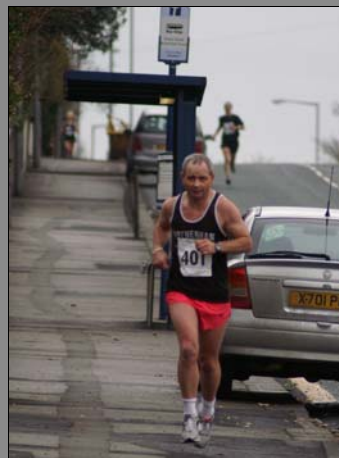




County 1-2-3's don't come every day. Laura Spence, Stef Burns and Robyn Lanceley enjoy the moment (page 4)



Jim Gallacher near the close of the Xmas Day Race; Mark Ruddleston looms in the background. That's how it stayed (page 6)

Herringthorpe Development Plans

WHAT WE REALLY SAID
page 3

EVENT CHANGES

Doncaster Half is OFF
alternative event: **Ackworth Half** if you have time to enter, it will close earlier (Yorks Champs)

Doncaster 5k is ON (July)
Road Series: Page 2



Eddie Kirkup

Peter Wood

I regret to inform members that Eddie Kirkup and Peter Wood, former running colleagues and long-term RH supporters have both recently died. We extend our condolences to family and friends.

Eddie's funeral is at St Helenas Church, High St, Thurnscoe on 18/1 at 12.15

White Stars Prominent in Counties



County Cross Country Championships Sun 06 Jan 08
Steve Gaines reports:

There were some excellent results achieved on Saturday the 5th January, at the various county championship events.

In the Yorkshire event, held at Huddersfield, Stef Burns, Robyn Lanceley and Laura Spence had a clean sweep of the medals in the U17 womens race (this is the 3rd year in succession where RH&AC have won the team prize in this category). Rosie Edwards just missed 3rd place in the senior ladies event, by 1 second. Natalie Grant won the Junior ladies race and John Thewlis finished 4th in the senior men's event.

The best team placings were: Senior women 4th, Under 13 boys 6th & Senior men 8th. (results pages 4 & 5)

There were some excellent results for club athletes in the other county events also:- Klachen Cheshire won the Humberside senior women's race. Emily Fisher won the Derbyshire U15 girls race, and Abbie Vernon was second in the U17 women's race. Codie Marsh won the Nottinghamshire U13 girls race.

That means that 11 club athletes have been selected for the county teams- this is a tremendous achievement. Thanks to all the athletes, parents and supporters for turning out.

photo: Phil Hoole flying at the Yorkshires; Richard Harris is in touch. Richard subsequently took silver O-35 at the Yorkshire Vets

Awards Night a Tribute To All



First of all we should commend the efforts of Steve Gaines in particular, and all his colleagues and helpers and contributors for getting this event together in trying circumstances. International sprinter Emily Freeman, a Wakefield Harrier who lives in Thorpe Hesley very kindly came along to present awards. The task was shared with Steve Gaines (in his XC Secretary's hat) and president Peter Humphries. And thanks indeed to our (anonymous) benefactor.

Seeing all the glittering prizes, I thought it was astonishing just how many prestigious athletes of all ages, coaches, organisers and supporters were there. Of course, in the athletics sense, there were plenty of winners present. All seemed to enjoy a great occasion.

What has consistently struck me however is that with performances such as we have seen again this year, ALL of us are winners. Whilst only a relative few get their hands on trophies, many people contribute.



SUPPORT is far more important than people think. TEAMS matter, NUMBERS matter, PRESENCE matters and CONTINUITY matters.

It applies among athletes. Also in the coaching arena, also in the many levels of organisation and support.

Our winners cannot win without all of us and all our efforts, and the awards evening is a celebration of what we have all achieved.

Thanks to Nigel Brookes for photos:
above: guest of honour Emily Freeman receives flowers from Olivia Neal
below: gold service award winners included Ralph Rowbotham, Peter Moore, Peter Neal, Mary Rhodes, Ian Cooley, Jim Brogan, Dave Johnson, Malcolm Whitaker, Jim Guite, Liz Guite, Peter Humphries

Secretary's Update Steve Gaines

2008 subs are now due.

Remember that the AGM approved the recommended review of subscription payments, and this means that any subs not paid by the 31st March will increase by £5. 2008 subs are £25 for seniors and £15 for Juniors/ full time education attenders. If you had a family membership last year see me for a quotation for this years subs.

New Members

The committee meeting on 3rd Jan approved the application from Daniel Brooks (12) Cross Country, (proposed by Dave Johnson) and from Nathalie Flintham (12) Welcome

Competition Review

I'm not sure how much our members know of this review - being conducted by UK Athletics. We have been asked to submit our club response, to UKA by 31st March, on the age group change proposals.

There are 2 options:-
Age groups as follows:-

A

- U20:— U20 & O18 on 31st Dec in Competition year
- U18:— U18 & O16 on 31st Dec in Competition year
- U16:— Aged 14 or 15 on 31st Aug at end of competition year
- U14:— Aged 12 or 13 on 31st Aug at end of competition year
- U12:— Aged 11 or 11 on 31st Aug at end of competition year

B

- U20:— U20 & O18 on 31st Dec in Competition year
- U18:— U18 & O16 on 31st Dec in Competition year
- U16:— Aged 14 or 15 on 31st Dec in Competition year
- U14:— Aged 12 or 13 on 31st Dec in Competition year
- U12:— Aged 10 or 11 on 31st Dec in Competition year

If you have any views on either of these options, or on any aspect of the proposals let me know them and I will ensure our response covers these.

Ulley Time Trial

24/11/2007

- | | |
|--------------------|-------|
| 1. Richard Harris | 15:47 |
| 2. Philip Hoole | 15:53 |
| 3. Mark Ruddleston | 17:45 |
| 4. Dave Nuttall | 17:57 |
| 5. Dave Storey | 18:45 |
| 6. David Booth | 19:22 |
| 7. Mathew Asbridge | 19:35 |
| 8. Steve Gorrill | 19:37 |
| 9. Phil Smales | 21:50 |
| 10. Gill Taylor | 22:14 |
| 11. Derrick Clarke | 25:57 |

29/12/2007

- | | |
|------------------------|-------|
| 1. Sam Ellis* | 16:47 |
| 2. Joe Gavelle | 16:55 |
| 3. Mark Ruddleston | 17:11 |
| 4. Mark Ward | 17:51 |
| 5. Ollie Child* | 19:12 |
| 6. Tom Harrison* | 20:07 |
| 7. Steve Gorrill | 20:19 |
| 8. Mathew Asbridge | 21:04 |
| 9. Paul Campbell | 21:13 |
| 10. Phil Smales | 22:33 |
| 10. Gill Taylor | 22:33 |
| 12. Lydia Chamberlain* | 27:16 |

* guest runner

Ulley continues to be a good event but bafflingly does not attract a big turnout. Do we need a change of course? Or a change of time?

Miscellany

Peter Humphries

Event reports The festive season events have again been well supported, and with some good performances; Klachen Cheshire won the senior ladies race at the Sheffield Open Cross country event, in Graves Park on the 29th Dec. Nicholas Myers, Jordan Small, Megan Bailey, Sophie Kirby, Hayley Flintham, Natalie Flintham & Abigail Dunstan all ran in the U13 events Nigel Brookes won the 5 mile race from Worksop college. In the Cleethorpes 10k on New Years Day, Dave Nuttall finished 11th (3rd V45) with 36:23, and Klachen finished 3rd in the womens race with 36:38

London Marathon Entries Drawn after the Xmas day race, the successful applicants for club places were: Roy Butterworth, John Clarke, Luke Brady, and Sue Bellamy. Reserves in order: Phil Haigh, Debbie Mason, Pete Shaw
Entries have now been passed on; all were accepted.

The club annual walk on 28th December took in the villages of South Anston, Thorpe Salvin, Harthill, Wales and Todwick with a social hour at the Loyal Trooper. Organised by Dave Haywood and Kerry Booth and family; many thanks for an enjoyable day which just got away with the weather.

It makes life very difficult for series planners when fixtures are announced late, arbitrarily, erroneously etc. Hence the numerous fixtures lists in flyers and newsletters always have to be regarded with caution. The particular case which prompts this comment is that the **Doncaster Half Marathon is now OFF**. The unannounced 5k however is ON, and should be on its 'traditional' date in July. Clearly there have been organisational problems perhaps on various levels: fitting into a fixture framework isn't easy and big road events don't necessarily get official cooperation. But there is a South Yorkshire fixture meeting in November and that surely is the time to get dates sorted.

Doncaster Half was planned to go ahead on the same date as the Ackworth Half, which is the Yorkshire Championship on March 16th. The **RHAC Club Road Series** has replaced Doncaster by the **Ackworth** event. It is open to late entries and entries on the day according to the entry form but closes on 1st March for programme and championship purposes. They have not stated any limit. £13 for registered runners.

The Sheffield Lord Mayor's 10k is also on March 16th which means that our own local race, the Bassingthorpe Spring 6 at Wingfield, is in splendid isolation on March 9th. More about this later, but I hope that our recent improvement all-round in turning out at events locally will continue. It is the third of the series of 9 that we have with Maltby and Kimberworth. Bassingthorpe is a two-lap trail race using footpaths, bridle paths, and grass and woodland at Fenton Road ('Spring' is an old name for a wood). There will be a one-lap event for newcomers, juniors etc. Don't forget that each of these races has its own individual prize list, but we have series prizes in all likely categories: we will take your best 7 performances for the awards, if no-one does 7 we will take six and so on. **PLEASE PUT MARCH 9 IN YOUR DIARY**

You may have seen some of the flyers we have been producing at the club. These are folded A4 sheets with general information and relating to particular interests. Already issued are 'Competing for Your Club', 'Club Membership', 'Cross-country and General Fixtures' (now lapsed), 'KMR Series and General Fixtures' (new edition next week), 'Road Series and General Fixtures' (current), 'Trail, Fell and Orienteering' (due next week), 'Dark Night Running Routes' (due next week). They are worth getting for the particular interest of course, but also worth picking up because each one tends to update and correct general fixture lists as changes are announced.

As soon as I have finished this edition, I will be updating the events database on line. By Friday therefore you might check your record to ensure I have made no errors, and tell me where I have! Username for entry is ***** and password is ***** . This is to help protect your 'personal data' [on-line readers phone/email for detail].

I said last month Kerry Booth was first RHAC finisher in the Round Rotherham. Alison pointed out the error straight away and I was able to correct it in the on-line version but too late for the paper edition. This was done under pressure of deadlines and I apologise to **Bill Watson**, who finished 12th in 8.08.45, some 30 minutes in front of Kerry. Further errors accounted for the lack of ladies in some road results, caused by event organisers messing up their club detail but compounded by my not noticing. //continues page 3

Fixtures: January 2008 to March

January			
Sat 19 Jan 08	Ulley Time Trial 4	open	11:00 AM
Sat 19 Jan 08	Northern Combined Ev	open	Indoor EIS Sheffield also 20th
Sun 20 Jan 08	Four Villages Half	open	Closed
Sun 20 Jan 08	Brass Monkey Half	open	York Race closed
Sat 26 Jan 08	Northern Championships	club teams	Leeds
Sun 27 Jan 08	Ferriby 10	open	01482 353647
Sun 27 Jan 08	Northern U15/U17 Comb Ev	open	Indoor EIS Sheffield
Sun 27 Jan 08	Tigger Tor	open	Totley AC
Sun 27 Jan 08	Meltham 10k	open	nr Huddersfield
February			
Sat 02 Feb 08	BUSA Championships	areas	Wales
Sat 02 Feb 08	South Yorks Schools XC	areas	
Sun 03 Feb 08	Alsager 5	open	
Sat 09 Feb 08	UKA Combined Ev	open	Indoor EIS Sheffield also 10th
Sat 16 Feb 08	Ulley Time Trial 5	RH,guests	11:00 AM
Sun 17 Feb 08	Wombwell 5	open	01226 754865. wombwellsac.co.uk £7
Sun 17 Feb 08	Cleethorpes beach XC	open	All ages, 1st race 11:00 (U11). Close 6/2
Sat 23 Feb 08	National Championships	club teams	Alton Towers
Sat 23 Feb 08	National U20/17/15 Indoor	open	NIA
Sun 24 Feb 08	Snake Lane 10	open	Race closed
March			
Sun 02 Mar 08	Norton 9	open	Nr Askern 01302 701486
Sun 02 Mar 08	Dave Cartwright Mem Race	open	Hartcliffe Hill Penistone
Sat 08 Mar 08	English Schools	areas	Sefton Park
Sat 08 Mar 08	Nat/North Combined Ev	open	Sheffield EIS also 9th
Sun 09 Mar 08	Bassingthorpe Spring	open	6m Plough Roughwood Rd Wingfield 11am
Sat 15 Mar 08	UK Inter-counties /UKX fin	areas	inc UK Cross final Nottingham
Sun 16 Mar 08	Doncaster Half	open	CANCELLED
Sun 16 Mar 08	BUSA Indoor Champs	open	Sheffield EIS
Sun 16 Mar 08	Sport Relief 1 mile runs	open	Sheffield Rotherham Doncaster
Sun 16 Mar 08	Ackworth Half Marathon	open	Yorks Champs
Sun 16 Mar 08	Spen 20	open	Spenborough
Sat 29 Mar 08	Ulley Time Trial 6	RH,guests	11 am Last
Sun 30 Mar 08	City of Lincoln 10k	open	
Sun 30 Mar 08	Easter Chucky 10k & Fun run	open	Wath Cricket Club, Revised course
Sun 30 Mar 08	Wilmslow Half Marathon	open	
Mon 31 Mar 08	Trunce	open	Oxspring

Herringthorpe: Where We Stand

"Harriers Welcome Herringthorpe Plans" was the back-page headline of the Advertiser on December 14th. Quite true, but it all depends on what you mean by "Herringthorpe" and what you mean by "Plans".

Club members cannot fail to have noticed that a minor storm has taken place around the proposed development of facilities at Herringthorpe, and of course there is every chance of it's erupting again and deepening. What we have said in public on the club's behalf has been accurately reported except for the unfortunate fact that the Advertiser failed to print a crucial paragraph from the middle of our response. It might help if you knew the train of events, the facts in so far as we know or understand them, and the actual position of Rotherham Harriers & AC in this situation.

All the information relevant was passed on to us by the Rotherham Advertiser on December 12th. To briefly summarise: development planners and chiefs at Rotherham MBC were proposing that the Leisure Centre (due to be closed November 2008) site and the site to rear of the (demolished) Old Pavilion would be sold off for housing development, and the revenue so raised would provide for developments at Herringthorpe. Facilities specifically mentioned include: athletics stadium grandstand, changing, showers and toilets, indoor warm-up track, first-aid, physiotherapy and club rooms, secure storage.... (and others more relevant to football). As President I was asked for a response, which I duly made via and with other club officials, with our secretary ultimately passing on the text (see panel)

We are aware that there is strong local objection to private development of any land at Herringthorpe, and we understand it. At least some individual members at RHAC have similarly strong views. However, the only remit we have as a club is to organise and plan for the practice of athletics in Rotherham. For an athletics club to welcome athletics development is hardly news.

RHAC has no political affiliation or leaning nor does it have any environmental ones, though individual members of course have their own (wide-ranging) views. Therefore we are adamantly neutral in the dispute between pressure groups, the Advertiser, and Rotherham MBC as to whether RMBC has been deliberate in its linking of us with "development" or whether our club is a "political football".

We are disappointed that the Advertiser did not print our comments verbatim, but accept that it could be accidental. Consequent worry was that the reading public of Rotherham might associate RHAC with enthusiasm for leisure facility sell-off, but scrutiny of editions since then indicates not, though RMBC has been criticised.

Our concerns as a club are more deeply founded and relate to the future of the club and the sport in Rotherham. As they should do. It perhaps won't happen tomorrow, but it appear sooner or later there will be greatly improved facilities. They will quite possibly cost more to users and club officials are concerned that costs can be met. Similar problems are causing difficulties for the emergent Doncaster club. Rotherham Harriers urgently needs the means to secure its future, as tenure of the stadium. Improved facilities at Herringthorpe will be useless to the people of Rotherham if there is no club there to exploit them. More especially a far-sighted hard-working and successful club like RHAC.

Several years ago stadium development plans were endlessly discussed but made no allowance whatever for club facilities. Do the present ones? Club facilities are the major means whereby a club like us can raise revenue. Our queries formerly were stymied by the "covenant" on Herringthorpe but now RMBC is saying there is no such covenant. We continue to try our best, by meetings, by our own newsletter (which it is planned may be expanded into the community) and website. But what we need crucially is for our local newspaper, and elected council to fully understand our position, and the implications of all this for the future of the club and the future of hundreds of young people in our area and wider.

The Full, Accurate Response of Rotherham Harriers & AC

Peter Humphries, Club President said; "The Club and Committee welcome the announcement of the Herringthorpe Track and Playing fields development. We believe that the town deserves a top flight athletics club. For that to happen, we need improved training, spectator and club facilities & accommodation.

The club has, for many years, provided a sporting outlet for young and old and has achieved things that the town and people of Rotherham can be proud of - at both local and national level. We have done so in conditions which often frankly have been very poor, even in regard of basic provision.

We have consistently sought to work together with RMBC to improve matters, and I feel sure that my colleagues at the club will be enormously encouraged that the council has a vision to put modern facilities at the disposal of the club and young people of Rotherham.

We acknowledge that such facilities cost. The issue that the current site needs to be developed to provide the funding, is not a matter for the club, so much as a general one for RMBC and the people of Rotherham".

Steve Gaines, club secretary, added " These proposed facilities will help the club to continue to grow and be successful. We are lucky to have an excellent partnership with RMBC and the local schools at many levels. We will want to work with the local authority to understand what this means in terms of time-scales and costs for the club, and how we might be able to help.

This is great news, and will deliver the facilities we need to attract more people into athletics, to enjoy their athletics, to enable them to train and prepare for competition at the highest level, and to bring further success for club and area"

Miscellany

continued from p 2

There will probably be some changes to 'Rotherham Runner' before long. One reason is the great difficulty of producing it in the time available- it takes at least two (likely three) full working days of 12 hours plus. You might be surprised to hear that the most time-consuming aspect is the photos. These are generously and copiously supplied by members- particularly Steve Gaines, Alison Fawcett, Ian Hindley and Nigel Brookes. The time is spent in finding and selecting, trying to ensure fairness to all club members in presentation, and mainly in setting up. They generally have to be cropped and computer-treated before printing. This month's paper has only taken two days as there are fewer photos in it.

The main reason for change however is that we need to expand our 'business' into public areas where our activities and message can be delivered to the general public, particularly to schools, libraries and local government. We are therefore examining the costs etc of producing the usual 11 or 12 newsletters per year of which some months will be like this month's but with special editions in, say, January, April and September which will carry our information as at present but with much more general interest for non-club members on athletics and its place in the borough.

We are going to look again at the idea of meeting on occasions other than Monday and Wednesday for training/enjoyment runs. Probably Tuesday or Thursday as soon as there is enough light to run in early evening then have an (optional) social hour. Not at Herringthorpe but at different venues organised in turn by different members. All it would require is for someone to plan a route of say 6 or 7 miles somewhere interesting (close to where they live if desired) then fit into the timetable. Completely flexible as to who turns up or how many. Suggestions welcome for a start in, say, April.

There is every chance of a town-centre race this year (or maybe next) as council officials are interested and preliminary sketches have been made of possibilities. Pete H and Steve G are meeting with appropriate people this month (as part of Steve's ongoing liaison with athletics planning and development groups). There is scope easily for a non-disruptive 5k route of two laps, but it all depends on what RMBC wants and will support.

Photos right show Road Series Champion Drew Donaldson receiving the award from the president and below are Kelly Pagdin and Stacey Lebond who received Special Awards for their National top 20 field event performances (Power of 10 tables)



5 January 2008, Fartown

YORKSHIRE CROSS COUNTRY CHAMPIONSHIPS

THE SID SCOOP REPORT

Blowing In The Wind

Pete Neal & Jim Brogan were snuggled up together when Pete whispered, "See that cloud, it's a cirrocumulus. Do you know what that means?" "No" said Jim, "what is the meteorological significance of that?" Suddenly Pete screamed "quick the tent has blown away."

The Under 17 Ladies were the hottest favourites since Mark Ruddleston was labelled with a similar tag at the Christmas Handicap. Their preparation was nothing short of meticulous which was typified by Stef Burns wearing one glove. "I've seen the weather forecast" she said "& it could be warm but on the other hand it might be cold." As the race got underway, it wasn't just the team tent that got blown away as Stef, Robyn Lanceley & Laura Spence blew apart the opposition with a hurricane like blast. It was quickly evident that we were going to witness something special as the trio relentlessly piled on the pressure at the front to open up an unassailable lead. Stef led all the way to stop the clock in 18m 17s followed by Robyn 1m 10s later & Laura who was a further 11s back. Jemma Creaghan completed the line up finishing in 28th place in 24m 21s. Needless to say, the team total of 6 points was going to take some beating and barring some catastrophic mathematical miscalculation the team title was ours. Hopefully the girls can stay injury & illness free for the rest of this season & go on to further success at Northern & National Level. If there is a team of the year award at next years Annual Prize Presentation, don't be surprised if this performance is it.

The Times They Are A Changin

The stage was set now for the Senior Ladies to emulate such an amazing feat. With a wealth of talent on show that was nearly as wealthy as Steve Gaines, this was a golden opportunity to secure our first team title since the year 2000 - statto attack no 1. Inspired by the tactics of our Under 17 Ladies, Andrea Woodvine (Aldershot) and Julia Russell (Hallamshire) immediately went on the offensive with Jenny Blizard, Rosie Edwards & Natalie Grant all being nicely placed at the head of a select chasing group. At around half distance, Jenny was in 2nd place approximately 25m behind the leader & appeared to be perfectly poised while Rosie & Natalie were still in contention for individual medals. On the 2nd ascent of the hill, Jenny's challenge came to an abrupt halt as did our team aspirations.

Rosie battled on with a quick quartet who were to fight for the bronze medal in the finishing straight. Last years silver medalist Becky Penty got the verdict, edging Rosie into 4th place by just 1s. Natalie was trailing Julie Briscoe, (nee O'Mara) who led our winning team in 2000, into the final few metres, but managed to put in a big finish to claim 7th place which was good enough to win the Junior Ladies title by a huge margin of 1m 53s. Now we were looking for our 3rd team counter Jess Fawcett who finished in 33rd place & 4th Junior just 46s away from a podium position. Birthday girl Sue Bellamy came home in 72nd place just behind Veronique Marot who won the 1989 London Marathon in a British Record of 2h 25m 56s - statto attack no 2 - while Kim Bateman finished in 83rd place. The scores on the doors revealed a team total of 44 points which just missed the medals by a mere 5 points & 8th place individually would have been good enough to secure a joint team win with Hallamshire. If only Julie Briscoe was still a Rotherham Harrier. I always thought that black suited her much better & with all those young girls coming through that she reads about in this newsletter Clearly we were more than good enough to win this title & hopefully we can come back even stronger in the next few weeks. Sometimes it just needs to be remembered that team successes can be just as rewarding as an individual success, although team hugs can be sweaty affairs.

Sadly, Klachen Cheshire was not eligible to run in the Yorkshire Championship, but she was a convincing winner of the Humberside title at Grimsby, which used to be in Lincolnshire when I was a lad. Assuming Humberside will still be in the North & England for the next few weeks, Klachen will be eligi-

ble for those respective Championships, which will be a welcome boost for our team ambitions.

On the start line of the Junior Men's race there was one question to be answered. Where was David Smith's hat? Despite a lack of his normal cranial cover, our sole representative in this category managed a marvellous 11th place. Asked if the lack of a woolly hat affected his performance, he politely replied "Oh Mr Scoop, you are so 2007."

Subterranean Homesick Blues

The final race of the day saw perhaps the final performance in a black vest by Jonny Thewlis. Three years ago, Jonny put on a thrilling performance when finishing 2nd in the Northern Under 20's Championship at Consett - statto attack no 3 - & it seemed to be a case of deja vu as a group of 4 including JT stamped their authority on the race. However, on this occasion he was the first out of the back door & had to settle for 4th place. Mr Consistency Phil Hoole, who clocked a personal best 31m 21s for 10k the previous week-end maintained his form with 23rd place resisting a last lap challenge from Richard Harris who finished 1 place & 3s behind. The 6 man team was completed by Paul Humphries in 60th place, Tony Carroll 103rd & Rick Sharp 129th while John Spencer finished 136th. This gave us a team total of 343 points & a respectable finishing position of 8th. Congratulations to the 11 Club athletes who have been selected to run in the Inter Counties Championship in March at Nottingham. It promises to be a great day out.

Ladies Results (Men's page 5)

Under 13 Girls

1	0:12:25	MAKIN, Harriett	Harr
16	0:13:36	BAILEY, Megan	RH
42	0:14:40	MANGHAM, Jessica	RH
56	0:16:24	HUTCHINSON, Emily	RH
68	0:17:25	FLINTHAM, Hayley	RH
69	0:18:56	BOVAN, Elspeth	RH

Team result

1	Hallamshire	18
11	Rotherham	114

Under 15 Girls

1	0:14:23	PROCTER, Lauren	Wake
36	0:18:59	HALL, Rachel	RH
37	0:19:03	HATSWELL, Natasha	RH
43	0:19:58	NEAL, Olivia	RH
50	0:21:18	HELLEWELL, Melissa	RH
58	0:24:01	PALMER, Georgina	RH



photos from the Yorkshire Cross-country
Above: David Smith in the Junior Men; below Laura Stephanie and Robyn celebrate their unique achievement in the Under-17 Women's event.

Team result (U15)

1	Hallamshire	34
13	Rotherham	116

Under 17 Women

1	0:18:17	BURNS, Stefanie	RH
2	0:19:27	LANCELEY, Robyn	RH
3	0:19:38	SPENCE, Laura	RH
28	0:24:21	CREAGHAN, Jemma	RH

Team result

1 Rotherham 1,2,3 = 6

Senior Women

1	0:22:22	WOODVINE, Andrea	AI F S.L.
4	0:22:50	EDWARDS, Rosie	RH S.L.
7	0:23:06	GRANT, Natalie	RH J.L.
33	0:25:57	FAWCETT, Jessica	RH J.L.
72	0:28:40	BELLAMY, Sue	RH Vet.
83	0:29:50	BATEMAN, Kim	RH J.L.

Team result

1	Hallamshire	19
2	Bingley	29
3	Wakefield	39
4	Rotherham	44
5	Holmfirth	46



Yorkshire XC- MEN

Yorkshire Veterans AA Cross Country Championships 13th January, Greenhead School, Keighley.

Gold Tint For Tintinger

Bronze for Jenny Horan; all men's teams medal

Yorkshire Cross Country Championships Under 13 Boys' Race

1	Fergus Roberts	R & Z	10.52
15	Quin Simms	RH	12.37
31	Nicholas Myers	RH	13.05
42	Michael Page	RH	13.36
44	William Johnson	RH	13.38
47	Christopher Page	RH	13.51
59	Jordan Small	RH	15.10

Team Result

1	Richmond & Z	[1, 4, 19, 22]	46
2	Wakefield	[6, 7, 20, 23]	56
3	Skipton	[5, 8, 34, 51]	98
4	Doncaster	[12, 18, 29, 48]	107
5	Spenborough	[3, 21, 24, 60]	108
6	Rotherham HAC	[15, 31, 42, 44]	132
7	Bingley	[13, 26, 36, 57]	132
8	Harrogate	[9, 30, 45, 61]	145
9	Ilkley Harriers	[28, 38, 40, 43]	149

Under 15 Boys' Race

1	Danny Collins	Scarb	16.54
40	Alex Carroll	RH	19.50
44	Sam Howis	RH	20.15
50	Cian Scothern	RH	20.50

Team Result

1	Richmond & Z	[5, 8, 10, 20]	43
2	Leeds City	[2, 6, 22, 24]	54
3	Skipton	[14, 16, 17, 18]	65
4	Scarborough	[1, 13, 34, 53]	101
5	Harrogate	[11, 19, 39, 41]	110
6	Holmfirth	[15, 23, 29, 43]	110
7	Halifax	[4, 51, 54, 56]	165
8	Spenborough	[25, 26, 57, 60]	168

Under 17 Men's Race

1	Jack Hallas	Wak	20.50
39	Liam Thompson	RH	26.46

Team Result

1	Wakefield	[1, 6, 8, 16]	31
2	Leeds City	[5, 14, 17, 22]	58
3	Skipton	[19, 20, 24, 26]	89
4	Hallamshire	[12, 13, 31, 37]	93

Junior Men's Race

1	Jon Brownlee	Brad GS	29.00
11	David Smith	RH	34.00

no team finished

Senior Men's Race

1	Al Brownlee	Bingley	35.20
4	Jon Thewlis	RH	36.09
23	Phil Hoole	RH	38.19
24	Richard Harris	RH	38.22
60	Paul Humphries	RH	41.33
103	Tony Carroll	RH	45.12
129	Rick Sharp	RH	47.30
136	John Spencer	RH	48.28

Team Result

1	Leeds City	[6, 10, 12, 14, 15, 17]	74
2	Bingley	[1, 8, 20, 28, 30, 43]	130
3	Holmfirth	[11, 13, 21, 25, 51, 53]	174
4	Hallamshire	[16, 18, 29, 36, 44, 48]	191
5	Leeds City B	[31, 32, 33, 39, 42, 45]	222
6	Pudsey & B	[2, 22, 35, 50, 59, 109]	277
7	Knavesmire	[3, 27, 62, 69, 78, 82]	321
8	RH	[4, 23, 24, 60, 103, 129]	343
9	Skipton	[47, 54, 61, 90, 98, 132]	482
10	Leeds City C	[52, 63, 71, 74, 123, 153]	536
11	Bingley B	[49, 58, 72, 93, 128, 149]	549
12	City of York	[7, 67, 95, 96, 145, 151]	561
13	Keighley & C	[34, 57, 105, 108, 130, 133]	567
14	Holmfirth B	[77, 83, 89, 91, 113, 134]	587
15	Wakefield	[99, 106, 110, 117, 137, 146]	715
16	Longwood	[92, 100, 114, 118, 126, 165]	715
17	Skyrac	[46, 143, 147, 156, 162, 170]	824
18	Otley	[66, 107, 157, 163, 166, 178]	837
19	Steel City	[104, 116, 141, 148, 159, 172]	840

Steve Gaines reports: "When the venue was confirmed as "Cliffe Castle" and the met office reported record rainfall levels in the previous days, it was obvious that this years event would be testing, and so it proved - with deep mud, water and some steep muddy hillsides to ascend and cross.

We had entered teams in all categories, but, due to the widespread flu and other viral infections, numbers were down on the day. We did however manage to continue our presence in the county vets event with medals for all the men's teams from 40 upwards.

Thanks to Howard Darwin and Nigel Brookes for their help in photographing the event

As many will testify, we also like to sample the local culture, and not just run around the area. 11 of the club stalwarts also managed to stay on for this season's cultural visit - Karaoke in the Waggon & Horses pub (with hand pulled Telleys bitter at £1.20 a pint) and an excellent curry at Akbars (Leeds Rd, Bradford).

Men 60- 69

Our team of four were capable of winning medals. Last year's silver medal winners had been joined by Bob Tintinger, new to the age group this year, but were beaten by a strengthened Bingley team on the day. Congratulations to Bob (above) for his emphatic win in the O60 race. Support from Mick Cochrane, Malc Palfreyman and Peter Humphries delivering the silver medal performance.

Results (O/60)

1	Bob Tintinger (12th in race)	38:01
2	Dave Tail (Ilkley)	39:21
3	Neil Robson (Bingley)	39:32
4	Mick Cochrane (44th)	41:10
6	Malc Palfreyman (49th)	41:37
(O/65)		
6	Peter Humphries (82nd)	46:18

Teams M60 - 69

1	Bingley Harriers	95 pts
2	RHAC	107
3	Ilkley	117

Women's event

The women's race ran one large lap then a shortened second lap to give the 5k distance.

Our initial entry of 9 runners was reduced to 2 on the day - due to sickness, injury and unaccounted absence. Sue Bellamy continued her excellent support for the club this season, by turning out in the O/35 category, and Jenny Horan (lower picture) who finished an excellent 3rd in the O/60 category.

Results

Women 35/39

1	Julie Wilson HH (4th)	23:48
2	Alison Varley Leeds (5th)	23:50
3	Elisa Woffenden K&C	24:04
8	Sue Bellamy (27th)	26:35

Women 60+

1	Carol Wolstenholme HH	25:31
2	Kathleen Robertshaw Otley	29:13
3	Jenny Horan	30:50

Men 50 - 59

The usual suspects, Peter Neal, Martin Herrington and Steve Gaines were joined by newly qualified O50 Terry Eastwood. Terry spent far longer, in our pre race telephone conversation justifying why he would run badly (Ill for 4 weeks, no experience of cross country, and no spikes), than he did running the race. His lack of spikes however, was probably his biggest problem, given the depth of mud & lack of friction. Peter & Martin had also trotted out impressive reasons why they would not run well: age, lack of training etc etc but on the day both had good runs. Peter's run probably being the key factor in our team medals.

Your humble correspondent and club photographer struggled round behind them, to encouraging shouts of "this makes a change - where's your camera now" and "Ha Ha... I'll get you back today" - which they clearly did when you view my grimaces on the photos.

The team event was won convincingly by Sheffield Running Club, with Bingley 2nd.

Results

1	Johnathan Mitcham Skipton	35:06
2	Steve Rennie KuH	35:35
3	Kevin Newman Donc.	36:05
10	Peter Neal	37:43
33	Martin Herrington (7th M55)	40:11
36	Steve Gaines (8th M55)	40:20
38	Terry Eastwood (24th M50)	40:24
Team		
1	Sheffield Runners	26 pts
2	Holmfirth	62
3	RHAC	79

Men 40 -49

Darren Cooney made a welcome debut to vets XC events, and led the team home to silver medals, behind Bingley. Mark Ruddleston had a good run to finish our second scorer and he was backed up by Pete Shaw, Dave Nuttall, Nigel Brookes, Howard Darwin and John Spencer.

Apologies to Pete for the lack of a photo, the light was so poor during the last race that all the pics taken of him were blurred.

Results M40

1	Ian Homes Bingley	32:02
2	Simon Wright Donc (4th)	33:01
3	Gary Devine P&B (6th)	33:47
4	Darren Cooney (7th)	34:14
18	Nigel Brookes (56th)	39:00
21	Howard Darwin (62nd)	39:30

M45

1	John Convery Bingley (5th)	33:20
2	Martin Farran Leeds (9th)	34:29
3	Eddie Fletcher Donc (11th)	34:37
5	Mark Ruddleston (14th)	34:53
16	Pete Shaw (39th)	37:37
19	Dave Nuttall (48th)	38:20
31	John Spencer (89th)	42:05

Team M40 -49

1	Bingley	60 pts
2	RHAC	108
3	Knavesmire	142



M35-35

Our team entry of 7 runners turned out to be one on the day - but Richard Harris (centre picture) ran strongly with great determination to finish 2nd M35 and 3rd overall.

A great performance.

Results

1	Dave Watson Holmfirth	32:32
2	Richard Harris	32:39
3	Andy Brown Bingley	34:20
Team		
1	Keighley & Craven	65 pts
2	Holmfirth	84
3	Halifax	87

Club Awards

The nominations for these awards are made by club members, and the winners of the award are selected from the list of nominees by the club committee.

Jack Phipps award Awarded to the male club member for services to the club
 Nominees Phil Hague; For his help & support given to Matthew Asbridge.
 Jim Guite; For his many years coaching and officiating.
 Dave Johnson; For his coaching and Young athlete support over many years.
 Peter Moore; For his work coaching and officiating over many years.
Winner Peter Moore

Patricia Muller award Awarded to the Female club member for services to the club
 Nominees: Natalie Simms; For her contribution to Young Athlete coaching and support.
 Jenny Horan; For her work with the beginners running group..
Winner Natalie Simms

Peter Elliott award for Best Middle Distance Runner Awarded to the best performing athlete at 800, 1500 or 3000m.
Winner Klachen Cheshire for her performance at 1500m & 3000m, achieving national Power of 10 performance standards.

Most Improved Athlete award Awarded to the athlete who has shown the best step improvement in performance this year
 Nominees: Rosie Edwards; For her improved performance this year, 4th in the National U20 Cross Country, Selection for Northern Cross Country representative team in Belgium, Invitation to Crystal Palace 3000m event, selection for the Yorkshire Inter counties XC team and for her focus on training and preparing for top standard events.
 Robyn Lanceley; For reducing her 1500m pb by some 50 secs, her 800m pb by over 20 secs. Being selected to compete for Yorkshire at the Inter Counties XC champs after finishing 6th at the Yorks xc champs. She was also crowned Yorkshire 1500m champion.
 Matthew Asbridge; For setting PBs this year at all distances from 5000m to 20 miles.
 Quin Simms; For the improved results achieved this year, winning the Yorks U13 boys 100m title, and winning the first 2 SY XC events.
 Laura Spence; For becoming an athlete who others are scared of, and who has achieved great strides during the last 12 months, some of her achievements are: 2nd at the York XC champs, finishing 12th at the Inter Counties this year, 13th at the national XC champs and 13th at the English Schools XC champs whereas the previous year her position in these event were in the 190s. On the track her 3k time of 10.11 was inside the regional standard which is an improvement of 70 sec from the previous year. She also gained her first ever Yorks T&F medals, Silver in the 800m and Bronze in the 1500m.
Winner Rosie Edwards

Track & Field

**South Yorks T&F league 2007
 Most points award**

U11 Boys 1st Jordan Small
 U11 Boy 2nd Bradley Nelson

U11 Girl 1st Emily Hutchinson
 U11 Girl 2nd Grace Tomlinson
 U11 Girl 3rd Mollie Arif

**NatYAL league 2007, Most
 Points Award**

Male Winner Quin Simms

Female Winner Claire Lebond

**NJL league 2007, Most Points
 Award**

Male 1st Liam O'Malley
 Male 2nd Nathan Buckingham
 Male 3rd David Coupe

Female 1st Stacey Lebond
 Female 2nd Claire Lebond
 Female 3rd Kim Bateman

**Northern league 2007, Most
 Points Award**

Male 1st Liam O'Malley
 Male 2nd Rhian Hasteley
 Male 3rd Greg Markham

Female 1st Liz Maher
 Female 2nd Claire Lebond
 Female 3rd Charlotte Vaughan

Road

Road Championships 2007

Men 1st Drew Donaldson
 Men 2nd Nigel Brookes
 Men 3rd Peter Neal

Women 1st Janet Hindley

Road Awards 2007

Male Senior Best Performer—Jon Thewlis

Female Senior Best Performer—Rosie Edwards

Female U17 Best Performer—Abbie Vernon

Male Senior Best Supporter—Phil Hoole

Female Senior Best Supporter- Gill Taylor

Male U17 Best Supporter— David Booth

Female U17 Best Supporter- Robyn Lanceley

Special Awards

These awards are made to athletes who have achieved specific targets, either achievement of Power of 10 performance standards, International selection, or some other substantial achievement at regional or national level. These awards are made possible by the generosity of a club member who wishes to remain anonymous. This person also donates a matching sum to the club, and we are indebted to them for this donation since it funds athletics opportunities for members

For a Performance in the top 20 nationally in their event or special-ism in the Power of 10 tables

Klachen Cheshire 16th U20 1500m, 14th U20 3000m.
 Kelly Pagdin, 4th Discus U17, 6th Javelin U17, & 15th Shot U17
 Stacey Lebond, 16th U20 Hammer.

For achievement of the regional Power of 10 "Performance Review" standard

Abbie Vernon U17 800m 2:14.8
 Stef Burns U17 3000m 10:10.19
 Laura Spence U17 3000m 10:10.54
 Rosie Edwards U20 3000m 9:50.22
 Natalie Grant U20 1500m 4:34.9

For achievement of the regional Power of 10 standard

Claire Lebond U17 Hammer & Javelin
 Robyn Lanceley U17 3000m 10.42.9
 Liam O'Malley U17 LJ 6.32m & TJ 12.47
 Olivia Neal U15 LJ 4.90m

For Full International Selection

Jon Thewlis For selection for the GB & NI U23 European Track Championships team.

Cross Country

**2006/7 Cross Country Season
 Awards**

**Maurice Jackson Cross country
 Awards 2006**

U11 Girl 1st Georgina Spencer

U11 Boy 1st Jordan Small
 U11 Boy 2nd Ricky Benton

U13 Girl 1st Natasha Hatswell
 U13 Girl 2nd Sarah Wilding
 U13 Girl 3rd Megan Bailey

U13 Boy 1st Nicholas Myers

U15 Girl 1st Robyn Lanceley
 U15 Girl 2nd Abbie Vernon
 U15 Girl 3rd Rachel Hall

U15 Boy 1st Cian Scothern
 U15 Boy 2nd Sam Howis

**Maurice Jackson Cross country
 Awards 2007**

U11 Girl 1st Emily Hutchinson
 U11 Girl 2nd Kristie Edwards
 U11 Girl 3rd Chantelle Kelwick

U11 Boy 1st Kane Smith
 U11 Boy 2nd Jordan Small
 U11 Boy 3rd Bradley Nelson

U13 Girl 1st Codie Marsh
 U13 Girl 2nd Megan Bailey
 U13 Girl 3rd Georgina Spencer

U13 Boy 1st Quin Simms
 U13 Boy 2nd Nicholas Myers

U15 Girl 1st Natasha Hatswell
 U15 Girl 2nd Rachel Hall
 U15 Girl 3rd Melissa Hellewell

U15 Boy 1st Cian Scothern

U13 Girl 1st Natasha Hatswell
 U13 Girl 2nd Megan Bailey
 U13 Girl 3rd Melissa Hellewell

U15 Girl 1st Stef Burns
 U15 Girl 2nd Robyn Lanceley
 U15 Girl 3rd Abbie Vernon

U17 Women 1st Laura Barnes
 U17 Women 2nd Kim Bateman
 U17 Women 3rd Laura Spence

U13 Boy 1st William Johnson
 U13 Boy 2nd Nicholas Myers
 U13 Boy 3rd Alex Carroll

U15 Boy 1st James Moore
 U15 Boy 2nd Sam Howis
 U15 Boy 3rd Cian Scothern

U17 Men 1st David Smith
 U17 Men 2nd Nathan Buckingham
 U17 Men 3rd David Booth

U20 Women 1st Rosie Edwards
 U20 Women 2nd Sarah Barnes
 U20 Women 3rd Klachen Cheshire

Senior Women 1st Jenny Blizard

Senior Men 1st Simon Mounsey
 Senior Men 2nd Dan Jones
 Senior Men 3rd Steven Rossall

Veteran Women 1st Gill Taylor
 Veteran Women 2nd Philippa James
 Veteran Women 3rd Pat Wells

Veteran Men 1st Howard Darwin
 Veteran Men 2nd John Spencer
 Veteran Men 3rd Rick Sharp

Helpers & Officials

**Long-service
 Awards 2007**

Dennis Russell
 Kevin Thomas
 Mavis White
 Tony Williams

bronze

Alison Booth
 Arthur Jeavons
 Steve Lebond
 Gayle Lebond
 Gill Taylor
 Dave Weatherburn

gold

Barbara Allen
 Dave Allen
 Jim Brogan
 Alan Bryden
 Ian Cooley

silver

Sharon Burton
 Henry Marston

Jim Guite
 Liz Guite
 Mick Hague

Brian Harney
 David Haywood
 Peter Humphries
 Dave Johnson
 Peter Lord
 Jim Moore
 Peter Moore
 Peter Neal
 Brian Parkes
 Mary Rhodes
 Ralph Rowbotham
 Brian Wall
 Malcolm Whitaker

Rotherham Runner Award

Given to the person who has contributed impressively to the club's publications through the year, in whatever way, be it contribution or news-worthiness. The award was made to **Daren Cooney** for the astonishing way he has succeeded in returning to the competitive scene at a high standard after life-threatening injuries.

Not yet an official club award, this will be submitted to the exec committee for consideration.



Quiz Pictures

Thanks to Nigel Brookes this month for some of his scrapbook pictures. Well-known personnel involved in the ones I have selected; you should be able to guess the venue in the centre-above one and hazard the year (based on kit and hair!) As to the left hand side, the occasion might be asking too much— it's obviously some sort of sponsored event— but try your best.

Janet Hindley has unearthed a veritable mine of archive information which will last us a couple of months at least. When Ian emailed them through last weekend he said that Janet was particularly interested to know who the young man is that her dad Arthur Oxley (left) was presenting the cup to in the photo top right. Neither Ian nor Janet have any idea who most of the personnel are from Arthur's photo archive. Fascinating stuff, many thanks to you both.

We certainly know who it is below however, and in the current sad circumstances cannot leave it as a quiz question. The late running great, Eddie Kirkup clearly at speed though I'm not sure where.

In the archive there was a paper cutting concerning Eddie; as it's not easy to decipher I have transcribed it for you:

Dated I guess 1951. It's titled

"PAVING HIS "MARCH" TO FAME"



"...A passing interest shown by a British National Serviceman in the Olympic Stadium in Greece has produced a highly-promising cross-country runner for South Yorkshire, of whom a lot is likely to be heard in this season's championships, writes Tom Dennett. Eddie Kirkup of Hirst Gate, Mexborough, 23-year old stone mason employed by Mexborough UDC had no interest in athletics at school and, in his own words, had no idea he could run. During National Service in Greece, for want of something better to do, he looked in at the stadium, and after watching athletes training there several times, was allowed to join in.

On his release in 1949 he promptly joined Wath Athletic Club and six months later moved to Rotherham Harriers, with whom he won several track prizes in mile races last summer and then turned his attention to longer distances.

COUNTY RESERVE

From virtual scratch he won the Rotherham Club's Christmas Day Challenge Cup race over six miles in 31 m 20s and went a step further two weeks ago when he was winner of an inter-club race against Sheffield United at Graves park— time for 9 miles 49 min 30 sec.

He was selected as reserve for Yorkshire, but did not compete and four of the men who finished behind him at Graves park were members of the successful team.

Now Eddie is confident of doing well in the Sheffield District Championships this weekend. His training consists of a nine-mile "spin" every night and a four-mile run during midday break before lunch. It's quite a transformation for a boy who would not have given a second thought to the sport four years ago.



EDDIE KIRKUP

'PAVING HIS "MARCH" TO FAME!'

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