METRESTIME

1 David Scholey Rotherham Harriers 50.24
8 Nathan Buckingham Rotherham Harriers
54.30

POS SEN MEN HAMMER DISTANCE

1 Alex Smith Sale Harriers 67.10
5 Ian Cooley Rotherham Harriers 26.72

POS UNDER 17 MEN 100m TIME

1 Adam Parkinson Scunthorpe AC 11.57
6 Jordan Flude Rotherham Harriers 12.23

POS UNDER 17 MEN 200m TIME

1 Adam Collinson York City AC 23.87
2 Jordan Flude Rotherham Harriers 24.06

POS UNDER 17 BOYS HAMMER DISTANCE

1 Tim Williams Gloucester AC 57.01
6 Jordan Flude Rotherham Harriers 17.52

POS UNDER 13 BOYS 80 METRES TIME

1 Matthew Elvidge Kuhac 11.59
5 Bradley Nelson Rotherham Harriers 12.31

POS UNDER 13 BOYS 150 METRESTIME

1 James Needham Kuhac 21.34
6 Bradley Nelson Rotherham Harriers 23.21

POS UNDER 13 BOYS SHOT PUTT DISTANCE

1 Anthony Gillatt Scunthorpe AC 5.94
4 Bradley Nelson Rotherham Harriers 5.52National 12 & 6 stage road relays, 26th April 2008,
Sutton Park.

Excellent results from both teams, produced the best finishing positions for 6 years for both teams.

Mens 12 stage

The mens team finishing 2nd Yorkshire club (actually 3rd team with Leeds A winning the event and Leeds B ahead of us)

Phil Hoole had an excellent run on leg 1 to improve his long leg PB by almost 40 secs. There were good runs from Paul Humphries, Nigel Brookes & David Smith (making his senior relay debut) and consistent times from all runners.

Women's 6 stage

Jenny ran 9th fastest time of the day, and Jess and Natalie both had good runs. Rosie was disappointed with her time, but nevertheless gained 3 places to put the team in a position to challenge for medals. Both Kim and Gill had the unenviable task of holding off the strong runners from the major clubs in the country, both ran well. I am hugely appreciative of them both agreeing to step in at short notice to cover absences caused by illness and injury. It is great to know that you can count on such reliable back-up

The club is now established as a regular qualifier and competitor in this national

	men	men	women	woemn
	Northern	National	Northern	National
2003	14th	X	13	X
2004	16th	X	18	X
2005	16th	Incomplete (8)	Incomplete (1)	35th 2:03:03
2006	9th	55th 4:57:07	Incomplete (1)	Incomplete (3)
2007	23rd	52nd 4:55:19	9th	19th 1:53:55
2008	15th	36th 4:47.48	4th	18th 1:53:07

36 Rotherham Harriers & AC 4:47:48

Philip Hoole (19) 27:13
Howard Darwin (31) 17:46
Glenn James (49) 32:42
Keith Williams (50) 17:46
Paul Humphries (47) 29:30
Nigel Brookes (44) 17:05
Darren Cooney (41) 29:40
David Storey (39) 17:45
Dave Nuttall (38) 31:53
Terry Eastwood (38) 18:11
Peter Mirlrees (38) 30:46
David Smith (36) 17:31

18 Rotherham Harriers & Ac 'A' 1:53:07

Jenny Blizard (3) 16:28
Jessica Fawcett (9) 18:41
Natalie Grant (8) 17:35
Rosie Edwards (5) 17:12
Kim Bateman (16) 21:29
Gillian Taylor (18) 21:42

Full Results

National Road Relay Championship

Men

at Sutton Park, Birmingham on Saturday 26th April 2008

1 Leeds City AC 'A' 4:09:40
2 Notts AC 'A' 4:11:01
3 Belgrave Harriers 4:11:58
4 Newham And Essex Beagles 4:12:16
5 Tipton Harriers 'A' 4:16:02
6 Woodford Green & Essex Ladies 4:16:23
7 Swansea Harriers 4:16:52
8 Bristol & West AC 4:17:39
9 Owls AC 4:18:37
10 Sale Harriers Manchester 4:18:42
11 Birchfield Harriers 4:22:27
12 Wells City Harriers 4:23:34
13 Bedford And County AC 4:23:52
14 Aldershot Farnham & District 'A' 4:24:37
15 Trafford A.C. 4:26:45
16 City Of Norwich A C 4:27:12
17 Salford Harriers 4:28:17
18 Harrow AC 4:28:44
19 Coventry Godiva Harriers 4:30:43
20 Shaftesbury Barnet Harriers 4:30:48
21 Kent AC 4:31:59
22 Cheltenham Harriers 4:33:36
23 Leeds City AC 'B' 4:36:59
24 Notts AC 'B' 4:37:45
25 Derby AC 4:38:1726 Tipton Harriers 'B' 4:39:27
27 Herne Hill Harriers 4:41:12
28 Halesowen A&CC 4:42:13
29 Blackpool Wyre And Fylde AC 4:43:07
30 Garden City Runners 4:44:06
31 Havering Mayesbrook 4:44:33
32 Nene Valley Harriers 4:44:37
33 Telford AC 4:45:30
34 Les Croupiers 4:45:49
35 Sunderland Harriers 4:46:45
36 Brighton And Hove City AC 4:47:07
37 Rotherham Harriers & AC 4:47:48
38 Staffordshire Moorlands AC 4:47:54
39 Heanor Running Club 4:48:18
40 Gateshead Harriers & Athletics 4:48:40
41 Wigan Phoenix 4:51:28
42 Aldershot Farnham & District 'B' 4:53:04
43 E Cheshire H & Tameside AC 4:53:39
44 Mansfield Harriers & AC 4:54:12
45 Birmingham Rowheath AC 4:54:40
46 Bournville Harriers 4:55:23
47 York Acorn Running Club 4:55:36
48 Cirencester AC 4:56:22
49 Long Eaton Running Club 4:58:35
50 Harborough AC 5:01:22
51 Bromsgrove & Redditch 5:05:46
52 Severn AC 5:07:12
53 Hillingdon AC 5:07:2724 Royal Sutton Coldfield 1:56:56
25 Notts Ac 'A' 1:57:08
26 Rugby & Northampton AC 1:57:48
27 Tipton Harriers 1:58:14
28 Sale Harriers Manchester 'A' 1:58:32
29 Bournville Harriers 1:58:52
30 Stockport Harriers 'A' 1:59:11
31 Blackpool Wyre And Fylde 1:59:19
32 Solihull & Small Heath AC 1:59:24
33 Nene Valley Harriers 2:00:02
34 Birchfield Harriers 'B' 2:00:37
35 Harborough Ac 'A' 2:01:35
36 Westbury Harriers 2:03:08
37 Long Eaton Running Club 2:03:21
38 Northbrook AC 2:04:15
39 Mansfield Harriers & Ac 'A' 2:04:22
40 Wallsend Harriers 2:04:49
41 Trafford Athletic Club 'B' 2:06:00
42 Leamington C&ac 2:06:41
43 Staffordshire Moorlands Ac 2:08:11
44 Halesowen A.C.C. 2:11:46
45 Wolverhampton & Bilston 2:12:29
46 Centurion Rc 2:14:40
47 Stockport Harriers 'B' 2:15:11
48 Stourbridge Rc 2:20:26
49 Sparkhill Harriers 2:23:31

Pictured below: David Smith on the anchor stage at the National



RH Ladies Squad at the National Road Relays– Rosie Edwards, Gill Taylor, Jenny Blizard, Jess Fawcett, Natalie Grant, Kim Bateman

Women's

at Sutton Park, Birmingham on Saturday 26th April 2008

1 Aldershot Farnham & Distr 'A' 1:41:48
2 Chester Le Street & District 'A' 1:41:52
3 Winchester & District A.C. 'A' 1:44:45
4 Bristol & West Ac 'A' 1:45:35
5 Charnwood Ac 'A' 1:46:27
6 Birchfield Harriers 'A' 1:46:37
7 Swansea Harriers 1:47:13
8 City Of Norwich A C 1:47:31
9 Salford Harriers 1:48:01
10 Hallamshire Harriers 'A' 1:48:44
11 Cardiff A.A.C. 1:49:10
12 Arena 80 AC 1:49:50
13 Bristol & West Ac 'B' 1:50:40
14 Woodford Green & Essex Ladies 1:51:20
15 Coventry Godiva Harriers 'A' 1:51:49
16 Telford Ac 1:52:06
17 Trafford Athletic Club 'A' 1:52:32
18 Rotherham Harriers & Ac 'A' 1:53:07
19 Serpentine 1:53:10
20 Southampton Rc 1:53:57
21 Chester Le Street & District 'B' 1:54:18
22 Scunthorpe & District 1:56:21
23 Wigan Phoenix 1:56:33

The Sid Scoop Report

Northern 12 & 6 Stage Road Relay Championships Catterick Garrison 6 April 2008

6 Stage Womens Championship

Car

On arrival at the venue 15 mins before the start, there was one question to be answered. Why was I behind lead off girl Rosie Edwards in the car parking queue? Meanwhile, Team Manager Steve Gaines was sprinting in all directions, desperately looking for individuals to distribute the latest instructions. Minutes before the start, he was seen slinging a noose over a strategically placed branch, while Pete Neal confirmed everything was under control.

In past years we have struggled to find a full complement for this event, but this year we were endowed with two quality teams. The A team contained 3 Internationals but was minus Klachen Cheshire who was supposed to be attending "On Camp With Kelly." Later in the day I was surprised to see the Olympic Champion participating in the Olympic Torch procession on TV while the camp attendees were apparently engrossed watching Home Alone 3.

After a thrilling performance in the National 4 Stage Relay last October, we were in theory, genuine medal contenders. Now was the time to put the theory into practice. Following a rapid reshuffle of personnel, Jess Fawcett got the show on the road for the A Team opening with a wonderful 19m 05s effort for 20th place. At the finish Jess was reported to be a little disappointed with her performance, but the quality of her run demonstrates that at this level, leg 1 is a very deep end to get thrown in. Joanna Walker's impressive 18.38 on leg 2 gained us 2 places & a further 12 places were wiped out as Rosie Edwards clocked an amazing 17.00. Jenny Blizard managed an awesome 16.53 to put us on the bottom step of the podium while Jade Allen endured blizzard conditions to finish in a tremendous 18.18, but we were now down to 4th. On the final leg, Natalie Grant was presented with the unenviable task of making up a 12secs deficit over former Harrier Julie Briscoe & despite a brilliant 17.47 we remained in 4th position.

Train

The final scores on the doors revealed that we were just 56secs away from the bronze medal position while a further 2secs improvement would have converted that to silver. Nevertheless it was an outstanding team performance & is our best result ever in this event. And with 3 weeks more to train for the National

While the A Team were battling for the medals, our intrepid B Team were also having an exceptional day. Led off by the experienced Philippa James who clocked a stunning 20.18, there was excellent back up from Helen Walker 21.30, Paula Fisher 21.13, Kellie Demsey 20.40 & Kim Bateman 21.06. Unfortunately Kim finished so fast that final leg runner Gill Taylor missed the changeover & was credited with a time 4m 58s slower than her actual 21.47. Overall the team finished in a remarkable 25th place which unofficially was really 22nd. Well done girls.

12 Stage Mens Championship

With 12 men fine & true reporting early for duty, this alleviated the later potential problem of trying to locate a white tent in the snowy conditions. Furthermore, Team Manager Steve Gaines did not have the usual worry about having to decide when to consume his sandwiches. Mark Ruddleston surprisingly volunteered to run a long leg & then revealed that this was to ensure his performance could not be directly compared to our leading ladies efforts.

The mens area of the team tent resembled the back stage of London Fashion Week. While our tough ladies teams opted for the spring collection of aerodynamic lycra belly tops, our boys were attired in an array of thermal vests, gloves, hats & scarves. Only the top 25 teams were assured of qualifying for the National 12 Stage at Sutton Park on 26 April, so the Team Managers instructions were simple, finish in the top 25 or else.

Coach

Paul Humphries opened proceedings with a magnificent 30.55 effort which placed us nicely in 29th. Supervet Keith Williams' admirable 18.11 saw us down to 40th while Glenn James' superb 17.36 started the momentum in the right direction, gaining 1 place. Mark enjoyed the best of the conditions on the long 4th leg & he clocked a sparkling 31.49 gaining 4 places. Coach Shaw wasn't so lucky on leg 5 as the snow began to fall, but he still managed a marvellous 17.29, our fastest short leg of the day, while Pete Neal's fabulous 17.39 gained 3 places which saw us reach the halfway stage in 31st place.

Phil Hoole got the 2nd half underway with an astounding 29.14 which propelled us into 26th place & prompted Steve Gaines to phone the travel agents to book a plot with a finishing line view for the team tent at Sutton Park. Nigel Brookes edged us into the top 25 enduring an arctic storm to clock a fantastic 17.49 & Dave Nuttall did the business on the next leg taking us up to 23rd with an incredible 17.36. On the final long leg Darren Cooney blasted out a sterling 31.36 as 7 places were eclipsed. Pete Mirrlees on the penultimate leg produced an exceptional 17.30 to maintain 16th place & Dave Storey brought the team home shattering the 18mins barrier with a majestic 17.57 for a final finishing position of 15th. Job done.

Congratulations to the boys on a quality team performance with only 42 secs separating the 8 short leg runners. Afterwards, a relaxed Team Manager Steve Gaines said, "I enjoyed my sandwiches immensely."

Sid Scoop

I understand through the grapevine that Dave Storey thought my comments re Ian Hindley in last months issue were not nice. I have since found out Ian suffers from that rare condition of Alzheimers Bulimia in which he stuffs his face and then forgets to I apologise unreservedly.

Sid

THE WORD ON THE STREET with Billy Beef

The most memorable name to compete at the recent World Cross Country Championships at Edinburgh was that of the Seychelles athlete Gaylord Silly. For the record, Gaylord finished 163rd out of the 166 finishers. At the Championships, Scottish Schools "adopted a nation," I think we should adopt Gaylord. Has anyone else got any other Silly ideas?

Former World Snooker Champion Ronnie O'Sullivan, who holds the record for a 147 clearance, recently competed in the Southern Cross Country Championships. He finished in a creditable 418th place out of the 832 finishers. What's your highest break?

My tip of the month is to always visit the opticians regularly to get your eyes tested, so that you don't miss changeovers at relays for example. Please check out my latest Coaching Video available on You Tube, by entering "Antelope Hits Tree" in the search, which emphasizes the dangers of not heeding this advice.

3 easy anagrams, £100 prize to the first correct entry received which identifies the 3 Harriers below. For those of a non-competitive nature the answers are at the bottom right of the page:

Roll 'til gay Hi, loo help Leaner wheel

Northern Athletics Road Relays - Men's 12 Stage Men's 12 Stage -- Team Results -- Final

- 1 Leeds City Athletic Club 'A' 3:57:08
- 2 Liverpool Harriers & AC 'A' 4:01:38
- 3 Trafford Athletic Club 'A' 4:02:35
- 4 Sale Harriers Manchester 'A' 4:03:23
- 5 Bingley Harriers & AC 4:03:39
- 6 Morpeth Harriers & AC 'A' 4:05:26
- 7 Sunderland Harriers & AC 4:09:50
- 8 Blackpool Wyre & Fylde 'A' 4:13:04
- 9 Derby AC 4:14:43
- 10 Blackburn Harriers & AC 'A' 4:15:21
- 11 Leeds City Athletic Club 'B' 4:18:59
- 12 Altrincham & District AC 4:20:41
- 13 Keighley & Craven AC 4:24:41
- 14 Heanor Running Club 4:25:12
- 15 Rotherham Harriers & AC 4:25:21
- 16 East Hull Harriers & AC 4:25:25
- 17 Kingston Upon Hull A C 4:26:26
- 18 Wigan Phoenix 4:26:45
- 19 Gateshead Harriers & AC 'A' 4:27:12
- 20 E Cheshire H & Tameside AC 4:27:35
- 21 North Shields Poly Club 'A' 4:29:04
- 22 Holmfirth Harriers 4:29:30
- 23 Lancaster And Morecambe AC 4:30:07
- 24 York Acorn Running Club 4:32:03
- 25 Richmond & Zetland Harriers 4:32:28
- 26 Leigh Harriers & AC 4:33:00
- 27 Chester Le Street & Dist AC 4:36:35
- 28 North York Moors AC 4:37:13
- 29 St Helens Sutton AC 4:37:37
- 30 Ilkley Harriers 4:39:48
- 31 Clayton Le Moors Harriers 4:40:00
- 32 Low Fell RC 'A' 4:40:45
- 33 Barrow & Furness Striders AC 4:41:00
- 34 Rossendale Harriers & AC 4:42:28
- 35 Elswick Harriers 4:44:26
- 36 Beverley AC 4:45:48
- 37 Wallsend Harriers 4:46:06
- 38 Wesham Road Runners & AC 4:50:03
- 39 Wakefield District H & AC 4:54:47
- 40 Sheffield Running Club 4:59:07
- 41 Gateshead Harriers & AC 'B' 5:03:55
- 42 Swaledale Road Runners 5:10:52
- 43 North Shields Poly Club 'B' 5:15:21
- 44 Low Fell RC 'B' 5:26:20

15 15 Rotherham Harriers & AC 4:25:21

- Paul Humphries (29) 30:55
- Keith Williams (40) 18:11
- Glenn James (39) 17:36
- M Ruddleston (35) 31:49
- Peter Shaw (35) 17:29
- Peter Neal (32) 17:39
- Philip Hoole (27) 29:14
- Nigel Brookes (26) 17:49
- David Nuttall (24) 17:36
- Darren Cooney (17) 31:36
- Peter Mirrlees (17) 17:30
- David Storey (16) 17:57



Wome Women's 6Stage -- Team Results -- Final

- 1 Chester Le Street And Distric 'A' 1:44:28
- 2 Wakefield District H & AC 'A' 1:46:43
- 3 Salford Harriers 1:46:45
- 4 Rotherham Harriers & AC 'A' 1:47:41
- 5 Bingley Harriers & Ac 1:48:25
- 6 Hallamshire Harrers Sheffield 'A' 1:49:07
- 7 Leeds City Athletic Club 'A' 1:51:09
- 8 Liverpool Harriers & AC 1:51:22
- 9 Chester Le Street And Distric 'B' 1:53:48
- 10 Trafford Athletic Club 'A' 1:55:35
- 11 Scunthorpe & District 1:57:18
- 12 Wigan Phoenix 1:57:20
- 13 Richmond & Zetland Harriers 1:57:46
- 14 Clayton Le Moors Harriers 1:57:52
- 15 Heanor Running Club 'A' 1:58:08
- 16 Ilkley Harriers 1:58:10
- 17 Sale Harriers Manchester 'A' 1:59:21
- 18 Blackpool Wyre & Fylde 'A' 2:00:03
- 19 Rossendale Harriers & AC 'B' 2:02:16
- 20 Wallsend Harriers 'A' 2:04:03
- 21 Leeds City Athletic Club 'B' 2:05:48
- 22 Hull Achilles 2:08:13
- 23 Swaledale Road Runners 'A' 2:09:29
- 24 Sale Harriers Manchester 'B' 2:10:06
- 25 Rossendale Harriers & AC 'B' 2:11:32
- 26 Stockport Harriers 'A' 2:13:14
- 27 Sheffield Running Club 2:13:49
- 28 St Helens Sutton AC 2:15:09
- 29 Holmfirth Harriers AC 2:15:33
- 30 Doncaster AC 2:19:09
- 31 Swaledale Road Runners 'B' 2:32:56

4 4 Rotherham Harriers & AC 'A' 1:47:41

- J Fawcett (20) 19:05
- Joanna Walker (18) 18:38
- Rosie Edwards (6) 17:00
- Jenny Blizard (3) 16:53
- Jade Allen (4) 18:18
- Natalie Grant (4) 17:47

25 25 Rotherham Harriers & AC 'B' 2:11:32

- Philippa James (30) 20:18
- Helen Walker (28) 21:30
- Paula Fisher (26) 21:13
- Kellie Demsey (21) 20:40
- Kim Bateman (21) 21:06
- Gillian Taylor (25) 26:45



Above: Paul Humphries (shown here winning the Easter Chuckie) is showing continuous improvement and is one of an elite line who have taken on the launch of the 12-stage. No mean arena to test yourself! Left above: Nigel Brookes pictured on stage 7 in the snow. Not a smart day to be out!

DINNINGTON (3)

Road Series Championship

Sheffield Half Marathon

Senior/Junior
 6 David Booth Roth 29:09 (86:32)
 12 Dave Storey Roth 30:01 (89:00)
 48 Neil Shaw Roth 35:09
 Male Vets 40 - 44
 15 Roy Butterworth Roth 40:21
 Male Vets 45 - 49
 13 Kerry Booth Roth 34:20
 Male Vets 50 - 54
 2 John Atkinson Roth 30:05 (90:06)
 4 Terry Eastwood Roth 30:58 (90:59)
 19 Dave Wright Roth 36:10 (107:32)
 Male Vets 55 - 59
 2 Martin Herrington Roth 32:28 (95:36)
 11 Mick Hill Roth 41:18 (120:28)
 12 Malcolm Rhodes Roth 41:40
 Male Vets 60-64
 1 Robert Tintinger Roth 30:33 (90:48)
 2 Terry Hawley Roth 31:05 (92:36)
 3 Malcolm Palfreyman Roth 32:05
 4 Mick Cochrane Roth 32:46 (98:10)
 5 Mick Marsters Roth 33:33
 6 Brian Harney Roth 34:35
 10 Pete Humphries Roth 36:06 (108:02)

I have calculated the positions after 9 races (*) and I am embarrassed to inform you that I am in the lead. Reflecting on the mediocre (at best) racing I have been doing, I can only reflect that there is not a lot going on at this level of racing. Granted that many of you are putting it in in far better-standard competitions.

There again, there is a bit of confusion so possibly Terry already has the lead, as he soon presumably will have.

278 Humphries Peter (7 races)	159 Booth Kerry
275 Eastwood Terry (6 races)	141 Atkinson John
243 Booth David C (5)	137 Tintinger Robert
243 Shaw Neil	131 Asbridge Matthew
224 Rhodes Malcolm S	129 Marsters Michael
222 Hawley Terry	128 Herrington Martin
196 Brookes Nigel	128 Thomas Kevin
192 Nuttall David	124 Cochrane Michael
191 Hill Michael	LADIES
190 Storey David	149 Taylor Gillian
168 Haigh Phillip	100 Fisher Paula

20/05/08

1 Simon Tonui	Learnln	01:05.0
2 Tarus Elly	SalfordH	01:08.5
3 Andrew Thake	HallamH	01:09.4
4 Martin Broadhead	M40/1	HallamH 01:11.3
30 Drew Donaldson	M45/2	RotherH 01:18.5
38 Nigel Brookes	M40/4	RotherH 01:19.5
50 David Nuttall	M45/3	RotherH 01:21.2
61 Tim Drake	M40/6	RotherH 01:22.3
73 David Storey		RotherH 01:23.4
82 Jo Walker	F /3	RotherH 01:24.2
103 Michael Marsters	M55/1	RotherH 01:25.3
151 Matthew Asbridge		RotherH 01:27.3
173 Stephen Rossall		RotherH 01:28.3
242 David Russell		RotherH 01:30.3
359 Roy Butterworth	M40/55	RotherH 01:33.2
429 Gillian Taylor	F50/1	RotherH 01:34.4
440 Richard Campbell	M40/64	RotherH 01:34.5
681 Paddy Lavin	M40/88	RotherH 01:39.0
745 Philip Haigh	M50/21	RotherH 01:39.6
773 Victor Hutchins	M50/24	RotherH 01:40.3
1064 Neil Shaw		RotherH 01:44.1
1156 Dale Philips		RotherH 01:45.2
1263 David Burke	M45/89	RotherH 01:46.2
1269 Wendy-Anne Gibson	F /81	RotherH 01:46.4
1934 Michael McGuckin		RotherH 01:55.0
2143 Malcolm Rhodes	M55/49	RotherH 01:57.3
3425 Stan Bradshaw	M60/31	RotherH 02:27.3
3541 Janet Butterworth	F60/9	RotherH 02:35.2

VET LADIES OVER 45
 6 Sharon Burton Roth 38:27

(*) 1 Xmas Day, 2 Braithwell 5, 3 Wombwell 5, 4 Norton 9, 5 Chuckie, 6 SYRL Hayfield, 7 SYRL Oxspring, 8 Sheff Half, 9 SYRL Dinn
 There are one or two anomalies to iron out eg Xmas Day scoring (how?), non-listed runners etc. Full list to come in June, and on website.
 Treeton results to add (awaited)

Next events: SY Road League 4, Askern 10k

OXSPRING (2)

SENIOR AND JUNIOR MEN
 8 David Booth Roth 28:27
 12 Dave Storey Roth 29:20
 Male Vets 50 - 54
 3 Terry Eastwood Roth 29:52
 4 John Atkinson Roth 29:53
 21 Dave Wright Roth 35:47
 Male Vets 55 - 59
 2 Martin Herrington Roth 31:32
 8 Pete Humphries Roth 36:09
 12 Mick Hill Roth 39:29
 13 Malcolm Rhodes Roth 40:39
 Male Vets 60 +
 1 Robert Tintinger Roth 30:01
 2 Terry Hawley Roth 30:31
 3 Mick Cochrane Roth 32:26



Two top RH supporters: looking likely at this stage to challenge strongly for the road title. David Booth (left) has progressed nicely in the South Yorkshire series with the guidance of Phil Roberts. Terry Eastwood is always prominent in the black vest.

HAYFIELD (1)

SENIOR AND JUNIOR MEN
 7 David Booth Roth 28:56
 11 Glen James Roth 29:16
 14 Dave Storey Roth 29:39
 35 313 Roth 31:30
 55 317 Roth 35:15
 Male Vets 40 - 44
 17 Phil Widdowson Roth 36:59
 Male Vets 45-49
 2 Dave Nuttall Roth 28:49
 14 Kerry Booth Roth 32:34
 Male Vets 50-54
 3 John Atkinson Roth 30:08
 4 Terry Eastwood Roth 30:09
 22 Dave Wright Roth 35:35
 Male Vets 55-59
 2 Martin Herrington Roth 31:36
 5 Ray Howarth Roth 35:21
 11 Mick Hill Roth 39:41
 Male Vets 60 +
 1 Robert Tintinger Roth 30:14
 2 Terry Hawley Roth 31:00
 3 Mick Cochrane Roth 32:58
 4 Brian Harney Roth 34:28
 7 Pete Humphries Roth 35:47

Ulley Last Time Trial
 29/03/2008

1. Terry Eastwood	18:50
2. Nigel Cook	19:29
3. Mathew Asbridge	19:40
4. Dave Wright	22:08
5. Mick Hill	24:19
6. Ron Spensely	27:34

Rother Valley 10k
 Saturday 5th April 2008

1 Ben Bennett	Redhill	33.54
2 Mark Bendall	Horsfth	34.03
3 David Allinson	M40	U/A 35.04
20 Terry Eastwood	M50	RothrhmH 39.07
29 Matthew Asbridge		RothrhmH 39.55
34 Nigel Cook	M45	RothrhmH 40.01
301 Shabawa Ghani	F	RothrhmH 56.44
302 Jenny Horan	F60	RothrhmH 56.48
328 Wendy Whitaker	F55	RothrhmH 58.48
331 Patricia Wells	F60	RothrhmH 59.02
363 Chris Flintham	M45	RothrhmH 61.54
364 Ruth Wildman	F50	RothrhmH 61.54

Men's teams
 2 RothrhmH 83
 Terry Eastwood 20 Matthew Asbridge 29 Nigel Cook 34
 Women's teams
 5 RothrhmH 220
 Shabawa Ghani 69 Jenny Horan 70 Wendy Whitaker 81

Easter Chucky 10Km

30th March 2008

Posn	Name	Club	Time	Category
1	Paul Humphries	RHAC	35:41:00	SM
2	D. Winter	Askern	38:42:00	SM
3	N. Brookes	RHAC	39:00:00	VM
4	G. James	RHAC	39:38:00	SM
5	T. Eastwood	RHAC	40:35:00	VM
6	D. Beech	Steel City	43:04:00	VM
7	D. Allemby	Wombwell.	45:54:00	VM
8	C. Earl	Bannatynes	46:12:00	SM
9	A. Kirk	Doncaster	46:27:00	VM
10	P. James	RHAC	46:32:00	VL
11	S. Formby	Unattached	46:34:00	VM
12	K. Thomas	RHAC	46:48:00	VM
13	P. Haigh	RHAC	47:11:00	VM
14	E. Thomas	RHAC	47:41:00	SL
15	Peter Humphries	RHAC	47:46:00	VM
16	Neil Shaw	RHAC	48:28:00	SM
17	L. Rust	Maltby	48:43:00	SL
18	R. Bint	Bannatynes	49:24:00	SM
19	B. Rusling	Maltby	51:13:00	VL
20	S. Bagley	Bannatynes	51:54:00	VM
21	A. Rowbotham	RHAC	53:27:00	VL
22	M. Hill	RHAC	54:00:00	VM
23	L. Jeffries	Bannatynes	56:58:00	SM
24	F. Earl	Bannatynes	57:29:00	VL
25	J. Ward	Unattached	64:44:00	SL
26	S. Roebuck	Unattached	64:44:00	SL
27	M. Schofield	Unattached	68:50:00	VL
28	G. Olding	Unattached	68:50:00	VL

Rothwell 10k 20/4/08

47 Keith Williams	M55	RH	36:42
456 Malcolm Rhodes	M55	RH	52:37

Wilmslow Half Marathon 2008

1 Gareth Raven	Sale Harriers Manchester	1:06:29
2 Philip Hoole	Rotherham Harriers & AC	1:08:22
3 James Lawler	Bedford And County	1:08:37
4 Thomas Cornthwaite	Blackburn Harriers & AC	1:08:52
5 John McFarlane	Thames H&H	1:09:23
6 Steffan North	Sale Harriers Manchester	1:09:25

We say goodbye to Ulley with this last event. Road conditions have worsened, as they continuously do. A likely replacement is Clifton park, though there are issues to be resolved. Not least, the safety of all-though traffic-free, it is used by pedestrians after all, and cyclists. It may need council permission. There are planned developments in the park after funding has been secured.

But the new track next to Middle Lane makes it a very attractive option, both for a time-trial (2,5k loop) and possible relay venue.

It's not always understood just how much work RHAC and it's volunteers do for local sport- schools in this case!

Rawmarsh School Sport Partnership Cross Country Championship 2008.

The first championships, for years 3 & 4 and 5 & 6 athletes took place at Herringthorpe stadium on Thursday 17th April. The Rawmarsh School Sport Partnership oversees 69 primary, secondary and special schools within Rotherham. All the competitors -representing 32 schools- had already had to qualify by either finishing in the first 10 places, or being the winning schools team in races held earlier this winter. After overnight snow fell in parts of Rotherham, the weather was good - if rather cold - for the 4 races, which involved 371 schools athletes. The runners were underterred by the muddy conditions on the course, and were cheered on by a big group of enthusiastic supporters.

The event was organised by the Rotherham Athletics development group, a partnership between Rotherham Harriers Athletics Club, RMBC Sports & Leisure, and Rotherham Schools. The event was supported by the Herringthorpe Sports Village project. Steve Gaines, secretary of Rotherham Harriers, said "This event, which proved to be popular with the runners and supporters, is an excellent example of how local clubs, schools and the local authority can work together to provide top class competitions for the local young athletes"

The medal winning athletes, and winning teams, in the races were:-

- Year 5 & 6 girls,**
- 1st Sophie Taylor 9:48 St Bedes
- 2nd Sara Reed 10:39 Our Lady & St Josephs
- 3rd Abbie Ocroft 10:45 Brampton Ellis

- Team: Rosehill
- Year 5 & 6 boys**
- 1st Alex Wiles 9:01 Kilnhurst
- 2nd David Tingle 9:07 Whiston Junior
- 3rd Jordan Haigh 9:16 Canklow

- Team: Brampton Ellis
- Year 3 & 4 girls**
- 1st Tara Cooke 7:21 St Bedes
- 2nd Bethany Woolton 7:34 St Mary's Maltby
- 3rd Lucy Goodwin 7:38 Roughwood

- Team: Wath Central
- Year 3 & 4 boys**
- 1st Dane Fox 6:40 Roughwood
- 2nd Ashley Fenton 6:43 Wath CoE
- 3rd Ben Wiles 6:49 Kilnhurst

below: start of the boys 3/4 race

Rotherham Harriers & AC Newsletter

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We are always interested in the views and news of athletes, especially members (old, new, ex- or prospective).

VISIT www.rotherhamharriers.org
www.syc.ca.co.uk

The Hamish McScoop Report

Home Countries International Cross Country Holyrood Park, Edinburgh 29 March 2008

Following some fabulous performances throughout the cross season, Rosie Edwards was selected to represent England in the Home Countries International. This event was first contested in 1903 & has returned to the fixture list for the first time since 1990. Teams consisted of 6 athletes made up of 3 Seniors & 3 Under 20's. At least one Under 20 must be part of the scoring team with £1000 on offer to the winning team. Held over 6km, it used exactly the same 1 small lap & 2 large laps course that the Junior Women would use in the following day's World Junior Championship.



Didn't See You Jimmy

On the start line of the Senior Women's 6k event, there was one question to be answered. Liz McColgan was there, but where was Jim Brogan?

As the race got underway, a select group of 6 began to steadily draw away with Rosie tenuously hanging on the back. The group soon split under the fierce pace being set by Northern Champion Gemma Miles & Rosie was soon in a chasing group of 4 challenging for 5th place. Gaps were appearing in the group as Rosie relentlessly piled on the pressure.

Haggis

Into the final large lap, Rosie was still looking strong. Heading towards the final ascent up Haggis Knowe with 1k to go, she looked as if she was stretching her rivals as she disappeared from view. However, Rosie emerged from behind Haggis Knowe in 7th place, as her Northern Irish & Scottish rivals made their final bid on the downhill swoop to the finish line.

Rosie crossed the line in 7th position stopping the clock at 21m 34s to complete an excellent International debut. With her England colleagues claiming 1st, 2nd & 4th places, Rosie completed the winning team total of 14 points.

Gemma Miles' winning time was 20.30 followed by Bingley's Victoria Wilkinson in 20.47 while Ethiopia's Genzebe Dibaba's winning time in the World Junior Championship was 19.59.



Rosie can be very proud of her performance which demonstrated a remarkable improvement over the last few months. It's just a shame my cousin Sid couldn't be here to witness it, he would have loved it.

Hamish McScoop



publicity from UK Athletics
Latest News... UK Challenge 08 Launched!

UK Challenge 2008 is a nationwide, season long competition with 42 qualifying events from mid May to the series Final in August. It combines successful, quality, existing events with newly created meetings. This series provides a focus for the season for Britain's top club athletes and aspiring internationals and creates a structured pathway.

Athletes compete within the 42 qualifying meetings which form the UK Challenge. A minimum of 4 performances across the series are required by each athlete seeking qualification for the Final. Each performance will be converted into points and ranked. The top 8 athletes with the best scores in each discipline will be invited to the UKC Final on the 9th August.

The Challenge series offers the biggest prize fund ever for a domestic series... also includes weekly, monthly and series long prizes. The Final offers over £30,000 alone.

Using a rich mixture of UK Challenge web pages and innovate rankings stay informed and up to date with your Challenge.

JumpsFest & ThrowsFest 08

This years event will be held on the 28th & 29th June at the Alexander Stadium, Birmingham. This year will see Throws and Jumps on both days of the event with all events being held within the Stadium. Online entry will be available on the UK Athletics website and remember that the event is for all standards of athletes for Seniors and U20.

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E-Inspire - the new monthly online magazine from UK Athletics will be launching in May. With brand new features, interviews, athlete blogs, polls and exclusive offers to E-Inspire subscribers, sign up now to make sure you don't miss out on the first edition. Whether you are an athlete, coach, official, you name it - there will be an E-Inspire for you, with special event related editions throughout the year.

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National Masters Medallists

We are no longer 'vets' but 'masters' now!

Congratulations to Richard Harris (right) who finished 2nd in the male O35 category, and Bob Tintinger who finished 3rd in the male O60 category.

These are excellent results in what is a very high standard event. We also fielded teams in both male O40 and O50 events.

