



South Yorks Road League 1 Dinnington

RH Still Leads the Way

Richard Harris and Dave Tune made a timely return to the sharp end of things last Wednesday to steer RHAC to the lead in the four-match series and while their sights might well be higher, they will be well pleased with progress to date. Phil Hoole was next man home and with four to count from non-vet runners it was good to see the fine support of Dave Storey rewarded as fourth scorer.

Mark Ruddleston won his age group; both he and Nigel Brookes gave themselves a good chance of series success. Nigel was third O-40 and Peter Neal, also 3rd in O-45 joined them to put our three-man team ahead after race 1. Fine runs were to be seen from, amongst others, Jerry Spencer and Derrick Clarke, both benefiting from their extensive London training.

Both men's teams just shaded Doncaster, but with the ladies it was Sheffield Triathlon who were lively, but Jenny Blizard, Janet Hindley and Sue Bellemy were up to the task, Janet winning her age group and Jenny well-placed 2nd.

The response of RHAC runners to this event is very heartening. This is without exaggeration something of a flag-flying event and strength of support all down the field is important, and I do mean all down. Jim Brogan ran out of numbers. Myself I run much nearer the back of the race than formerly, and I can see it all unfolding. The former I do not like much; the latter I like a lot. RHAC counted 41 runners out of the 280 finishers, rivalled only by Doncaster with 34. Admittedly this event is on our own patch, nonetheless it's impressive at a time when grass-roots support is wavering.

The weather was foul, but same for all, and the event well-organised. Thanks to organisers and runners. Hopefully we can say the same through the next few weeks.

On the subject of numbers, I see from back issues that in 1999 we provided just over one fifth of the entry at Dinnington— not too bad a decline to this year. Numbers entering the road league are only slightly down on 1998-9 number; the most significant however is that the drop is almost entirely senior men, by about a third. Ladies' entries are

Back in Town



Dave Tune and Richard Harris: back at the sharp end

actually slightly higher. Competing clubs at Dinnington;

Rotherham	41	Sheffield AC	5
Doncaster & St	34	Kimberworth	5
Steel City	28	Mexboro Pulse	3
Barnsley AC	20	Unknown	2
Penistone FR	20	Killamarsh	2
Sheff Triathlon	20		
Barnsley H	16	Of course, a few clubs	
Askern DistRC	14	(eg HH) are doing very	
Totley AC	14	well on the larger	
Valley Hill	13	stage. Covering big	
One to One	11	events, county, north-	
Hallamshire	10	ern, national and also	
Maltby RC	8	important local events	
Handsworth	7	is a sign a club is all-	
Wombwell	7	round healthy.	

**South Yorkshire Road League.
 second five-mile event
 Sheffield
 (Redmires, Sportsmans Pub)**

**Wednesday 12th May time 7pm
 RHAC narrowly leads all sections
 Let's keep them**

**Directions/lifts needed?
 Give us a ring, perhaps we can help.**

Sheffield Half Results

Top Three:	
1 Erick Kiplagat	Kenya 1:04.50
2 Thomas Abyu	Salford 1:05.05
3 Simon Tonui	Leamnt 1:05.49
RHAC runners.....	
37 Terry Eastwood	1:21.51 (3rd V45)
60 Jonathan Greaves	1:24.12
92 Alan Gregory	1:26.54
97 Neil Shaw	1:27.12
117 Stuart Lake	1:28.19
186 Brian Harney	1:31.22
199 Matthew Asbridge	1:31.38
237 Roy Butterworth	1:32.51
325 John Kirk	1:35.45
927 Malcolm Rhodes	1:49.33
962 Gavin Lait	1:49.58
1388 Claire Lambert	1:58.32
1873 Chris Ledwidge	2:12.35
2272 runners finished.	

British Vets Road Relays

Peter Neal

British Vets Road Relay Championships, Sutton Park, Saturday 22 May 2004

This is the most prestigious event in the vets road running calendar. Teams from around the country come together to compete in a friendly yet highly competitive atmosphere. Those of you who have been to Sutton Park before will know what a 'good day out' this is.

Below is the list of names that have been entered in each category, from which the various teams will be selected.

It would be tremendous if we, Rotherham Harriers, could turn out a team in each event and show everyone what a mature club we are!

Ladies O/55 x 3

Jenny Horan
 Janet Pike
 Irene Reid
 Patricia Wells

Ladies O/45 x 3

Paula Fisher
 Gill Taylor
 Janice Muller
 Christine Mullarkey

Diane Redfearn
 Irene Wright
 Patricia Muller
 June Harney

Ladies O/35 x 3

Sharon Burton
 Hilary Garrison
 Janet Hindley
 Sharon Merrills
 Christine Mullarkey

Adele Morris
 Jacqueline Shannon
 Paula Fisha
 Gill Taylor

Men O/60 x 3

Pete Humphries
 Ted Parkinson
 John Lynch
 Derek Clarke
 Mike Sumption

Ken Ridgway
 Roy Varo
 Alan Bryden
 Dave Weatherburn

Men O/50 x 6

Chris Beighton
 Martin Herrington
 Jerry Spencer
 Jim Brogan
 Ray Howarth

Steve Gaines
 Terry Hawley
 Brian Harney
 Mick Cochrane
 Malcolm Rhodes

Alan Gragory
 Mick Marsters
 Malc Palfreyman
 Peter Morris
 Kevin Thomas

Men O/40 x 8

Nigel Brookes
 Terry Eastwood
 Peter Neal
 Ken O'Mara
 Tony Carroll

John Atkinson
 Peter Elliott
 Mark Ruddleston
 Ian Hindley
 Alan Chell

John Comrie
 Stuart Lake
 Paul Venables
 Phil Smales
 Phil Eddison

Steve Elvidge
 Pete Mirrlees
 Martin Connelly
 Kerry Booth
 Drew Donaldson

Steve Philips
 Ian Newsome
 Peter Purdy

Contact Numbers

For availability or other info phone:

O-40/O-60
 Peter Neal 01709 540555

O-50
 Steve Gaines
 01302 538408

Ladies
 Gill Taylor
 Direct or via the above or
 Via myself 549125 or Bert Norburn

*****Welcome, Welcomen, Ben Venute.....**

The following new members were accepted at the Executive Committee Meeting in April:- Robert Booth (t&f), Thomas Gibbons (t&f), Kyle Hargreaves (t&f), Ellie Mosley (t&f), Laura Sanderson (t&f Road XC), John Morgan Spencer Georgina Spencer Diane Spencer (XC), Beth Louise Trueman (t&f road xc general Fell).

We extend a warm Harriers welcome to them all and wish them an enjoyable athletic career.

*****Subs**

Secretary Bert Norburn has now registered 147 Athletes with the NoEAA, a full list will appear in the kiosk in the very near future. If you are not on it and wish to compete in League Competition and Open events as an attached athlete chances are you haven't YET paid your subs or NoEAA membership. The club has paid out £451 for the Annual Club Subscription and Membership Admin fee. Next month a list of defaulters will be displayed on the notice boards **YOU HAVE BEEN WARNED**

*****South Yorkshire T&F League 18th April Herringthorpe All Age Groups**

After this first fixture we finished in 3rd place with 241 pts behind Wombwell 2nd 267.5pts and Barnsley AC 1st 435pts. 31 athletes bought numbers and competed. There is now plenty of time to buy your numbers for the next fixture at **Herringthorpe on Saturday 22nd May FOR UNDER 15's.**
A copy of the events available is in the kiosk.

*****www.look4leisure.com**

Secretary Bert Norburn has received literature from the above. They offer on line retail on most major sports products with 10% discount if you order on line and quote reference ATH1

*****National Junior League**

Rotherham Harriers young athletes opened their National Junior League Pennine Division Season at the Princess Mary Stadium, Cleckheaton on Sunday 25th April 2004

The Ladies were up against Leeds City AC, Bingley Harriers, Nestle-Rowntree AC (York) and Spenborough & District AC. With Bingley acting as host club this in effect gave 2 teams, Spenborough and Bingley home advantage competing on their local track. The youngsters gained a creditable 4th position team scores as follows:- 1st Leeds City 214 pts, 2nd Bingley Harriers 161 pts, 3rd Nestle Rowntree 152 pts, 4th Rotherham Harriers 140 pts, 5th Spenborough 150 pts.

Individual Harriers performances were as follows:- Shot Putt A 1st Laura Booth 11.95m; B 4th Stacey Lebond 7.42m 800m A 2nd Lyndsay Clarke 2m 20.1s; B 2nd Leanne Gibson 2m 36.8s Long Jump A 4th Helen Banks 4.93m B 4th Leanne Waddington 3.65m Hammer Throw A 4th Louise Phillips 16.22m B 3rd Stacey Lebond 14.00m 100m 3rd Helen Banks 13.55s B 3rd Claire Prescott-Mitchie 14.3s 400m A 5th Leanne Gibson 69.65s B 3rd Laura Edwards 69.1s 3000m A 1st Victoria France 10m 44.7s B 3rd Sarah Barnes 12m 17.8s Javelin A 2nd Louise Phillips 24.79m B 2nd Stacey Lebond 24.19m High Jump A 3rd Helen Banks 1.50m Discus A 3rd Laura Booth 27.18m B Louise Phillips 3rd 17.10m

200m A Stefanie Hewitt 4th 30.0s B Claire Prescott-Mitchie 4th 29.3s
Claire ran through the finish line with an injured hip and having done well to finish took no further part in the competition retiring hurt. 1500m A 1st Leanne Waddington 5m 05.8s.
In the 4 X 100m Relay the ladies came 4th and 2nd place in the 4 X 400m Relay.

The performances of the day were recorded by Victoria France and Leanne Waddington who led from the gun to the tape in the 3000m and 1500m respectively. Victoria was over 35 seconds ahead of the remainder of the field a truly remarkable performance this being her first outing in League competition at this level. In the field Laura Booth was strong in her throws Shot Putt and Discus.

This was a good result in the opening campaign with so many of the team being from the U17's age grouping.

In the Men's competition the Harriers took 3rd Team Place against strong opposition. The team result was as follows:- 1st Leeds City AC 260 pts, 2nd Trafford AC 204 pts, 3rd Rotherham Harriers 188 pts, 4th Bingley Harriers 173 pts, 5th Nestle-Rowntree AC (York) 126 pts, 6th Spenborough & District AC 119 pts.

Individual performances were as follows:- Discus A Robert Fox 4th 21.60m B Liame Tideswell 4th 19.42m 2000m SC A Lea Johnson 5th 7m 54.3s a brave performance having struck one of the barriers at the 1200m mark and finishing with an injured thigh B Tom Brevitt 2nd 7m 19.5s 1500m A Jason Maxfield 3rd 4m 10.6s B Matthew Pollard 3rd 4m 30.3s 200m A David Scholey 4th 23.5s B Craig Hill 5th 25.6s 110m Hurdles A Scott Harwood 3rd 16.8s B Adam Booth 2nd 21.4s Triple Jump A Peter Nelson 3rd 11.29m B Liame Tidewell 2nd 10.28m

Pole Vault A Adam Booth 3rd 2.60m 3000m A Lea Johnson 5th 11m 07.0s 400m A Rhian Hasteley 4th 50.4s B Aaron Codbehere 4th 54.25s Javelin A Liame Tideswell 5th 31.81m 100m A Joe Beighton 6th 12.8s B Lee Harwood 5th 13.0s Shot Putt A Robert Fox 6th 8.44m B Lee Harwood 3rd 7.50m 800m A Martyn Boner 4th 2m 02.4s (a new personal best) B Tom Brevitt 2nd 71.95s 400m Hurdles A Scott Harwood 3rd 63.2s B Adam Booth 2nd 71.9s High Jump A Kyle Hargreaves 1st 1.91m (a new personal best) B Peter Nelson 1st 1.75m Long Jump A David Scholey 3rd 5.39m B Craig Hill 4th 4.92m Hammer Throw A Robert Fox 6th 19.53m 4 X 400m Relay Rotherham 2nd 3m 32.1s 4 X 100m Relay Rotherham 4th 48.2s.

An all round in depth performance to take 3rd team spot thye highlight undoubtedly the A and B top spots in the High Jump for Kyle Hargreaves and Peter Nelson

Both teams now look forward to consolidating these starts with a home fixture coming up at Herringthorpe Stadium on Sunday 23rd May.

*****BRAND NEW TRACK THIS SUMMER ?**

Secretary Bert Norburn is delighted to inform all members that the Rotherham M.B.C. has secured a grant from the Community Athletics Refurbishment Programme for £57,000. Our contact at the Council Robert Oakes is predicting completion in July this year (We do not have any home fixtures during this month)

HOWEVER THIS MEANS THAT IF THE PLAN IS ON SCHEDULE **HERRINGTHORPE STADIUM WILL NOT BE AVAILABLE FOR TRAINING FOR THE WHOLE OF JULY AND POSSIBLY THE 1ST WEEK IN AUGUST!!!!**

*****Young Harriers shine in National Sportshall Finals**

Sunday 18th April 2004 National Indoor Arena, Birmingham, Sportshall National Finals.

6 Athletes traveled to the finals, Helen Banks, Charlotte Vaughan, Laura Edwards and Jade Allen from the Rotherham area team **and all young harri-**

ers, Leah Miller from the Sheffield area team and Rebecca Hickson from Doncaster area team. To say that the competition was tough was an understatement, this was the National Final. 12 Teams were represented from Birmingham, County Donegal, Dorset, Essex, Hampshire, Lancashire, Norfolk, North Wales, North Lanarkshire, South Yorkshire, Surrey and West Yorkshire.

Individual Medal winning performances were as follows:-

Helen Banks Bronze Medal 3rd in the standing long jump 2.44m
Charlotte Vaughan Gold 1st in the Speed Bounce 86 bounces in 30 seconds
Laura Edwards just missed out on an individual medal in the speed bounce with 84 bounces, 4th place.

In the team competitions Charlotte Vaughan and Jade Allen took Silver Medals with = 2nd Place in the 8 Lap Paarlau; Laura Edwards, Rebecca Hickson, Helen Banks and Leah Miller took 3rd Place Bronze Medal in the 4 X 2 Lap Relay.

Every member of the team returned with a medal an excellent performance.

The overall 3rd team place with a winners Podium Place was the best ever position for a South Yorkshire Team in their history of the competition. With 4 of these athletes being eligible for the same age group next year the future looks extremely promising for 2005.

*****Sponsorship Plea**

Neil Proctor an athlete from Hampshire is seeking sponsorship or memorabilia to auction to raise funds for the BLISS the premature baby charity. He is doing a triathlon Any donations to him at C/O Aspects of Fitness, Scrapps Hill Farm, Worting, Basingstoke, Hampshire RG23 8PU E mail proctorsrun@aol.com Phone 01256474494.

5000m Challenge 07/04/2004

1.	Nigel Brookes	17:07
2.	David Storey	17:28
3.	James Shaw	18:03
4.	Steve Gaines	18:11
5.	Terry Eastwood	18:18
6.	Steve Gorrill	19:09
7.	Alan Gregory	19:18
8.	Janet Hindley	19:34
9.	Gill Taylor	21:08
10.	Roy Butterworth	21:09
11.	Phil Smales	21:16
12.	Dave Weatherburn	24:28

Newsletter

Published by Peter Humphries for Rotherham Harriers & AC on the first Wednesday each month.
Contact for news/comment: 01709 549125
peterh@thedoc.fsnet.co.uk

Club Websites:
www.rotherhamharriers.org
www.hmarston.freeserve.co.uk/rhac/index.htm

Always interested in runners views and news.
Old, new, ex- or prospective.
Deadline for copy: first Tuesday each month.

South Yorkshire Road League 1

SENIOR MEN

1	Paul Green	Hallamshire	26:26.00
2	Martin Steeper	Doncaster + S	26:48.00
3	Phil Winkill	Hallamshire	26:52.00
4	Richard Harris	Rotherham	27:03.00
5	Dave Tune	Rotherham	27:08.00
6	Philip Hoole	Rotherham	27:32.00
7	Adam Lowe	Doncaster + S	28:01.00
8	Sylla Boubakar	Doncaster + S	28:21.00
9	Russel Atkinson	Sheffield Triathlon	29:15.00
10	John Guveya	Doncaster + S	29:26.00
11	Dave Storey	Rotherham	29:41.00
12	Simon Gregory	Killmarsh Kestrels	29:46.00
13	Garry Shaw	Doncaster + S	30:01.00
14	Neil Shaw	Rotherham	30:08.00
15	Pete Cassell	Doncaster + S	30:13.00
16	Jonathan Ogle	Handsworth	30:16.00
17	John Greaves	Rotherham	30:18.00
18	Shaun Walker	Barnsley	30:20.00
19	Billy Harris	Penistone Footpath	30:33.00
20	Dave Claxton	Sheffield Triathlon	30:35.00
21	Ron Wheeler	Valley Hill	30:36.00
22	Jesper Kallehaug	City of Sheffield	30:40.00
23	Michael Greer	Steel City	30:58.00
24	Mark Woodhouse	Handsworth	31:00.00
25	Pete Andrews	Doncaster + S	31:00.00
26	Will Bealey	Sheffield Triathlon	31:04.00
27	Mike Jones	Doncaster + S	31:04.00
28	Dave Thompson	One to One	31:08.00
29	Ian O'Brien	Sheffield Triathlon	31:16.00
30	Cieran Murray	Doncaster + S	31:21.00
31	Steve Watson	Sheffield Triathlon	31:26.00
32	Shaun Swallow	Barnsley	31:34.00
33	Mathew Butler	Hallamshire	31:36.00
34	Leigh Haigh	Wombwell S	31:39.00
35	Andy White	Hallamshire	31:43.00
36	Michael Scowcroft	Steel City	31:43.00
37	Andy Rowland	Sheffield Triathlon	31:49.00
38	Russell Beresford	Handsworth	31:53.00
39	Rodger Cusworth	Wombwell S	31:54.00
40	Rob Capewell	Hallamshire	31:58.00
41	Tony Frow	Barnsley	32:03.00
42	Shaun Marsden	Hallamshire	32:09.00
43	Dan O'Grady	Askern District RC	32:11.00
44	Michael Womes	Steel City	32:14.00
45	Mark Hurrell	Barnsley	32:37.00
46	Glyn Guest	One to One	32:46.00
47	Nigel Taylor	Doncaster + S	32:46.00
48	Richard Drury	Killmarsh Kestrels	32:48.00
49	Andy Webster	Barnsley	33:01.00
50	Jeff Clark	Barnsley	33:15.00
51	Paul Rust	Maltby RC	33:27.00
52	P. Tordoff	Askern District RC	33:52.00
53	Mark Wilson	Totley	33:55.00
54	James Hunt	Sheffield Triathlon	34:10.00
55	Stephen Fox	Doncaster + S	34:12.00
56	Alan Warburton	Barnsley	34:15.00
57	James Fulcher	Sheffield Triathlon	34:26.00
58	Mark Dyson	Steel City	34:31.00
59	Michael Hopson	Maltby RC	34:49.00
60	Phil Howson	Steel City	34:55.00
61	Ian Cole	Totley	34:55.00
62	Carl Hulet	Wombwell S	34:57.00
63	Keith Gutteridge	Askern District RC	35:04.00
64	Matthew Fearn	Wombwell S	35:10.00
65	Mick Barber	Maltby RC	35:12.00
66	Colin Marsh	Sheffield Triathlon	35:27.00
67	Roy Butterworth	Rotherham	35:41.00
68	Shaun Hannon	Rotherham	36:46.00
69	Colin Harmon	One to One	36:52.00
70	Rob Fields	Steel City	37:14.00
71	548	Totley	38:38.00
72	Ian Taylor	Doncaster + S	41:45.00

VET MEN OVER 40

1	Mark Ruddleston	Rotherham	28:26.00
2	Dave Brooksbank	Barnsley	28:51.00
3	Nigel Brookes	Rotherham	29:05.00
4	Mark Law	Barnsley	29:37.00
5	Mark Buskwood	Totley	30:16.00
6	Pat Clements	Askern District RC	30:18.00
7	Dave Ansell	Steel City	30:27.00
8	Richard Self	Hallamshire	31:08.00
9	Kerry Booth	Rotherham	31:08.00
10	Steve Evans	Doncaster + S	31:17.00
11	Andy Forsyth	Doncaster + S	32:03.00
12	Tony Vout	Askern District RC	32:05.00
13	M. Gardiner	Askern District RC	32:11.00
14	Graham Terry	Askern District RC	32:23.00
15	Steve Gorrell	Rotherham	32:39.00
16	John Spencer	Rotherham	33:00.00
17	Shaun Clarkson	Barnsley	33:24.00
18	Andy Fowler	One to One	33:28.00
19	Karl Smiles	Kimberworth	34:00.00
20	Ian Wragg	Penistone Footpath	34:09.00
21	Gavin Hamilton	Maltby RC	34:18.00
22	Alan Schofield	Barnsley	34:24.00
23	Mark Berry	Barnsley	35:29.00
24	Ian Hindley	Rotherham	36:05.00
25	Paul Griffiths	Barnsley	36:53.00
26	Dave Drabble	Handsworth	36:57.00
27	Martin Kilburn	One to One	37:16.00
28	Robert Cawkwell	Wombwell S	38:27.00
29	Paul Millward	Penistone Footpath	38:38.00
30	Alan Corish	Rotherham	38:40.00
31	Martin Wilson	Mexborough Pulse	39:23.00
32	Dave Wadkui	Steel City	39:26.00
33	John Kimberley	One to One	40:33.00
34	Gavin Lait	Rotherham	41:17.00
35	Chris Daffern	Valley Hill	41:32.00
36	Chris Oxley	One to One	43:56.00

VET MEN OVER 45

1	Kev Newman	Doncaster + S	28:30.00
2	Graeme Siddal	Steel City	29:27.00
3	Pete Neal	Rotherham	29:55.00
4	Chris Ward	Steel City	30:03.00
5	Colin West	Steel City	30:06.00
6	Steve Storey	Penistone Footpath	30:10.00
7	Alan Chell	Rotherham	30:13.00
8	Terry Eastwood	Rotherham	30:20.00
9	Nigel Kent	City of Sheffield	31:08.00
10	Stuart Woodhead	Penistone Footpath	31:12.00
11	Gary Durham	Maltby RC	31:34.00
12	Stuart Lake	Rotherham	31:41.00
13	Kevin McGrath	Hallamshire	31:43.00
14	Dave Beech	Steel City	31:47.00
15	Pete Oliver	Doncaster + S	32:23.00
16	Neil Rodgers	Doncaster + S	32:26.00
17	Graham Flanagan	Doncaster + S	32:27.00
18	S. Rodgers	Askern District RC	32:48.00
19	Les Morton	City of Sheffield	33:04.00

20	Pete Syan	Barnsley	33:06.00
21	John Kirk	Rotherham	33:10.00
22	Pete Wade	Doncaster + S	33:28.00
23	Steve Buck	Doncaster + S	33:35.00
24	Nick Patrick	Sheffield Triathlon	33:39.00
25	Alan Joyce	Rotherham	33:41.00
26	William Alves	Totley	33:49.00
27	Laurie Parmenter	Sheffield Triathlon	33:56.00
28	Kevin Brennan	Doncaster + S	34:02.00
29	Stan Williams	Askern District RC	34:18.00
30	Steven Womes	Steel City	35:57.00
31	Simon Pugh	Rotherham	36:24.00
32	I. Wilson	Askern District RC	37:05.00
33	Tim Wade	One to One	37:17.00
34	Geoff Dimelow	Penistone Footpath	37:33.00
35	Mick Davies	Doncaster + S	37:57.00
36	Dave Wright	Rotherham	38:10.00
37	Kevin Leak	Barnsley	38:20.00
38	Matt Surgeon	Steel City	39:33.00
39	Mick Brook	Sheffield Triathlon	51:07.00

VET MEN OVER 50

1	Mick Page	Doncaster + S	28:57.00
2	Mike Quinn	City of Sheffield	29:31.00
3	Bob Fringle	Sheffield Triathlon	30:10.00
4	Jim Chisholm	Barnsley	30:27.00
5	Barry Gye	Steel City	30:30.00
6	John Lynch	Mexborough Pulse	30:47.00
7	Alan Gregory	Rotherham	30:54.00
8	Steve Gaines	Rotherham	30:56.00
9	Martin Herrington	Rotherham	31:08.00
10	Richard Borsyewicz	Valley Hill	31:10.00
11	Mick Henderson	Sheffield Triathlon	31:24.00
12	Ray Howarth	Rotherham	31:28.00
13	Kevin Lincoln	Doncaster + S	31:30.00
14	Geoff Hayes	Barnsley	31:56.00
15	Peter Brown	Steel City	32:07.00
16	Kevin Bowkall	Penistone Footpath	32:18.00
17	Bob Innes	Penistone Footpath	32:43.00
18	John Lindley	Steel City	33:26.00
19	Alan Knox	Barnsley	33:33.00
20	Barry Williams	Steel City	33:50.00
21	John Rowe	Barnsley	34:28.00
22	Nick Whittingham	Penistone Footpath	34:37.00
23	Larry Muldowney	Doncaster + S	35:13.00
24	Paul Hetherington	Valley Hill	35:19.00
25	Jim Rust	Maltby RC	35:24.00
26	George Stimpson	Askern District RC	35:34.00
27	Dave Foster	Penistone Footpath	35:55.00
28	Mick Clarkson	Sheffield Triathlon	36:19.00
29	Trevor Bailey	Barnsley	36:52.00
30	Pat McGowan	Askern District RC	37:49.00
31	Martin McLean	Barnsley	37:50.00
32	Malcolm Rhodes	Rotherham	38:30.00
33	Bob Houghton	Maltby RC	42:06.00
34	Alan Burgess	Handsworth	42:13.00

VET MEN OVER 55

1	Robert Tintinger	Mexborough Pulse	30:25.00
2	Jerry Spencer	Rotherham	30:39.00
3	Pete Wakefield	Steel City	31:10.00
4	Simon Wiles	Steel City	32:03.00
5	Brian Harney	Rotherham	32:26.00
6	Mick Cassey	Barnsley	32:44.00
7	Don Gill	Doncaster + S	33:04.00
8	Dave Bennett	Barnsley	33:10.00
9	Rod Scholes	Barnsley	33:38.00
10	Dave Grayson	Doncaster + S	34:15.00
11	Marty Cartwright	Penistone Footpath	34:28.00
12	Dave Needham	Hallamshire	34:31.00
13	Roger Stevenson	Steel City	35:02.00
14	Dave Nichols	Steel City	36:19.00
15	Dennis Beaver	Kimberworth	36:41.00
16	Ian Meade	Barnsley	37:21.00
17	George Thompson	Kimberworth	37:30.00
18	Martin Rhodes	Steel City	37:31.00
19	Alan Walker	Barnsley	37:35.00
20	Harvey Antcliffe	Kimberworth	38:09.00
21	Roger Cook	Kimberworth	39:24.00
22	Steve Ludlow	Steel City	40:31.00
23	Dave Fearn	Wombwell S	41:04.00
24	Ian Randall	Askern District RC	41:43.00
25	Graham Gough	Handsworth	42:17.00
26	Steven Millwood	Penistone Footpath	43:01.00
27	Alan Walker	One to One	47:31.00

VET MEN OVER 60

1	Pete Rowlands	Doncaster + S	31:53.00
2	Mick Hobson	Steel City	32:05.00
3	Robin onley	Doncaster + S	32:53.00
4	John Hewitt	Barnsley	34:01.00
5	Mick Barker	Barnsley	34:52.00
6	Ken Chapman	Kimberworth	36:25.00
7	Ray Brown	Penistone Footpath	37:01.00
8	Derrick Clarke	Rotherham	37:22.00
9	Allan Bamford	City of Sheffield	37:24.00
10	Pete Humphries	Rotherham	38:37.00
11	Roy Varo	Rotherham	39:17.00
12	Ken Dauris	Barnsley	39:41.00
13	Mel Hornby	Valley Hill	39:44.00
14	Dave Weatherburn	Rotherham	42:28.00
15	Jim Adams	Valley Hill	43:25.00
16	Brian Bean	Handsworth	46:47.00
17	Dave Horsfall	Penistone Footpath	50:13.00

SENIOR LADIES

1	Antonia Evans	Sheffield Triathlon	29:44.00
2	Jenny Blizard	Rotherham	30:35.00
3	Joanne Seymour	Hallamshire	32:09.00
4	Beth Massey	Barnsley	33:12.00
5	Sue Bellemy	Rotherham	34:53.00
6	Rebecca Harvey	Doncaster + S	35:19.00

7	Kath Goldthorpe	Penistone Footpath	35:29.00
8	Natalie Milward	Totley	36:09.00
9	Melisa Turner	Sheffield Triathlon	36:12.00
10	Fiona Davies	One to One	36:23.00
11	Lindsay Rust	Maltby RC	37:51.00
12	Kathryn Gregory	Valley Hill	38:26.00
13	Amy Stoddard	Totley	38:45.00
14	Caroline Trosh	Penistone Footpath	38:58.00
15	Zoe Williamson	Valley Hill	39:25.00
16	Emma Slater-Clayton	Doncaster + S	40:04.00
17	Judy Clegg	Totley	40:15.00
18	Rhel Gohar	Valley Hill	40:52.00
19	Helen Jones	Barnsley	41:06.00
20	Sarah Appleby	Askern District RC	41:42.00

VET LADIES OVER 35

1	Janet Hindley	Rotherham	32:29.00
2	Estelle Brown	Sheffield Triathlon	35:29.00
3	Kate Morrell	Steel City	36:31.00
4	Lesley Hardwick	Barnsley	36:50.00
5	Jayne Herbert	Wombwell S	39:06.00
6	Bev Clarke	Barnsley	40:27.00
7	Judith Mallon	Valley Hill	41:27.00
8	Jan Guring	Rotherham	44:01.00

VET LADIES OVER 40

1	Philippa Weir	Totley	33:56.00
2	Annette Ward	Totley	35:08.00
3	Bev Sutton	Valley Hill	37:24.00
4	Michelle Millward	Penistone Footpath	40:05.00
5	Dawn Fletcher	Doncaster + S	40:25.00
6	Carol Parsons	Totley	41:36.00
7	Liz Statham	One to One	47:31.00
8	Katrina Watson	Totley	48:09.00

VET LADIES OVER 45

1	Linda Westlake	Barnsley	34:28.00
2	Marion Harrison	Barnsley	36:22.00
3	Jan Hutton	Totley	36:36.00
4	Kim Blagden	Doncaster + S	37:22.00
5	Chris Lowe	Doncaster + S	38:14.00
6	Fay Hodgkinson	Sheffield Triathlon	38:34.00
7	Jaqui Williams	Steel City	38:52.00
8	Linda Brook	Sheffield Triathlon	51:04.00

VET LADIES OVER 50

1	Mary Picklesy	Steel City	35:18.00
2	Yvonne Twelvetree	Totley	39:00.00
3	Steph Borsyewicz	Valley Hill	39:31.00
4	Susan Horgan	Penistone Footpath	39:53.00
5	Jenny Higham	Rotherham	40:07.00
6	Anne Bennett	Barnsley	41:03.00
7	Jane Foster	Penistone Footpath	44:11.00
8	Pat Wells	Rotherham	45:00.00
9	Pam McLeod		

Running Shorts

****From Dave Haywood**

Club President David Haywood wonders if he has the oldest sporting trophy in Rotherham Given to him several years ago the trophy was awarded for the half hour "go as you please" at the Rotherham exhibition in July 1887.....this pre dates our Challenge Cup competed for each Christmas Day. Although David didnt take part in 1887, he'd fallen off his bike, he does wonder if you know of an older trophy ?

****Middle distance runner Craig Birch** has decided on a change of career, at least for the time being that is, as he jets off to Majorca and some sunshine as a holiday rep. Craig was awarded the most improved athlete trophy in 2002 and we wish him every success in his new challenge.

****The Booth family** were fully involved in our recent club promotion of the South Yorkshire road league at Dinnington. Kerry ran in the race, David was busy handing out the Devil leaflets, Allison took charge of the sweep car whilst Laura ,celebrating her birthday, was busy directing the runners at a junction. Thanks to all the family for their help.

****Reginald Denton**

Henry Marston received an e-mail (below) requesting information and has made some enquiries, but not got a response. If someone has information, and it is passed on to Henry, he will reply.

Dear Mr. Marston,

Firstly, apologies for the unsolicited e-mail, I found it on your website (great site, by the way). The reason for me contacting you is that I'm trying to find any historical data on my grandfather held by Rotherham Harriers - Reginald Denton. I think he was a member of the club sometime during the 1940/50's.

I'm not sure if you can assist with finding this, or if I need to contact someone else directly at the club, but would like to find out a bit of history on his achievements to show to my kids (and of course for my own interest!). We live in Germany at present, so it's not so easy for me to get down to the library or wherever to do the reasearch.

Thanks for taking the time to read this, I hope I haven't intruded too much by writing to you.
Best regards, Chris King.

****RHAC London Results**

PHILIP A. HOOLE	2:51:23
JOHN. ATKINSON	2:55:01
RAYMOND P. HOWARTH	2:58:40
JEREMY H. SPENCER	3:02:09
NEIL M. SHAW	3:05:08
JONATHAN M. GREAVES	3:07:19
PHILIP R. BUTTERWORTH	3:17:02

DERRICK. CLARKE	3:35:39
ADELE C. MORRIS	3:48:42
JENNIFER S. HORAN	3:51:19
MALCOLM S. RHODES	4:10:27
PATRICIA M. WELLS	4:18:26
JOHN J. CLARKE	4:29:37
GAVIN. LAIT	4:55:01

Any others missed out for whatever reason, let me know for later publication.

****Dentdale Run :- From Patricia Muller**
A group of Rotherham Harriers and their partners recently travelled to Dent in Cumbria for the annual 14.7 mile Dentdale Run.

The race features at least 8 substantial climbs, and what goes up must come down, with descents of the knee-crunching variety. The course circumnavigates the periphery of the picturesque village of Dent, bordering the Yorkshire Dales and Lake District, and the views across the valley in the afternoon sunshine worth the testing nature of the course.
A total of 278 completed the course, 6 being Roth-

erham Harriers. First Harrier home was Patricia Muller in 1.52.24 Robert Streets 1.55.22, Jenny Horan 1.59.55, Adele Morris 2.03.37, Patricia Wells 2.15.52, John Clarke 2.16.21. As an added bonus, Patricia Muller won a case of beer in the V45 category, Jenny Horan and Patricia Wells won cases of beer at prizewinners in the V55 category. Needless to say, quite a large amount of beer was consumed by the group on the Saturday evening. The beer was from the local brewery and of the strong real ale variety, the recovery of the runners was rapid.

On the Sunday morning following the race the intrepid (slightly hungover) group climbed Dentdale Fell in appalling weather conditions, so wet that a certain male had to drive home wearing womens' clothes - but that's a story for another time

****I hope to feature some Sports Fitness guidance from Rob Watkinson shortly: diet, training etc. Meanwhile Rob has volunteered the cartoon below (Rob says no disrespect to Joe!!) (Perhaps Joe can't read it, I can't. Ed)**



Picture Quiz



April Picture Quiz

The runners had just started the Penistone 10k, September 1996 by my back issues. You can easily spot on Mark's left Darren Hale (Sheff AC) and Luke Field (U/A) who both became RHAC members. Starting with care a little behind is Paul Venables, followed closely by Phil Smales.

Though Mark took an early lead, he didn't keep it: both him and Paul, who was returning from injury, had good runs but they were undone by the steep downhill near the finish by winner John Pyrah (470). Also making a comeback, with a decent enough performance in the circumstances, was Martin Con-

nolly, recently having joined RH and possibly the mystery fifth from right person. Mark, Paul and Phil took 1st team.

This month's quiz: Who do you know? Two shots of the same event courtesy of Peter Neal from , shall we say, a few years back. Just what is it and when? Who are the RH runners, and who/why the mystery white vests

